



Companies House

AR01 (ef)

Annual Return



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Company Name: **TOTAL NUTRITION LIMITED**

Company Number: **08473245**

Date of this return: **04/04/2016**

SIC codes: **10890**

Company Type: **Private company limited by shares**

Situation of Registered Office: **UNIT 32 FOURWAYS
CARLYON ROAD INDUSTRIAL ESTATE
ATHERSTONE
WARWICKSHIRE
UNITED KINGDOM
CV9 1LH**

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **MR JAMES JOHN**

Surname: **MEREDITH**

Former names:

Service Address: **18 MULROY ROAD
SUTTON COLDFIELD
WEST MIDLANDS
UNITED KINGDOM
B74 2PY**

Company Director 1

Type: **Person**
Full forename(s): **MR JAMES JOHN**

Surname: **MEREDITH**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: ****/03/1992** Nationality: **BRITISH**

Occupation: **COMPANY DIRECTOR**

Company Director 2

Type: **Person**

Full forename(s): **MRS KAREN LINDA**

Surname: **SUTTON**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: ****/09/1958**

Nationality: **BRITISH**

Occupation: **COMPANY DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	900
		<i>Aggregate nominal value</i>	90
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0.1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

EACH SHARE HAS FULL RIGHTS IN THE COMPANY WITH RESPECT TO VOTING, DIVIDENDS AND DISTRIBUTIONS.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	900
		<i>Total aggregate nominal value</i>	90

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 04/04/2016 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **700 ORDINARY shares held as at the date of this return**
Name: **KAREN SUTTON**

Shareholding 2 : **200 ORDINARY shares held as at the date of this return**
Name: **NIGEL MEREDITH**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.