

**Aspire Learning Support and Wellbeing C.I.C.**  
**Company Limited by Guarantee**  
**Filleted Unaudited Financial Statements**  
**31st August 2019**

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A03	27/03/2020	#297
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**B.J.STRAUGHAN AND CO**

Chartered accountants  
Epworth House  
7 Lucy Street  
Chester le Street  
Co. Durham  
DH3 3UP

# Aspire Learning Support and Wellbeing C.I.C.

## Company Limited by Guarantee

### Statement of Financial Position

31st August 2019

	Note	2019 £	£	2018 £
<b>Fixed assets</b>				
Tangible assets	6		756	2,458
<b>Current assets</b>				
Debtors	7	30,674		5,739
Cash at bank and in hand		239,430		235,965
		270,104		241,704
<b>Creditors: amounts falling due within one year</b>	8	59,913		65,847
<b>Net current assets</b>			210,191	175,857
<b>Total assets less current liabilities</b>			210,947	178,315
<b>Net assets</b>			210,947	178,315
<b>Capital and reserves</b>				
Profit and loss account			210,947	178,315
<b>Members funds</b>			210,947	178,315

These financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In accordance with section 444 of the Companies Act 2006, the statement of income and retained earnings has not been delivered.

For the year ending 31st August 2019 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

The statement of financial position  
continues on the following page.

The notes on pages 3 to 5 form part of these financial statements.

# **Aspire Learning Support and Wellbeing C.I.C.**

## **Company Limited by Guarantee**

### **Statement of Financial Position** *(continued)*


**31st August 2019**

These financial statements were approved by the board of directors and authorised for issue on 29th November 2019, and are signed on behalf of the board by:

Mrs J Rokni  
Director



Ms J Vincent  
Director



Company registration number: 08196316

The notes on pages 3 to 5 form part of these financial statements.

# **Aspire Learning Support and Wellbeing C.I.C.**

## **Company Limited by Guarantee**

### **Notes to the Financial Statements**

**Year ended 31st August 2019**

#### **1. General information**

The company is a private company limited by guarantee, registered in England and Wales. The address of the registered office is Aspire House, Rear of Front Street, Chester le street, DH3 3RD, County Durham.

#### **2. Statement of compliance**

These financial statements have been prepared in compliance with Section 1A of FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland'.

#### **3. Accounting policies**

##### **Basis of preparation**

The financial statements have been prepared on the historical cost basis.

##### **Revenue recognition**

Turnover is recognised on contracts and grants for educational support etc services which have been commenced but have not been completed at the balance sheet date as the work processes.

##### **Income tax**

The taxation expense represents the aggregate amount of current tax recognised in the reporting period. Tax is recognised in profit or loss, except to the extent that it relates to items recognised in other comprehensive income or directly in equity. In this case, tax is recognised in other comprehensive income or directly in equity, respectively.

Current tax is recognised on taxable profit for the current and past periods. Current tax is measured at the amounts of tax expected to pay or recover using the tax rates and laws that have been enacted or substantively enacted at the reporting date.

##### **Tangible assets**

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

##### **Depreciation**

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Leashold Property	- 25% straight line
Plant and machinery	- 25% straight line

# **Aspire Learning Support and Wellbeing C.I.C.**

## **Company Limited by Guarantee**

### **Notes to the Financial Statements *(continued)***

#### **Year ended 31st August 2019**

#### **3. Accounting policies *(continued)***

##### **Impairment of fixed assets**

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that are largely independent of the cash inflows from other assets or groups of assets.

##### **Defined contribution plans**

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as a finance cost in profit or loss in the period in which it arises.

#### **4. Company limited by guarantee**

The company is limited by guarantee. The potential liability of the members is set out in the Memorandum and Articles of Association, the relevant clause is reproduced below:-

"The liability of each member is limited to £1 being the amount each member undertakes to contribute to the assets of the Company in the event of its being wound up while he or she is a member or within one year after he ceases to be a member for: a) payment of the Company's debts and liabilities contracted before he ceases to be a member; b) payment of the costs, charges and expenses of winding up, and; c) adjustments of the rights of the contributories among themselves."

