

**Registered Number 08463514**

**24/7 HOLISTIC CARE LIMITED**

**Abbreviated Accounts**

**31 March 2016**

## Abbreviated Balance Sheet as at 31 March 2016

|   | <i>Notes</i> | <i>2016</i>   | <i>2015</i>  |
|---|--------------|---------------|--------------|
|   |              | £             | £            |
| <b>Current assets</b>                                 |              |               |              |
| Debtors   |              | 9,728         | 6,708        |
| Cash at bank and in hand                              |              | 606           | 557          |
|   |              | <u>10,334</u> | <u>7,265</u> |
| <b>Creditors: amounts falling due within one year</b> |              | (699)         | (525)        |
| <b>Net current assets (liabilities)</b>               |              | <u>9,635</u>  | <u>6,740</u> |
| <b>Total assets less current liabilities</b>          |              | <u>9,635</u>  | <u>6,740</u> |
| <b>Total net assets (liabilities)</b>                 |              | <u>9,635</u>  | <u>6,740</u> |
| <b>Capital and reserves</b>                           |              |               |              |
| Called up share capital                               |              | 1             | 1            |
| Profit and loss account                               |              | 9,634         | 6,739        |
| <b>Shareholders' funds</b>                            |              | <u>9,635</u>  | <u>6,740</u> |

- For the year ending 31 March 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 20 April 2016

And signed on their behalf by:  
**Amy Jessica NASH, Director**

**Notes to the Abbreviated Accounts for the period ended 31 March 2016**

**1 Accounting Policies**

**Basis of measurement and preparation of accounts**

The financial statements have been prepared using the historic cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective June 2002).

**Turnover policy**

Turnover represents net invoiced consultancy fees, excluding value added tax.

**Tangible assets depreciation policy**

Depreciation (when required) is provided for at the following annual rates in order to write off each asset over its estimated useful life.

Computer Equipment - 33% on straight line basis

Office Equipment - 33% on straight line basis

**Other accounting policies**

Provision is made at current rates of taxation deferred in respect of all material timing differences except to the extent that, in the opinion of the directors, there is reasonable probability that the liability will not arise in the foreseeable future.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.