

Registered Number 08471743

PILATES CLINIQUE LIMITED

Abbreviated Accounts

30 April 2016

Abbreviated Balance Sheet as at 30 April 2016

	<i>Notes</i>	<i>2016</i>	<i>2015</i>
		£	£
Fixed assets			
Tangible assets	2	12,870	11,605
Investments	3	300,000	-
		<u>312,870</u>	<u>11,605</u>
Current assets			
Cash at bank and in hand		71,634	55,080
		<u>71,634</u>	<u>55,080</u>
Creditors: amounts falling due within one year		(116,139)	(32,020)
Net current assets (liabilities)		<u>(44,505)</u>	<u>23,060</u>
Total assets less current liabilities		<u>268,365</u>	<u>34,665</u>
Total net assets (liabilities)		<u>268,365</u>	<u>34,665</u>
Capital and reserves			
Called up share capital	4	100	100
Profit and loss account		268,265	34,565
Shareholders' funds		<u>268,365</u>	<u>34,665</u>

- For the year ending 30 April 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 6 December 2016

And signed on their behalf by:

Mr Hock Quek, Director

Notes to the Abbreviated Accounts for the period ended 30 April 2016

1 Accounting Policies

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

2 Tangible fixed assets

	£
Cost	
At 1 May 2015	18,163
Additions	4,483
Disposals	-
Revaluations	-
Transfers	-
At 30 April 2016	<u>22,646</u>
Depreciation	
At 1 May 2015	6,558
Charge for the year	3,218
On disposals	-
At 30 April 2016	<u>9,776</u>
Net book values	
At 30 April 2016	<u>12,870</u>
At 30 April 2015	<u>11,605</u>

3 Fixed assets Investments

Holdings of more than 20%

The company holds more than 20% of the share capital of the following companies:

Company Country of registration or Shares held

incorporation Class %

Subsidiary undertakings

AJ MANAGEMENT LIMITED UK Ordinary 100.00

The aggregate amount of capital and reserves and the results of these undertakings for the last relevant

financial year were as follows:

Capital and

reserves

Profit/(loss)

for the year

2016

Principal activity £300,000 -

AJ MANAGEMENT LIMITED Property Investment

4 **Called Up Share Capital**

Allotted, called up and fully paid:

	<i>2016</i>	<i>2015</i>
	<i>£</i>	<i>£</i>
100 Ordinary shares of £1 each	100	100

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