

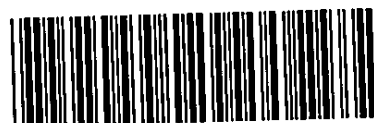
Registered number
08185099

1 Community Project Community Interest Company
Company limited by guarantee

Unaudited Abbreviated Accounts

For the year ended to 31 August 2015

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31/05/2016

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COMPANIES HOUSE

1 Community Project Community Interest Company
Registered number: 08185099
Abbreviated Balance Sheet
as at 31 August 2015

	Notes	2015 £	2,014 £
Fixed assets			
Tangible assets	3	<u>1,985</u>	<u>3,523</u>
		1,985	3,523
Current assets			
Cash at bank and in hand		<u>20,104</u>	<u>10,054</u>
Current liability			
Deferred Income		-	-
Accrued Expenses		-	(3,286)
Net current assets		<u>20,104</u>	<u>6,768</u>
Total assets less current liabilities		<u>22,089</u>	<u>10,291</u>
Net assets		<u>22,089</u>	<u>10,291</u>
Capital and reserves			
Profit and loss account		22,089	10,291
Profit and loss account		<u>22,089</u>	<u>10,291</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006 and that members have not required the company to obtain an audit in accordance with section 476 of the Act

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime



S A Rob
Director

Approved by the board on 21 May 2016



T Carty
Director

1 Community Project Community Interest Company
Notes to the Abbreviated Accounts
for the year ended 31 August 2015

1 Objectives and activities

The company was setup to carry on activities which benefit the community and in particular (without limitation) to educational, social and recreational activities with a strong focus on providing these facilities to the local residents and their families

2 Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Turnover

Turnover comprises the value of grants received from local authority

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives

Computer Equipment & Website	3 years
Sports Equipment	3 years

3 Tangible fixed assets

£

Cost

At 1 September 2014	5,461
Additions	425

At 31 August 2015	<u>5,886</u>
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Depreciation

At 1 September 2014	1,938
Charge for the period	1,963

At 31 August 2014	<u>3,901</u>
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Net book value

At 31 August 2015	<u>1,985</u>
At 31 August 2014	<u>3,523</u>

4 Company limited by guarantee

The company is limited by guarantee and does not have a share capital. The liability of each member is limited to £1, being the amount that each member undertakes to contribute to the assets of the company in the event of it being wound up while he or she is a member or within one year after he or she ceases to be a member.

CIC 34**Community Interest Company Report**

For official use
(Please leave blank)

*Please
complete in
typescript, or
in bold black
capitals.*

**Company Name in
full**

1 COMMUNITY PROJECT CIC

Company Number

08185099

Year Ending

31 AUGUST 2015

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a fair and accurate description of how they have benefited the community, or section of the community, which the company is intended to serve.

1 Community Project (1CP) in partnership with Lewisham Youth Services has been delivering youth activities for young people aged between 8-19 years old, including up to 25 years old for those with Special Educational Needs (SEN) or disabilities. During the year the project attracted young people from across Lewisham. On average up to 40 young people from various backgrounds attended each weekly session. As a result 1CP has engaged with over 300 young people. The activities included educational, social and recreational programmes. 1CP provided opportunities for young people to volunteer in the programme, which has enabled young people to gain valuable knowledge, skills and experience. Our core programme is delivered over the weekend where there is a lack of universal youth provisions across Lewisham. This project has given young people a safe space to enjoy activities and has encouraged positive relationships. The project has provided facilities for young people to engage in positive activities during the holiday period.

It also benefited the local community through greater community interaction between young people, their parents, carers and partner providers.

(If applicable, please just state "A social audit report covering these points is attached")

(Please continue on separate continuation sheet if necessary)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are, how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear

The company's stakeholders are the young people of Lewisham who attend the youth club and their parent's/carers. The directors of the company are all professionals (youth worker, social worker, teacher) who have worked with young people in different settings and have developed the business model for the project to benefit the wider community. 1CP has been running successfully for over a year and is continuing to grow as we attract on average forty young people per session. This is due to providing activities and provisions that have been requested by the young people, who wish to engage and participate in such activities. Through regular consultations with our young people, we discuss and negotiate the activities that we are able to provide. This empowers the young people to take ownership of the project and strengthens their involvement and participation.

A social audit report covering these points is attached.

(If applicable, please just state "A social audit report covering these points is attached")

PART 3 – DIRECTORS' REMUNERATION – If you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below

For the year ended 31 August 2015, no remuneration was received by the directors.

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below

There were no transfers of assets.