#### **5. Employee numbers**

The average number of persons employed by the company during the year amounted to 18 (2018: 18).

# Aspire Learning Support and Wellbeing C.I.C.

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31st August 2019

#### 6. Tangible assets

	Land and buildings £	Plant and machinery £	Total £
<b>Cost</b>			
<b>At 1st September 2018 and 31st August 2019</b>	<u>21,985</u>	<u>11,776</u>	<u><b>33,761</b></u>
<b>Depreciation</b>			
At 1st September 2018	21,985	9,318	<b>31,303</b>
Charge for the year	–	1,702	<b>1,702</b>
<b>At 31st August 2019</b>	<u>21,985</u>	<u>11,020</u>	<u><b>33,005</b></u>
<b>Carrying amount</b>			
<b>At 31st August 2019</b>	<u>–</u>	<u>756</u>	<u><b>756</b></u>
At 31st August 2018	<u>–</u>	<u>2,458</u>	<u><b>2,458</b></u>

#### 7. Debtors

	2019 £	2018 £
Trade debtors	<b>27,835</b>	1,713
Other debtors	<u><b>2,839</b></u>	<u>4,026</u>
	<u><b>30,674</b></u>	<u><b>5,739</b></u>

#### 8. Creditors: amounts falling due within one year

	2019 £	2018 £
Bank loans and overdrafts	<b>59</b>	–
Trade creditors	<b>3,822</b>	2,374
Corporation tax	<b>8,054</b>	6,363
Social security and other taxes	<b>2,750</b>	1,549
Other creditors	<u><b>45,228</b></u>	<u>55,561</u>
	<u><b>59,913</b></u>	<u><b>65,847</b></u>

#### 9. Related party transactions

The company was under the control of Mrs Janice Rokni and Ms Jan Vincent (the directors) throughout the current year.

No transactions with related parties were undertaken such as are required to be disclosed under FRS 102 1A.

0022043/15

# CIC 34

## Community Interest Company Report

For official use  
(Please leave blank)

Company Name in full

Aspire Learning, Support and Wellbeing  
Community Interest Company

*Please complete in typescript, or in bold black capitals.*

Company Number

08196316

Year Ending 2019

30<sup>th</sup> Aug 2019

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

## **PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT**

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a fair and accurate description of how they have benefited the community, or section of the community, which the company is intended to serve.

As a community interest company (CIC), Aspire Learning, Support & Wellbeing continues to develop our offer of learning, support, wellbeing and volunteering opportunities to the local community. We continue to engage and provide opportunities to a wide range of people from across the whole community. We offer gender specific provision, Women and Girls only, within our main centre in Chester-Le-Street.

During this year we have contracted with; New College Durham, City of Sunderland Council, and Durham County Council, (Learning and Preventative Mental Health). These contracts have enabled us to develop our learning and engagement offer. This has included been able to offer a range of accredited programmes through the Royal Society of Public Health. We continue to use our income to provide the majority of our learning, support and wellbeing opportunities as free at point of delivery. All our provision is aimed at offering a wrap-around service with provision that complements each other. Contracts with TEWW Trust enable us to deliver in-reach services in the women's acute Mental Health ward at Lanchester Road Hospital. We ensure we have pathways of recovery and development available internally and through our external partners.

We have also worked with Karbon Homes (social housing provider), to provide some doorstep provision within our community. Using the community space, provided by Karbon Homes, has enabled us to provide further opportunities in the heart of the community. This grant also allows us to work with smaller groups of women, adapting the provision to their needs. We are pleased to be continuing this provision through other funding streams and intend to expand these opportunities through the next year.

