



Companies House

**AR01** (ef)

**Annual Return**



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*Company Name:* **EXPERT SELF CARE LTD**

*Company Number:* **08306708**

*Date of this return:* **26/11/2014**

*SIC codes:* **58190**  
**63120**  
**85590**  
**86900**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **C/O DR KNUT SCHROEDER**  
**2 COSSINS ROAD**  
**BRISTOL**  
**AVON**  
**BS6 7LY**

**Officers of the company**

*Company Director*    ***I***

*Type:*                      **Person**

*Full forename(s):*        **DR KNUT**

*Surname:*                **SCHROEDER**

*Former names:*

*Service Address recorded as Company's registered office*

*Country/State Usually Resident:*    **UNITED KINGDOM**

*Date of Birth:*    **02/05/1966**

*Nationality:*    **GERMAN**

*Occupation:*    **MEDICAL PRACTITIONER**

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## Statement of Capital (Share Capital)

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<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>1</b>
		<i>Aggregate nominal value</i>	<b>1</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>0</b>
		<i>Amount unpaid per share</i>	<b>0</b>

### *Prescribed particulars*

EACH SHARE HAS FULL RIGHTS IN THE COMPANY WITH RESPECT TO VOTING, DIVIDENDS AND DISTRIBUTIONS.

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## Statement of Capital (Totals)

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<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>1</b>
		<i>Total aggregate nominal value</i>	<b>1</b>

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### *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 26/11/2014 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : **1 ORDINARY shares held as at the date of this return**  
*Name:* **KNUT SCHROEDER**

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### *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.