(Please continue on separate continuation sheet if necessary)

(N.B. Please enclose a cheque for £15 payable to Companies House)

PART 5 – SIGNATORY

The original report must be signed by a director or secretary of the company

Signed



Date

30/05/2016

Office held (tick as appropriate) ☒ Director ☒ Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record

Telephone	
DX Number	DX Exchange

When you have completed and signed the form, please send it to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG

1 Community Project (1CP)

Annual Report 2014-15

Content Page

Content	Page
Acknowledgement	3
Brief overview of 1CP work	3-4
Activities	4-7
Future Plans	7

Acknowledgements:

We would like to thank Lewisham Youth Services, Ladywell Assembly and the community sector unit for the financial support they have provided over the last year

We also would like to thank all the young people for regularly participating in all the activities. Special thanks go to their parents and carers for all the support they have provided us on a regular basis

1CP's success is down to the hard work and dedication of all the volunteers who have been working constantly to ensure young people have a memorable time at 1CP

Thanks goes to all our staff and volunteers; Theo-Ray McDonald, Abu Ahsan, Mohammed Sheikh, Corinne Keddo, Faiza Aslam, Marisa McLune, Lailah Mohammed, Tashan Reid McDonald, Samson McLune and Kamal Mendes

Brief overview of 1CP work:

1CP has been operating since 2011. It has been providing a range of exciting educational, social, recreational and challenging activities for young boys aged between 8-19 (up to 25 for those with SEN or disabilities) years old within a safe environment.

The social activities we deliver are fun days, BBQ, meal out, award ceremonies, events etc. The recreational activities are delivered through multi sports including skating and generic activities. Educational activities are delivered through a range of informal education methods which are both challenging and fun. These include day trips, weekend residential trips to help boost young people's self-confidence and self-esteem, workshops and seminars on tackling current issues and promoting healthy lifestyle and future prospects.

The issues we have identified through our young people include emotional and mental wellbeing, bullying, gang involvement, substance misuse, sexual exploitation, gun and knife crime, unemployment, housing, family breakdown and lack of male role models in young peoples' lives. As we are based in a high risk area, it is vital this project continues to provide provisions to the disadvantaged and deprived young people who are at risk of poor life outcomes.

1CP also has an excellent team of peer motivators who are a positive role model to the young people who attend. The peer motivator scheme for young people 17 and under enables them the chance to help run and contribute to the planning of activities and programmes. Peer motivators are also selected to go on training such as conflict resolution and emergency first aid. Furthermore, 1CP has been working closely with their parents and carers to deliver a range of diverse activities.

We work under the ethos of '1 community' and make best endeavours to ensure that the project allows all members of the community to benefit. As an example of this is, we currently have young people of Algerian, Moroccan, Somalian, Egyptians, Indian, Pakistani, Jamaican, English, etc backgrounds. We plan to work towards involving other minority groups e.g. Bangladeshi, Tamil, Vietnamese and Afghani etc.

We also have ground rules and group rules developed to ensure young people feel part of the project regardless of their background. We promote equality and ensure our peer motivators and volunteers become ambassadors for our project and attract young people to our project.

Our work allows the above groups to interact better and understand each other's cultures, we expect this to be the case with the parents and carers too.

Activities:

Regular programmes:

1CP holds regular programme every Friday, Saturday and Sunday all year round.

Weekly Activities for Boys:

This is run every Saturday from 6pm to 9pm (term time) and 3pm to 9pm (school holidays). The session includes workshops, discussions, indoor and outdoor activities (e.g. football, skating, badminton, table-tennis, basketball, PlayStation, X Box etc).

Weekly Activities for Girls:

The girls group takes place every Sunday from 11am to 2pm (term time) and 11am to 5pm (school holidays). The girls group has been set up recently due to the demand from the parents and the local young girls who requested we develop a programme for them. We have a dedicated team of female staff and volunteers who are working with the young girls to develop a vibrant package of activities which will suit the needs of the young girls. The activities we are currently providing are multi-sports, arts and crafts, drama, issue based workshops etc. Our half term programme also includes daytrips and we also plan to go on residential during the summer holiday.

Weekly Activities for Boys and Girls:

This mix session started in April 2015. It is held every Friday from 6.30pm to 9.30pm. Currently it attracts more than 40 young people on a weekly basis.

Residential:

We have been on a number of residential trips. Firstly, we took only the young people away from their comfort zone to help boost their self-confidence and self-esteem. Many of our young people have not been outside Lewisham before and this was a great opportunity for them which they enjoyed immensely.

The young people are selected by the staff on the basis of their behaviour, timekeeping and attendance alongside with an update from parents and carers. This

is where we select future leaders and train them up. It also helps staff to see how young people behave outside of their comfort zone. All our young people will receive in house certificates.

The residential has enabled young people build trust with the staff team. It has also raised young people's self esteem and confidence. Young people have learnt about team work and working on their own initiative and problem solving. It also helps them to become independent and learn about life skills. The activities also has enabled them to learn about being patience and perseverant.



Summer holiday scheme: During the summer of 2015 we delivered a full time programme which included activities such as arts and crafts, issue based workshops, day trips, performing arts (poetry, role-play etc), indoor and outdoor sports activities.

As mentioned above, this year we managed to implement the following holiday programme and activities for both our boys group and girls group.



