

Registration number 08263914

**Hesketh Work & Health Limited**

**Abbreviated accounts**

**for the year ended 31 March 2016**

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## **Hesketh Work & Health Limited**

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**Hesketh Work & Health Limited**

**Report to the Board of Directors on the preparation  
of unaudited statutory accounts of Hesketh Work & Health Limited  
for the year ended 31 March 2016**

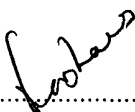
In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the accounts of Hesketh Work & Health Limited for the year ended 31 March 2016 which comprise the Balance Sheet and the related notes from the company's accounting records and from information and explanations you have given us.

As a practising member of the Institute of Chartered Accountants in England and Wales, we are subject to its ethical and other professional requirements which are detailed at [www.icaew.com/regulations](http://www.icaew.com/regulations).

This report is made solely to the company's Board of Directors in accordance with the terms of our engagement. Our work has been undertaken solely to prepare for your approval the accounts of Hesketh Work & Health Limited and state those matters that we have agreed to state to the company's Board of Directors, as a body, in this report in accordance with AAF 2/10 as detailed at [www.icaew.com/compilation](http://www.icaew.com/compilation). To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Hesketh Work & Health Limited and its Board of Directors, as a body, for our work or for this report.

It is your duty to ensure that Hesketh Work & Health Limited has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and profit of Hesketh Work & Health Limited. You consider that Hesketh Work & Health Limited is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the accounts of Hesketh Work & Health Limited. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory accounts.



.....  
**Forshaws Accountants Limited**  
**Chartered Accountants**  
**Crossens Way**  
**Southport**  
**PR9 9LY**

**13 December 2016**

**Hesketh Work & Health Limited**

**Abbreviated balance sheet  
as at 31 March 2016**

		2016		2015	
	Notes	£	£	£	£
<b>Fixed assets</b>					
Tangible assets	2		1,611		232
<b>Current assets</b>					
Debtors		1,672		4,265	
Cash at bank and in hand		25,690		32,222	
		<u>27,362</u>		<u>36,487</u>	
<b>Creditors: amounts falling due within one year</b>		<u>(4,345)</u>		<u>(3,241)</u>	
<b>Net current assets</b>			<u>23,017</u>		<u>33,246</u>
<b>Total assets less current liabilities</b>			24,628		33,478
<b>Provisions for liabilities</b>			<u>(322)</u>		<u>(46)</u>
<b>Net assets</b>			<u>24,306</u>		<u>33,432</u>
<b>Capital and reserves</b>					
Called up share capital	3		4		1
Profit and loss account			24,302		33,431
<b>Shareholders' funds</b>			<u>24,306</u>		<u>33,432</u>

The directors' statements required by Sections 475(2) and (3) are shown on the following page which forms part of this Balance Sheet.

The notes on pages 4 to 6 form an integral part of these financial statements.

**Hesketh Work & Health Limited**

**Abbreviated balance sheet (continued)**

**Directors' statements required by Sections 475(2) and (3)  
for the year ended 31 March 2016**

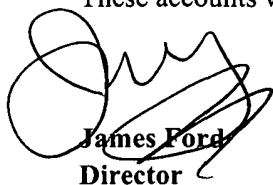
For the year ended 31 March 2016 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies .

These accounts were approved by the directors on 13 December 2016, and are signed on their behalf by:



**James Ford**  
**Director**

**Registration number 08263914**

**The notes on pages 4 to 6 form an integral part of these financial statements.**

## **Hesketh Work & Health Limited**

### **Notes to the abbreviated financial statements for the year ended 31 March 2016**

#### **1. Accounting policies**

##### **1.1. Accounting convention**

The accounts are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

##### **1.2. Turnover**

Turnover represents the total invoice value, excluding value added tax, of sales made during the year and derives from the provision of goods falling within the company's ordinary activities.

##### **1.3. Tangible fixed assets and depreciation**

Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Computer equipment                      -     33.33% straight line

##### **1.4. Deferred taxation**

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date where transactions or events have occurred at that date that will result in an obligation to pay more, or a right to pay less or to receive more, tax, with the following exceptions:

Deferred tax assets are recognised only to the extent that the directors consider that it is more likely than not that there will be suitable taxable profits from which the future reversal of the underlying timing differences can be deducted.

Deferred tax is measured on an undiscounted basis at the tax rates that are expected to apply in the periods in which timing differences reverse, based on tax rates and laws enacted or substantively enacted at the balance sheet date.

# Hesketh Work & Health Limited

## Notes to the abbreviated financial statements for the year ended 31 March 2016

..... continued

2. Fixed assets	Tangible fixed assets £	
<b>Cost</b>		
At 1 April 2015	970	
Additions	1,630	
At 31 March 2016	<u>2,600</u>	
<b>Depreciation</b>		
At 1 April 2015	738	
Charge for year	251	
At 31 March 2016	<u>989</u>	
<b>Net book values</b>		
At 31 March 2016	<u>1,611</u>	
At 31 March 2015	<u>232</u>	
3. Share capital	2016 £	2015 £
<b>Allotted, called up and fully paid</b>		
1 Ordinary A shares of £1 each	1	1
1 Ordinary B shares of £1 each	1	-
1 Ordinary C shares of £1 each	1	-
1 Ordinary D shares of £1 each	1	-
	<u>4</u>	<u>1</u>
<b>Equity Shares</b>		
1 Ordinary A shares of £1 each	1	1
1 Ordinary B shares of £1 each	1	-
1 Ordinary C shares of £1 each	1	-
1 Ordinary D shares of £1 each	1	-
	<u>4</u>	<u>1</u>

On the 2nd March 2016, the company allotted shares of Ordinary B, C and D at par value.

## **Hesketh Work & Health Limited**

### **Notes to the abbreviated financial statements for the year ended 31 March 2016**

..... continued

#### **4. Transactions with directors**

The following is a summary of the Directors transactions during the year. Amounts owed are unsecured and subject to interest at 3%.

	<b>Dr J Ford</b>
Balance owed to the Company at 1 April 2015	4,265
Funds introduced	(4,265)
Personal expenses paid by the Company	2,665
Mileage	(1,147)
Interest on overdrawn amounts	151
Balance owed to Company at 31 March 2016	1,669