Registered Number: 08471743

PILATES CLINIQUE LIMITED

Abridged Accounts

Period of accounts

Start date: 01 May 2021

End date: 30 April 2022

PILATES CLINIQUE LIMITED
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For the year ended 30 April 2022

PILATES CLINIQUE LIMITED
Statement of Financial Position
As at 30 April 2022

	Notes	2022	2021
		£	£
Fixed assets			
Tangible fixed assets		4,123	5,152
Investments		301,200	301,200
		305,323	**306,352**
Current assets			
Debtors		80,877	109,365
Cash at bank and in hand		174,602	94,416
		255,479	**203,781**
Creditors: amount falling due within one year		(33,341)	(30,610)
Net current assets		**222,138**	**173,171**
Total assets less current liabilities		527,461	479,523
Net assets		**527,461**	**479,523**
Capital and reserves			
Called up share capital		100	100
Profit and loss account		527,361	479,423
Shareholder's funds		**527,461**	**479,523**

For the year ended 30 April 2022 the company was entitled to exemption from audit under section 477 of the companies act 2006 relating to small companies.

Director's responsibilities:

1. The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476.
2. The directors acknowledge their responsibilities for complying with the requirements of the companies act 2006 with respect to accounting records and the preparation of accounts.

These financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the provisions of Part 15 of the Companies Act 2006. In accordance with Section 444 of the Companies Act 2006, the income statement has not been delivered to the Registrar of Companies.

The members have agreed to the preparation of abridged accounts for this accounting period in accordance with section 444(2A).

The financial statements were approved by the director on 05 December 2022 and were signed by:

Hock Teng Quek
Director

PILATES CLINIQUE LIMITED
Notes to the Abridged Financial Statements
For the year ended 30 April 2022

General Information
PILATES CLINIQUE LIMITED is a private company, limited by shares, registered in , registration number 08471743, registration address Flat 9, Eleanor Court, 140 Whiston Road, London, E2 8RR.

The presentation currency is £ sterling.

1. **Accounting policies**

Significant accounting policies

Statement of compliance

These financial statements have been prepared in compliance with FRS 102 – The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006.

Basis of preparation

The financial statements have been prepared under the historical cost convention as modified by the revaluation of land and buildings and certain financial instruments measured at fair value in accordance with the accounting policies.

The financial statements are prepared in sterling which is the functional currency of the company.

Turnover

Turnover comprises the invoiced value of goods and services supplied by the company, net of Value Added Tax and trade discounts.

Taxation

Taxation represents the sum of tax currently payable and deferred tax. Tax is recognised in the statement of income, except to the extent that it relates to items recognised in other comprehensive income or directly in capital and reserves.
The company's liability for current tax is calculated using the tax rates and laws that have been enacted or substantively enacted at the reporting date.
Current and deferred tax assets and liabilities are not discounted

Tangible fixed assets

Tangible fixed assets, other than freehold land, are stated at cost or valuation less depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Fixed asset investments

Fixed asset investments are stated at cost less provision for any permanent diminution in value.

2. Average number of employees

Average number of employees during the year was 1 (2021 : 1).

3. Tangible fixed assets

Cost or valuation	Plant and Machinery	Fixtures and Fittings	Computer Equipment	**Total**
	£	**£**	**£**	**£**
At 01 May 2021	21,223	1,827	1,676	24,726
Additions	-	-	-	-
Disposals	-	-	-	-
At 30 April 2022	**21,223**	**1,827**	**1,676**	**24,726**
Depreciation				
At 01 May 2021	17,051	1,525	998	19,574
Charge for year	834	60	135	1,029
On disposals	-	-	-	-
At 30 April 2022	**17,885**	**1,585**	**1,133**	**20,603**
Net book values				
Closing balance as at 30 April 2022	**3,338**	**242**	**543**	**4,123**
Opening balance as at 01 May 2021	**4,172**	**302**	**678**	**5,152**

4. Investments

Cost	Other investments other than loans	Total
	£	£
At 01 May 2021	301,200	301,200
Additions	-	-
Transfer to/from Tangible fixed assets	0	0
Disposals	-	-
At 30 April 2022	**301,200**	**301,200**

5. Share Capital

Allotted, called up and fully paid	2022	2021
	£	£
100 Class A shares of £1.00 each	100	100
	100	**100**