

COMPANY REGISTRATION NUMBER: 08196316

Aspire Learning Support and Wellbeing C.I.C.

Company Limited by Guarantee

Filleted Unaudited Financial Statements

31st August 2022



B.J.STRAUGHAN AND CO

Chartered accountants
Epworth House
7 Lucy Street
Chester le Street
Co. Durham
DH3 3UP

Aspire Learning Support and Wellbeing C.I.C.

Company Limited by Guarantee

Statement of Financial Position

31st August 2022

	Note	2022 £	£	2021 £
Fixed assets				
Tangible assets	6		2,606	2,895
Current assets				
Debtors	7	19,775		6,699
Cash at bank and in hand		229,184		244,042
		<u>248,959</u>		<u>250,741</u>
Creditors: amounts falling due within one year	8	<u>69,478</u>		<u>25,286</u>
Net current assets			<u>179,481</u>	<u>225,455</u>
Total assets less current liabilities			<u>182,087</u>	<u>228,350</u>
Net assets			<u>182,087</u>	<u>228,350</u>
Capital and reserves				
Profit and loss account			<u>182,087</u>	<u>228,350</u>
Members funds			<u>182,087</u>	<u>228,350</u>

These financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with Section 1A of FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In accordance with section 444 of the Companies Act 2006, the statement of income and retained earnings has not been delivered.

For the year ending 31st August 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

The statement of financial position
continues on the following page.

The notes on pages 3 to 6 form part of these financial statements.

Aspire Learning Support and Wellbeing C.I.C.

Company Limited by Guarantee

Statement of Financial Position *(continued)*

31st August 2022

These financial statements were approved by the board of directors and authorised for issue on 14th December 2022, and are signed on behalf of the board by:

Mrs J Rokni
Director



Ms J Vincent
Director



Company registration number: 08196316

The notes on pages 3 to 6 form part of these financial statements.

Aspire Learning Support and Wellbeing C.I.C.

Company Limited by Guarantee

Notes to the Financial Statements

Year ended 31st August 2022

1. General information

The company is a private company limited by guarantee, registered in England and Wales. The address of the registered office is Aspire House, Rear of Front Street, Chester le street, DH3 3RD, County Durham.

2. Statement of compliance

These financial statements have been prepared in compliance with Section 1A of FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland'.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis.

Revenue recognition

Turnover is recognised on contracts and grants for educational support etc services which have been commenced but have not been completed at the balance sheet date as the work processes.

Income tax

The taxation expense represents the aggregate amount of current tax recognised in the reporting period. Tax is recognised in profit or loss, except to the extent that it relates to items recognised in other comprehensive income or directly in equity. In this case, tax is recognised in other comprehensive income or directly in equity, respectively.

Current tax is recognised on taxable profit for the current and past periods. Current tax is measured at the amounts of tax expected to pay or recover using the tax rates and laws that have been enacted or substantively enacted at the reporting date.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Leashold Property	- 25% straight line
Plant and machinery	- 25% straight line

Aspire Learning Support and Wellbeing C.I.C.

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31st August 2022

3. Accounting policies *(continued)*

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that are largely independent of the cash inflows from other assets or groups of assets.

Government grants

Government grants are recognised using the accrual model.

Under the accrual model, government grants relating to revenue are recognised on a systematic basis over the periods in which the company recognises the related costs for which the grant is intended to compensate. Grants that are receivable as compensation for expenses or losses already incurred or for the purpose of giving immediate financial support to the entity with no future related costs are recognised in income in the period in which it becomes receivable.

Grants relating to assets are recognised in income on a systematic basis over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income and not deducted from the carrying amount of the asset.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as a finance cost in profit or loss in the period in which it arises.

Aspire Learning Support and Wellbeing C.I.C.

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31st August 2022

4. Company limited by guarantee

The company is limited by guarantee. The potential liability of the members is set out in the Memorandum and Articles of Association, the relevant clause is reproduced below:-

"The liability of each member is limited to £1 being the amount each member undertakes to contribute to the assets of the Company in the event of its being wound up while he or she is a member or within one year after he ceases to be a member for: a) payment of the Company's debts and liabilities contracted before he ceases to be a member; b) payment of the costs, charges and expenses of winding up, and; c) adjustments of the rights of the contributories among themselves."

5. Employee numbers

The average number of persons employed by the company during the year amounted to 15 (2021: 21).

6. Tangible assets

	Land and buildings £	Plant and machinery £	Total £
Cost			
At 1st September 2021	21,985	20,023	42,008
Additions	–	3,711	3,711
At 31st August 2022	21,985	23,734	45,719
Depreciation			
At 1st September 2021	21,985	17,128	39,113
Charge for the year	–	4,000	4,000
At 31st August 2022	21,985	21,128	43,113
Carrying amount			
At 31st August 2022	–	2,606	2,606
At 31st August 2021	–	2,895	2,895

7. Debtors

	2022 £	2021 £
Other debtors	19,775	6,699

Aspire Learning Support and Wellbeing C.I.C.

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31st August 2022

8. Creditors: amounts falling due within one year

	2022	2021
	£	£
Bank loans and overdrafts	52	123
Trade creditors	—	94
Social security and other taxes	2,247	2,336
Other creditors	67,179	22,733
	<u>69,478</u>	<u>25,286</u>

9. Related party transactions

The company was under the control of Mrs Janice Rokni Ms Jan Vincent and Ms Dorothy Gardiner (the directors) throughout the current year.

No transactions with related parties were undertaken such as are required to be disclosed under FRS 102 1A.

CIC 34**Community Interest Company Report**

For official use
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Please
complete in
typescript, or
in bold black
capitals.