The third year of our Big Lottery, Women and Girls' Fund provision, continues to expand our support and wellbeing services. We successfully deliver on our focus of supporting women to live the life they want to live and staying safer. Our Supporting Sisters programme has enabled us to continue to develop and provide a confidential Listening Service, offering one-to-one listening and befriending to individual women. We have also developed a range of



support groups, one of which provides friendship and emotional support to older women through our Mature Friends group. We have increased our weekly drop in sessions and emotional support groups. We now offer a support group every day, Monday to Friday. These can provide the first steps to engagement for some women and provide a referral points for other voluntary and statutory providers.

Volunteering is at the heart of these services where women use their lived experiences to support other women by providing these one to one and group support interventions. Volunteers are trained in their roles as listeners, befrienders and group leads and a co-production, peer approach is used to shape the develop and deliver these services. This increases the confidence and marketable skills of volunteers.

Our women's wellness service has continued to develop the offer, the service has expanded to respond to the needs of women and cope with the increasing demand. Women have access to holistic and clinical interventions and access to information to encourage a self-care approach to their physical and emotional wellbeing.

Our free onsite childcare facility is available for parent/carers with children up to 5 years old to engage in any on site provision. This supports and encourages participation and removes some of the barriers to community engagement.

Aspire also delivers services on the female only acute and enduring mental health ward at the Lanchester Road hospital Durham. These services provide women with access to complementary therapies and other wellbeing services. As a non-clinical intervention it provides a signposting and a pathway to community services for women leaving hospital.

We continue to listen to the needs of our stake holders and develop our provision in response to these. We have received a further award from Durham County Council, Adult Learning acknowledging our impact on learning. One of our learners won the award for Learning in the Digital Age, even more outstanding as she is from our older group of learners, in her eighties. We also were awarded highly commended in the following awards; Volunteers, Unsung (S)hero, Tutor and Learning project. These awards reflect the diverse group of women from all walks of life who have come together to support those who attend Aspire, a women-only Centre delivering high-quality learning, support and wellbeing.

*(If applicable, please just state "A social audit report covering these points is attached").*

***(Please continue on separate continuation sheet if necessary.)***

**PART 2 – CONSULTATION WITH STAKEHOLDERS** –Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

The company's stakeholders include the registered learners and those accessing our support services. We continue to have several methods of consultation including individual evaluation of services, suggestions box, talking board and regular user forums. We continue to encourage volunteers to become Student Representatives after they have undertaken the appropriate training. These are available in the centre and for one-to-one consultation to ensure users have a further conduit for their views. We hold regular Student Representative meetings where they can present any compliments, complaints or suggestions they have received. The stakeholders are involved with the planning of the programme each term and their feedback is used to improve the service and provide new opportunities.

Our Supporting Sisters programme continues to be informed by the volunteers through the structure of a monthly meetings to review and plan future of this. We respond to their training needs and develop the provision using their input.

Other stakeholders include organisations both statutory and voluntary that refer individuals to the learning and support provision at Aspire. Their feedback is gathered through a variety of forums and meetings attended by the staff team. This continues to be used to inform the development of our provision and include local council authorities, Mental Health Providers Forum, Health and Wellbeing Board, Public Health, North East Women's Network, End Violence Against Women and Girls amongst others.

(If applicable, please just state "A social audit report covering these points is attached").

**PART 3 – DIRECTORS' REMUNERATION** – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received, you must state that "no remuneration was received" below.

The directors' remuneration only relates to those employed by the company and the salary and pension contributions they receive.

Remuneration & Company contributions to defined  
contribution pension plans

Total  
£76.141

**PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION–**

Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

No transfer of assets other than for full consideration has been made.

**PART 5 – SIGNATORY**

The original report must be signed by a director or secretary of the company				
	Signed	J. Vincent	Date	10/3/20.
		Secretary		

	<i>Office held (delete as appropriate) Secretary</i>			
<p>You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.</p>				
	Tel			
	DX Number	DX Exchange		

**When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:**

*For companies registered in England and Wales:* Companies House, Crown Way, Cardiff, CF14 3UZ  
DX 33050 Cardiff

**(N.B. Please enclose a cheque for £15 payable to Companies House)**