

BODY WISDOM LONDON LTD

**Company Registration Number:
08176513 (England and Wales)**

**Unaudited micro entity accounts for the year ended 31 August 2022
(Dormant)**

Period of accounts

Start date: 01 September 2021

End date: 31 August 2022

BODY WISDOM LONDON LTD

Contents of the Financial Statements

for the Period Ended 31 August 2022

Company Information - 3

Report of the Directors - 4

Profit and Loss Account - 5

Balance sheet - 6

Footnotes to the Balance Sheet - 8

BODY WISDOM LONDON LTD

Company Information

for the Period Ended 31 August 2022

Director:	Alena Pankhurst
Registered office:	Cardiff CF14 8LH
Company Registration Number:	08176513 (England and Wales)

BODY WISDOM LONDON LTD

Directors' Report Period Ended 31 August 2022

The directors present their report with the financial statements of the company for the period ended 31 August 2022

Directors

The directors shown below have held office during the whole of the period from 01 September 2021 to 31 August 2022
Alena Pankhurst

The company was dormant and did not trade in the period.

This report was approved by the board of directors on 25 May 2023

And Signed On Behalf Of The Board By:

Name: Alena Pankhurst

Status: Director

BODY WISDOM LONDON LTD

Profit and Loss Account

for the Period Ended 31 August 2022

The company was dormant and did not trade in the period. The company received no income and incurred no expenditure in the period and therefore did not make either a profit or loss.

BODY WISDOM LONDON LTD

Balance sheet

As at 31 August 2022

	<i>2022</i> £	<i>2021</i> £
Called up share capital not paid:	0	0
Total assets less current liabilities:	0	0
Total net assets (liabilities):	<u>0</u>	<u>0</u>
Capital and reserves:	<u>0</u>	<u>0</u>

BODY WISDOM LONDON LTD

Balance sheet continued

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions of the small companies regime applicable to micro-entities.

For the year ending 31 August 2022 the company was entitled to exemption under section 480 of the Companies Act 2006 relating to dormant companies.

This report was approved by the board of directors on 25 May 2023

And Signed On Behalf Of The Board By:

Name: Alena Pankhurst

Status: Director

The notes form part of these financial statements

BODY WISDOM LONDON LTD

Footnotes to the Financial Statements

for the Period Ended 31 August 2022

1. Employee Information

Average number of employees: 0

BODY WISDOM LONDON LTD

Footnotes to the Financial Statements

for the Period Ended 31 August 2022

2. Off balance sheet disclosure

No

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.