

Abbreviated Unaudited Accounts for the Year Ended 31 December 2015

for

Be Fitness (Ecclesall) Limited

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for the Year Ended 31 December 2015**

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Be Fitness (Ecclesall) Limited
Company Information
for the Year Ended 31 December 2015

DIRECTORS:

Mr K Yates
Mr D J Summerson

REGISTERED OFFICE:

Unit 4 Flora Street Retail Park
2 Flora Street
Sheffield
S6 2BF

REGISTERED NUMBER:

08360055 (England and Wales)

ACCOUNTANTS:

Harris & Co. Chartered Accountants
Marland House
13 Huddersfield Road
Barnsley
South Yorkshire
S70 2LW

Abbreviated Balance Sheet
31 December 2015

	Notes	2015 £	£	2014 £	£
FIXED ASSETS					
Tangible assets	2		130,137		111,545
CURRENT ASSETS					
Stocks		2,500		2,000	
Debtors		-		48,644	
Cash at bank and in hand		260		160	
		<u>2,760</u>		<u>50,804</u>	
CREDITORS					
Amounts falling due within one year		<u>83,209</u>		<u>78,347</u>	
NET CURRENT LIABILITIES			<u>(80,449)</u>		<u>(27,543)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			49,688		84,002
CREDITORS					
Amounts falling due after more than one year			<u>48,363</u>		<u>66,592</u>
NET ASSETS			<u>1,325</u>		<u>17,410</u>
CAPITAL AND RESERVES					
Called up share capital	3		100		100
Profit and loss account			<u>1,225</u>		<u>17,310</u>
SHAREHOLDERS' FUNDS			<u>1,325</u>		<u>17,410</u>

**Abbreviated Balance Sheet - continued
31 December 2015**

The Company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2015.

The members have not required the Company to obtain an audit of its financial statements for the year ended 31 December 2015 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the Company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the Company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the Company.
- (b)

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Directors on 8 July 2016 and were signed on its behalf by:

Mr D J Summerson - Director

**Notes to the Abbreviated Accounts
for the Year Ended 31 December 2015**

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents amounts earned on goods and services provided during the year and derives from the provision of goods falling within the company's ordinary activities.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 15% on reducing balance
Fixtures and fittings	- 15% on reducing balance

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease.

2. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 January 2015	128,243
Additions	35,882
At 31 December 2015	<u>164,125</u>
DEPRECIATION	
At 1 January 2015	16,698
Charge for year	17,290
At 31 December 2015	<u>33,988</u>
NET BOOK VALUE	
At 31 December 2015	<u>130,137</u>
At 31 December 2014	<u>111,545</u>

Notes to the Abbreviated Accounts - continued
for the Year Ended 31 December 2015

3. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	2015 £	2014 £
50	Ordinary A	£1	50	50
50	Ordinary B	£1	50	50
			<u>100</u>	<u>100</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.