In accordance with Section 167 of the Companies Act 2006

TM01

Termination of appointment of director



You can use the WebFiling service to file this form online. Please go to www.companieshouse.gov.uk

✓ What this form is for
You may use this form
to terminate the appointment of a
director (individual or corporate)

X What this form is NO1
You cannot use this form
terminate the appointment
secretary To do this, please use form
TM02 'Termination of appointment
of secretary'.



05/10/2012 #82 .e COMPANIES HOUSE

	of Secretary .	
1	Company details	
Company number Company name in full	0 8 2 4 0 7 0 1 CROSSFIT TYNESIDE LTD	→ Filing in this form Please complete in typescript or in bold black capitals. All fields are mandatory unless specified or indicated by *
2	Director's current details on the Register	1 Specifica of World Cod of
_	Please give us the current appointment details of this director held on the public Register	Date of birth Providing a date of birth will help us identify the correct person on the public record This is voluntary information and if completed it will be placed on the public record
Date of birth* •	d 0 d 7 m 0 m 6 y 1 y 9 y 3 y 1	
Title*	Mrs	
Full forename(s)	Barbara	
Surname/Corporate name	Kahan	
3	Termination date [©]	
Date of termination of appointment	d 0 d 4 m 1 m 0 y 2 y 0 y 1 y 2	Only one director appointment can be terminated per form
4	Signature	
	I am signing this form on behalf of the company	Societas Europaea If the form is being filed on behalf of a Societas Europaea (SE) please delete 'director' and insert details of which organ of the SE the person signing has membership
Signature	X B Kahan	
	This form may be signed by Director ©, Secretary, Person authorised ©, Liquidator, Administrator, Administrative receiver, Receiver, Receiver manager, Charity Commission receiver and manager, CIC manager, Judicial factor	② Person authorised Under either section 270 or 274 of the Companies Act 2006

TM01

Termination of appointment of director

_	Presenter information
yot on	do not have to give any contact information, but if do it will help Companies House if there is a query the form The contact information you give will be ble to searchers of the public record
Cont	ect name
Comp	oany name A1 Company Services Limited
Addr	ws Winnington House
	2 Woodberry Grove
Cour Posto Cour DX Telep	N 1 2 0 D R
	ease make sure you have remembered the lowing: The company name and number match the information held on the public Register You have correctly entered the name of the director being terminated You have included the date of termination You have signed the form

Important information

Please note that all information on this form will appear on the public record

Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below.

For companies registered in England and Wales^{*}
The Registrar of Companies, Companies House,
Crown Way, Cardiff, Wales, CF14 3UZ.
DX 33050 Cardiff

For companies registered in Scotland
The Registrar of Companies, Companies House,
Fourth floor, Edinburgh Quay 2,
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF
DX ED235 Edinburgh 1
or LP - 4 Edinburgh 2 (Legal Post)

For companies registered in Northern Ireland The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street, Belfast, Northern Ireland, BT2 8BG DX 481 N.R Belfast 1

Further information

For further information, please see the guidance notes on the website at www.companieshouse.gov.uk or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk