



Companies House

AR01 (ef)

Annual Return



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Company Name: **HEALTH & PERFORMANCE CONDITIONING LIMITED**

Company Number: **08409354**

Date of this return: **19/02/2016**

SIC codes: **82990**

Company Type: **Private company limited by shares**

Situation of Registered Office: **60/62 OLD LONDON ROAD
KINGSTON UPON THAMES
SURREY
UNITED KINGDOM
KT2 6QZ**

Officers of the company

Company Director ***1***

Type: **Person**

Full forename(s): **TABITHA**

Surname: **COLLIER**

Former names:

Service Address: **60/62 OLD LONDON ROAD
KINGSTON UPON THAMES
UNITED KINGDOM
KT2 6QZ**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: ****/05/1967** *Nationality:* **BRITISH**

Occupation: **BUSINESS DEVELOPMENT
MANAGER**

Company Director 2

Type: **Person**
Full forename(s): **TIMOTHY**

Surname: **MARSH**

Former names:

Service Address: **60/62 OLD LONDON ROAD
KINGSTON UPON THAMES
SURREY
UNITED KINGDOM
KT2 6QZ**

Country/State Usually Resident: **ENGLAND**

Date of Birth: ****/01/1980** *Nationality:* **BRITISH**
Occupation: **PERSONAL TRAINER**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	100
		<i>Aggregate nominal value</i>	100
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

THE SHARES HAVE ATTACHED TO THEM FULL VOTING, DIVIDEND AND CAPITAL DISTRIBUTION, INCLUDING ON WINDING UP, RIGHTS AND ARE NOT REDEEMABLE.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	100
		<i>Total aggregate nominal value</i>	100

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 19/02/2016 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : 100 ORDINARY shares held as at the date of this return
Name: TABITHA COLLIER

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.