

**My Occupational Health Limited**  
**Report and accounts**  
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*The following does not form part of the financial statements:*

Deatiled profit and loss account	8
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**My Occupational Health Limited****Registered number:** 08400023**Balance Sheet****as at 28 February 2017**

	Notes	2017	2016
		£	£
<b>Fixed assets</b>			
Tangible assets	2	-	58
<b>Current assets</b>			
Debtors	3	139	1,555
Cash at bank and in hand		11,930	24,113
		<u>12,069</u>	<u>25,668</u>
<b>Creditors: amounts falling due within one year</b>	4	(430)	(2,940)
<b>Net current assets</b>		<u>11,639</u>	<u>22,728</u>
<b>Net assets</b>		<u>11,639</u>	<u>22,786</u>
<b>Capital and reserves</b>			
Called up share capital		1	1
Profit and loss account		11,638	22,785
<b>Shareholder's funds</b>		<u>11,639</u>	<u>22,786</u>

The director is satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The member has not required the company to obtain an audit in accordance with section 476 of the Act.

The director acknowledges her responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Ann Askey

Director

Approved by the board on 15 April 2017

## for the year ended 28 February 2017

### **Basis of preparation**

### Turnover

**Tangible fixed assets**

Plant and machinery	over 4 years
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## Debtors

Short term debtors are measured at transaction price (which is usually the invoice price), less any impairment losses for bad and doubtful debts.

### Creditors

Short term creditors are measured at transaction price (which is usually the invoice price).

## Taxation

A current tax liability is recognised for the tax payable on the taxable profit of the current and past periods.

## 2 Tangible fixed assets

	Plant and machinery etc £
<b>Cost</b>	
At 1 March 2016	700
At 28 February 2017	<u>700</u>
<b>Depreciation</b>	
At 1 March 2016	642
Charge for the year	<u>58</u>
At 28 February 2017	700

**Net book value**

At 28 February 2017

-

At 29 February 2016

58

**3 Debtors****2017****2016****£****£**

Other debtors

139

1,555

**4 Creditors: amounts falling due within one year****2017****2016****£****£**

Corporation tax

117

2,717

Other creditors

313

223

430

2,940

**5 Loans to directors****Description and conditions****B/fwd****Paid****Repaid****C/fwd****£****£****£****£**

Ann Askey

Director's current account

-

139

-

139

-

139

-

139

**6 Related party transactions**

Included in other debtors is £139 (2016: nil) owed by the director. During the year £11,555 (2016: nil) dividends were paid to the sole shareholder, being the director.

**7 Other information**

My Occupational Health Limited is a private company limited by shares and incorporated in England. Its registered office is:

113 Wilbury Road

Letchworth

Hertfordshire

SG6 4JQ

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.