Company Name in
full

Aspire Learning, Support and Wellbeing
Community Interest Company

Company Number

08196316

Year Ending

31/08/22

(The date format is required in full)

30-09-22

Please ensure the company name is consistent with the company name entered on the accounts.

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

In this period, we have seen significant growth and development not only in our service delivery, the impact the service has on the lives of women but also the added value we bring to the local community and partner organisations.

At the heart of all we offer within this programme is the Supporting Sister volunteers who are women with lived experience who train to co-produce and deliver peer led services supporting other women. Individual women have benefited from this approach through a variety of person centred, holistic interventions supporting them through difficulties, addressing issue of trauma and the impact of poverty and isolation.

The services include a one-to-one listening service where women can talk in confidence without feeling judged and without a time constraint on how long they can access the services. This enables women to form and build trusting relationships with their supporting sister listener.

93 women have accessed one to one support via the listening service, covering issues of relationship difficulties, mental health, Domestic abuse and sexual violence, issues with alcohol and other form of self-harm. Telephone befriending and financial guidance, access to safe loans, build their credit scoring and save even the smallest amount when they can afford to has also been available. ***"Aspire is a life saver for me, I don't think I can stress how important it is"***

86 women have engaged in various weekly group support sessions to maintain and support their mental health and wellbeing. Specific groups respond to women dealing with trauma as a result of difficult relationships issues, domestic abuse, cohesive control and thoughts of self-harm and suicide. Specific support is also available to older women who are experiencing or are at risk of isolation and loneliness. ***"It's been invaluable especially connecting and interacting with different people"***

Aspire provides a safe space for all women, many who access a number of services and structured, subject specific groups. This informs and enables them to access the support they need to feel more in control of their lives, realising their goals and aspirations.

At the heart of all the delivery is the Support Sister volunteers who undergo an intensive training programme before being able to provide one to one or group support. This covers specific training such as Domestic abuse, dealing with trauma etc but also challenges attitudes and embeds reflective sessions for personal growth and development.

We currently have 24 active supporting sister volunteers. ***"The sense of purpose, the mutual support, the community, the knowledge that you helping other women improve their lives while improving your own"***

Our women's wellness service continues to promote the importance of self-care and is very popular with women saying they value the time for themselves and the attention on their own wellbeing ***"The wellness sessions has made a massive difference to me and my well-being."*** Weekly sessions of podiatry and massage promote good mental health, reducing stress and anxiety and promotes and maintains good mobility. 67 women have benefitted from this service in the last year.

We also provide wellness packs for women with financial difficulties, experiencing domestic abuse or at risk. These packs have provided a life line for many women with food, toiletries and household essentials, an individual quoted "Thank you so much the kids wouldn't have had any food or Xmas treats for xmas without this help"

Now firmly embedded in our service development and delivery is regular consultation for women accessing services and volunteers delivering. This has brought out the strengths and skills of the women and creates the sense of "we" are doing and "our services". Focus groups and supporting sister volunteer meetings provide the platforms alongside regular evaluation of

sessions, groups and services. Confidence building is also key to encourage women to share their thoughts and feelings and recognising their views and opinions matter.

The last year has also seen our partnerships develop. This has not only provided funding to part sustain elements of the programme but has also seen recognition for our peer led co-produced approach 2025 from the Police and Crime commission through Ministry of Justice funding for the work we doing around Domestic abuse and sexual violence. We are active partners on the voluntary sector domestic abuse forum for Durham.

Our main successes are always the women themselves who take control of their lives step by step, dare to aspire and reach their goals. Other key successes this year has been our partnership development and securing funding to support elements of the programme.

Our biggest challenge is sustaining the volunteering element as it is recognised there is now a national shortage of volunteers. We do run volunteer recruitment campaigns regularly and generally we run at capacity or near capacity. As there continues to be demand for service we may have to consider increasing staffing to cope with demand. Longer term funding is also an on-going challenge

(If applicable, please just state "A social audit report covering these points is attached").

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

The company's stakeholders include the individuals accessing our groups and support services. Our volunteers and Supporting Sisters give important and timely feedback from their frontline work in our support groups. We continue to have several methods of consultation including individual evaluation of services, suggestions box, talking board and regular user forums.

The stakeholders are involved with the planning of the Aspire offer and their feedback is used to improve the services and provide new opportunities.

Our Supporting Sisters programme continues to be informed by the volunteers through the structure of a monthly meetings to review and influence planning. We respond to their training needs and develop the provision using their input. We continue to promote our work through social media platforms, our website and attending local partnerships giving presentations. We have also engaged with our local MP recently who very much recognises the impact we make and is support we to find more suitable premises.

Other stakeholders include organisations both statutory and voluntary that refer individuals to the group and support provision at Aspire. Their feedback is gathered through a variety of forums and meetings attended by the staff team. This continues to be used to inform the development of our provision and include local council authorities (including local Area Action Partnerships), Mental Health Alliance Board, Mental Health Provider's Forum, Health and Wellbeing Board, Public Health, North East Women's Network, End Violence Against Women and Girls, Police Crime Commissioner, Ministry of Justice amongst others.

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

£99,030

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that “no transfer of assets other than for full consideration has been made” below.

No transfer of assets other than for full consideration has been made.

(Please continue on separate continuation sheet if necessary.)

PART 5 – SIGNATORY (Please note this must be a live signature)

(DD/MM/YY)

The original report must be signed by a director or secretary of the company

Signed

J. Vincent

Date

15/05/23

Please note that it is a legal requirement for the date format to be provided in full throughout the CIC34 report.

Applications will be rejected if this information is incorrect.

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Tel	
DX Number	DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG

(N.B. Please enclose a cheque for £15 payable to Companies House)