

REGISTERED NUMBER: 08360055 (England and Wales)

Unaudited Financial Statements for the Year Ended 31 December 2016

for

Be Fitness (Ecclesall) Limited

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for the Year Ended 31 December 2016**

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Be Fitness (Ecclesall) Limited
Company Information
for the Year Ended 31 December 2016

DIRECTORS: Mr K Yates
Mr D J Summerson

REGISTERED OFFICE: Unit 4 Flora Street Retail Park
2 Flora Street
Sheffield
S6 2BF

REGISTERED NUMBER: 08360055 (England and Wales)

ACCOUNTANTS: Harris & Co Limited
Chartered Accountants
Marland House
13 Huddersfield Road
Barnsley
South Yorkshire
S70 2LW

Statement of Financial Position
31 December 2016

	Notes	2016 £	2015 £
FIXED ASSETS			
Tangible assets	4	110,617	130,137
CURRENT ASSETS			
Stocks		3,000	2,500
Debtors	5	6,966	-
Cash at bank and in hand		260	260
		<u>10,226</u>	<u>2,760</u>
CREDITORS			
Amounts falling due within one year	6	<u>(84,360)</u>	<u>(83,209)</u>
NET CURRENT LIABILITIES		<u>(74,134)</u>	<u>(80,449)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		36,483	49,688
CREDITORS			
Amounts falling due after more than one year	7	<u>(35,415)</u>	<u>(48,363)</u>
NET ASSETS		<u>1,068</u>	<u>1,325</u>
CAPITAL AND RESERVES			
Called up share capital		100	100
Retained earnings		968	1,225
SHAREHOLDERS' FUNDS		<u>1,068</u>	<u>1,325</u>

The notes form part of these financial statements

Statement of Financial Position - continued
31 December 2016

The Company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2016.

The members have not required the Company to obtain an audit of its financial statements for the year ended 31 December 2016 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the Company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the Company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the Company.
- (b)

The financial statements have been prepared and delivered in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the Board of Directors on 30 June 2017 and were signed on its behalf by:

Mr D J Summerson - Director

**Notes to the Financial Statements
for the Year Ended 31 December 2016**

1. STATUTORY INFORMATION

Be Fitness (Ecclesall) Limited is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

The presentation currency of the financial statements is the Pound Sterling (£).

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

These financial statements have been prepared in accordance with the provisions of Section 1A "Small Entities" of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Significant judgements and estimates

The principal accounting policies and significant judgements and estimates applied in the preparation of

these financial statements are set out below. These policies, judgements and estimates have been consistently applied to all years presented unless otherwise stated.

Turnover

Turnover represents amounts earned on goods and services provided during the year and derives from the provision of goods falling within the company's ordinary activities.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 15% on reducing balance
Fixtures and fittings	- 15% on reducing balance

All fixed assets are initially recorded at cost.

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the statement of financial position date.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the statement of financial position date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

Notes to the Financial Statements - continued
for the Year Ended 31 December 2016

2. ACCOUNTING POLICIES - continued

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to profit or loss on a straight line basis over the period of the lease.

3. EMPLOYEES AND DIRECTORS

The average number of employees during the year was 8 .

4. TANGIBLE FIXED ASSETS

	Plant and machinery £	Fixtures and fittings £	Totals £
COST			
At 1 January 2016			
and 31 December 2016	109,474	54,651	164,125
DEPRECIATION			
At 1 January 2016	28,621	5,367	33,988
Charge for year	12,128	7,392	19,520
At 31 December 2016	40,749	12,759	53,508
NET BOOK VALUE			
At 31 December 2016	68,725	41,892	110,617
At 31 December 2015	80,853	49,284	130,137

5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2016 £	2015 £
Directors' current accounts	6,966	-

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2016 £	2015 £
Bank loans and overdrafts	27,231	35,139
Trade creditors	2,644	4,386
Corporation tax	11,338	-
Social security and other taxes	433	836
VAT	7,714	4,874
Other creditors	35,000	35,000
Directors' current accounts	-	2,974
	84,360	83,209

7. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	2016 £	2015 £
Bank loans - 1-2 years	35,415	48,363

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.