



Annual Return

Company Name: **PREMIUM HEALTH & FITNESS LIMITED**

Company Number: **08431786**



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Company Name: **PREMIUM HEALTH & FITNESS LIMITED**

Company Number: **08431786**

Date of this return: **29/06/2016**

Sic Codes: **93130**

Company Type: **Private company limited by shares**

Situation of **58 GRD FLOOR & 1ST FLR MONTGOMERY STREET BIRMINGHAM**

Registered Office: **ENGLAND**

**ENGLAND B11 1DZ**

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## Officers of the company

### Company Director 1

Type: **Person**  
Full Forename(s): **MR QAMRAN**  
Surname: **RAFIQ**  
Service Address: **4 AUBREY ROAD BIRMINGHAM SMALL HEATH  
UNITED KINGDOM B10 9DG**

Country/State **UNITED KINGDOM**  
Usually Resident:  
Date of Birth: **\*\*/02/1981** Nationality: **BRITISH**  
Occupation: **RETAILER**

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### Company Director 2

Type: **Person**  
Full Forename(s): **MRS NEELMA**  
Surname: **HANIF**  
Service Address: **4 AUBREY ROAD BIRMINGHAM SMALL HEATH  
UNITED KINGDOM B10 9DG**

Country/State **UNITED KINGDOM**  
Usually Resident:  
Date of Birth: **\*\*/11/1980** Nationality: **BRITISH**  
Occupation: **COMPANY  
DIRECTOR**

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## Statement of Capital (Share Capital)

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<b>Class of Shares:</b>	<b>ORDINARY</b>	Number allotted	<b>2</b>
Currency:	<b>GBP</b>	Aggregate nominal value:	<b>2</b>

Prescribed particulars

**THE SHARES HAVE ATTACHED TO THEM FULL VOTING, DIVIDEND AND CAPITAL DISTRIBUTION (INCLUDING ON WINDING UP) RIGHTS; THEY DO NOT CONFER ANY RIGHTS OF REDEMPTION.**

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## Statement of Capital (Totals)

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Currency:	<b>GBP</b>	Total number of shares:	<b>2</b>
		Total aggregate nominal value:	<b>2</b>
		Total aggregate amount unpaid:	<b>0</b>

## Full details of Shareholders

The details below relate to individuals/corporate bodies that were shareholders as at 29th June 2016 or that had ceased to be shareholders since the made up date of the previous Annual Return.

A full list of shareholders for a private or non-traded public company are shown below.

Shareholding 1:           **1 ORDINARY shares held as at the date of this return**  
Name:                   **QAMRAN RAFIQ**

Shareholding 2:           **1 ORDINARY shares held as at the date of this return**  
Name:                   **NEELMA HANIF**

# Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager,  
Judicial Factor