Boys & Girls Summer 2015 Programme:

1 COMMUNITY PROJECT - SUMMER PROGRAMME TIMETABLE							
Saturday 25 th July to Sunday 30 th August 2015 Activities*							
Organisation Name	1 Community Project- 1CP	Address & Postcode	Ladywell Centre, 148 Dressington Avenue, London SE4 1JF	Phone & Mobile Number(s)	07852 813 403 07956 367 747	Named Link Workers	Theo/Abdul-Hakeem-Sakinah/Corine Keddo
Start & End date of programme delivery: Saturday 25 th July to Sunday 30 th August 2015 Theme: Self Expression							
Day & Date	Session 1 BOYS ONLY	Boys group Activity/Workshop Name	Total Places	Day & Date	Session 2 GIRLS ONLY	Girls Group Activity/Workshop Name	Total Places
Saturday 25/07/15	3-9pm	Registration/ generic activities/ sports/ workshops	40	Sunday 26/07/14	11am to 5pm	Registration/ generic activities/ sports/ Henna workshops	40
Saturday 01/08/15	3-9pm	BBQ Art attack Wall TT tournament	40	Sunday 02/08/15	11am to 5pm	BBQ Art attack Wall Pop cake making	40
Saturday 08/08/15	3-9pm	Five a side football tournament Pool Competition General Activities	30	Sunday 09/08/15	11am to 5pm	Arts & Crafts Volley Ball Offsite- Horse Riding trip	40
Saturday 15/08/15	3-9pm	FIFA competition (PS3) Relationship workshop Rounders	40	Sunday 16/08/15	11am to 5pm	Performing Arts (acting and script building workshop) Arts & Craft (tye dye)	40
Saturday 22/08/15	3-9pm	Residential (15YP) Art attack Wall Bring back roller skate Generic Activities	15 25	Sunday 23/08/15	11am to 5pm	Residential (15YP) Art attack Wall Bring back roller skate Generic Activities	15 25
Saturday 29/08/15	3-9pm	Adventure Island South End Trip (12) will go on Saturday in partnership with youth village Evaluation	12 28	Sunday 30/08/15	11am to 5pm	Adventure Island South End Trip (12) will go on Saturday in partnership with youth village. Evaluation	12 28

This programme is funded by London Borough of Lewisham Youth Services. South End is a trip in partnership with Ladywell Youth Village

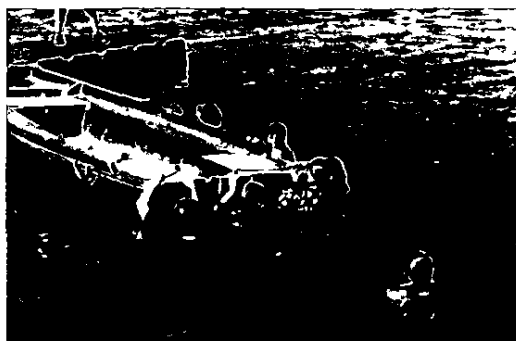
1CP regular workshop sessions:

This is done according to young people's age group We cover different topics according to their understanding and also the time varies according to their maturity. We have covered topics such as identity, drugs misuse, peer pressure, choosing your friends, civic duties, recycling, etc

Tool Kit:

We have revised the 1CP toolkit and also updated all the policy and procedures The following Policies, Procedures and Guidelines are bespoke to the 1 Community Project, Child Protection & Safeguarding policy, Health & Safety policy and Equality & Diversity policy, volunteer's policy etc

All of our paper works are in line with the Lewisham Youth Services as we deliver activities in youth services premises These include Briefing, de-briefing, offsite, risk assessment, H&S Check list, CS2 etc



Volunteers/peer motivator's programme:

We have a diverse age range of volunteers. This year we have managed to attract a large number of young volunteers aged between 16-19 years old. All our volunteers are DBS checked and have completed a volunteers' application form

Training for Volunteers:

We have identified their training needs and started to look into training and development. This year we have trained all our volunteers on child protection training. To ensure they are all aware of how to work with young people all volunteers undertook a 'Introduction to Youth Work' training To ensure they can deliver the workshops themselves we have organised



training on delivering learning Furthermore, 4 of our volunteers are now level 3 qualified in youth work

Future Plans:



1CP plans to ensure it retains all the activities that are delivered and also develop new initiatives For the next financial year, 1CP plans to deliver its programmes term time and holiday periods including continuing its current sessions

We plan to continue similar activities for the girls group so that it will attract more young girls from across Lewisham to enjoy and achieve in a safe environment

All volunteers will be given the opportunity to develop their skills and understanding including attending essential training (e.g First Aid, health and safety at work etc) Furthermore, we will look into other resources and training for the volunteers

We plan to have at least 2 training organised for parents and carers according to their needs We also plan to seek further funding to further develop our project into a mainstream youth project

Report produced by:

Shakir Ahmed Rob
Director
1 Community Project
May 2016

A handwritten signature in black ink.

