

Registered number
08400023

My Occupational Health Limited

Unaudited Filleted Accounts

29 February 2020

My Occupational Health Limited**Registered number: 08400023****Balance Sheet****as at 29 February 2020**

	2020	2019
	£	£
Fixed assets	3,714	4,298
Current assets	15,743	4,823
Prepayments and accrued income	500	-
	<u>16,243</u>	<u>4,823</u>
Creditors: amounts falling due within one year	<u>(1,507)</u>	<u>(367)</u>
Net current assets	14,736	4,456
Total assets less current liabilities	<u>18,450</u>	<u>8,754</u>
Accruals and deferred income	(433)	(213)
Net assets	<u>18,017</u>	<u>8,541</u>
 Capital and reserves	 <u>18,017</u>	 <u>8,541</u>
	Number	Number
Average number of employees	<u>1</u>	<u>1</u>

The company is a private company limited by shares and incorporated in England. Its registered office is 55, Wilbury Hills Road, Letchworth, Hertfordshire, SG6 4JY.

The director is satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The member has not required the company to obtain an audit in accordance with section 476 of the Act.

The director acknowledges her responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the micro entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

A. Askey

Director

Approved by the board on 9 March 2020

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.