



Companies House

AR01 (ef)

Annual Return



Received for filing in Electronic Format on the: **30/01/2015**

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Company Name: **OPTIMUM FITNESS (HCS) LIMITED**

Company Number: **08389719**

Date of this return: **23/01/2015**

SIC codes: **86900**

Company Type: **Private company limited by shares**

Situation of Registered Office: **PENHALVEOR EAST PENHALVEOR
STITHIANS
REDRUTH
CORNWALL
ENGLAND
TR16 6NL**

Officers of the company

Company Director ***1***

Type: **Person**

Full forename(s): **MR DEAN ANDREW**

Surname: **PAYNE**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **ENGLAND**

Date of Birth: **11/06/1969**

Nationality: **BRITISH**

Occupation: **PHYSIOTHERAPIST**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	1
		<i>Aggregate nominal value</i>	1
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0
		<i>Amount unpaid per share</i>	1

Prescribed particulars

FULL RIGHTS TO RECEIVE NOTICE OF, ATTEND AND VOTE AT GENERAL MEETINGS. ONE SHARE CARRIES ONE VOTE, AND FULL RIGHTS TO DIVIDENDS AND CAPITAL DISTRIBUTIONS (INCLUDING UPON WINDING UP).

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	1
		<i>Total aggregate nominal value</i>	1

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 23/01/2015 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **1 ORDINARY shares held as at the date of this return**
Name: **DEAN ANDREW PAYNE**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.