

COMPANY REGISTRATION NUMBER 08409378

**BODYMED LIMITED**  
**ABBREVIATED ACCOUNTS**  
**31 MARCH 2016**



*Wormald - Accountants*

Brooks House, 1 Albion Place, Maidstone, Kent ME14 5DY

**BODYMED LIMITED**  
**ABBREVIATED ACCOUNTS**  
**YEAR ENDED 31 MARCH 2016**

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**BODYMED LIMITED**  
**ABBREVIATED BALANCE SHEET**  
**31 MARCH 2016**

	Note	2016 £	2015 £
<b>FIXED ASSETS</b>	<b>2</b>		
Tangible assets		<u>2,866</u>	<u>3,307</u>
<b>CURRENT ASSETS</b>			
Cash at bank and in hand		40,290	48,232
<b>CREDITORS: Amounts falling due within one year</b>		<u>24,856</u>	<u>33,049</u>
<b>NET CURRENT ASSETS</b>		<u>15,434</u>	<u>15,183</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u><u>18,300</u></u>	<u><u>18,490</u></u>
<b>CAPITAL AND RESERVES</b>			
Called up equity share capital	3	2	2
Profit and loss account		<u>18,298</u>	<u>18,488</u>
<b>SHAREHOLDERS' FUNDS</b>		<u><u>18,300</u></u>	<u><u>18,490</u></u>

For the year ended 31 March 2016 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These abbreviated accounts have been prepared in accordance with the special provisions applicable to companies subject to the small companies regime.

These abbreviated accounts were approved by the directors and authorised for issue on 05/04/2016, and are signed on their behalf by:

  
 .....  
 Mrs J Fielding

Company Registration Number: 08409378

The notes on pages 2 to 3 form part of these abbreviated accounts.

# **BODYMED LIMITED**

## **NOTES TO THE ABBREVIATED ACCOUNTS**

**YEAR ENDED 31 MARCH 2016**

### **1. ACCOUNTING POLICIES**

#### **Basis of accounting**

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

#### **Turnover**

The turnover shown in the profit and loss account represents amounts invoiced during the year.

#### **Fixed assets**

All fixed assets are initially recorded at cost.

#### **Depreciation**

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Fixtures & Fittings	-	20% straight line
Equipment	-	20% straight line

#### **Financial instruments**

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the entity after deducting all of its financial liabilities.

Where the contractual obligations of financial instruments (including share capital) are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the balance sheet. Finance costs and gains or losses relating to financial liabilities are included in the profit and loss account. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability.

Where the contractual terms of share capital do not have any terms meeting the definition of a financial liability then this is classed as an equity instrument. Dividends and distributions relating to equity instruments are debited direct to equity.

# BODYMED LIMITED

## NOTES TO THE ABBREVIATED ACCOUNTS

YEAR ENDED 31 MARCH 2016

### 2. FIXED ASSETS

	Tangible Assets £
<b>COST</b>	
At 1 April 2015	5,511
Additions	828
<b>At 31 March 2016</b>	<u><u>6,339</u></u>
<b>DEPRECIATION</b>	
At 1 April 2015	2,204
Charge for year	1,269
<b>At 31 March 2016</b>	<u><u>3,473</u></u>
<b>NET BOOK VALUE</b>	
<b>At 31 March 2016</b>	<u><u>2,866</u></u>
At 31 March 2015	<u><u>3,307</u></u>

### 3. SHARE CAPITAL

Allotted, called up and fully paid:

	2016		2015	
	No	£	No	£
Ordinary shares of £1 each	<u>2</u>	<u>2</u>	<u>2</u>	<u>2</u>