



Companies House

AR01 (ef)

Annual Return



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Company Name: **24 HOUR FITNESS LIMITED**

Company Number: **08170232**

Date of this return: **07/08/2015**

SIC codes: **93130**

Company Type: **Private company limited by shares**

Situation of Registered Office: **AVALAND HOUSE 110 LONDON ROAD, APSLEY,
HEMEL HEMPSTEAD,
HERTS.
HP3 9SD**

Officers of the company

Company Secretary 1

Type: **Corporate**

Name: **AD FINANCIAL SERVICES LIMITED**

*Registered or
principal address:* **AVALAND HOUSE 110 LONDON ROAD
HEMEL HEMPSTEAD
HERTFORDSHIRE
ENGLAND
HP3 9SD**

European Economic Area (EEA) Company

Register Location: **UNITED KINGDOM**

Registration Number: **02646796**

Company Director **1**

Type: **Person**

Full forename(s): **CATHERINE RACHEL**

Surname: **COOK**

Former names:

Service Address: **ASHTON STUDRIDGE LANE
SPEEN
PRINCES RISBOROUGH
BUCKINGHAMSHIRE
ENGLAND
HP27 0SF**

Country/State Usually Resident: **ENGLAND**

Date of Birth: **17/02/1972** *Nationality:* **BRITISH**

Occupation: **EXECUTIVE COACH**

Company Director 2

Type: **Person**

Full forename(s): **MR STEVEN ROBERT**

Surname: **HALSALL**

Former names:

Service Address: **134 QUEBEC QUAY
LIVERPOOL
ENGLAND
L3 4ER**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **15/06/1973**

Nationality: **BRITISH**

Occupation: **PARTNER**

Company Director **3**

Type: **Person**

Full forename(s): **LESLEY PATRICIA**

Surname: **THOMPSON**

Former names:

Service Address: **HOLLYHEDGE COTTAGE 2 DAIRYMEDE
SPEEN
PRINCES RISBOROUGH
BUCKINGHAMSHIRE
ENGLAND
HP27 0TD**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **09/07/1966** *Nationality:* **BRITISH**

Occupation: **FINANCIAL ADMINISTRATOR**

Statement of Capital (Share Capital)

| | | | |
|------------------------|-----------------|--------------------------------|------------|
| Class of shares | ORDINARY | <i>Number allotted</i> | 900 |
| | | <i>Aggregate nominal value</i> | 900 |
| <i>Currency</i> | GBP | <i>Amount paid per share</i> | 1 |
| | | <i>Amount unpaid per share</i> | 0 |

Prescribed particulars

1. EACH SHARE IS ENTITLED TO ONE VOTE IN ANY CIRCUMSTANCES. 2. EACH SHARE IS ENTITLED EQUALLY TO DIVIDEND PAYMENT OR ANY OTHER DISTRIBUTION. 3. EACH SHARE IS ENTITLED EQUALLY TO PARTICIPATE IN A DISTRIBUTION ARISING FROM A WINDING-UP OF THE COMPANY.

Statement of Capital (Totals)

| | | | |
|-----------------|------------|--------------------------------------|------------|
| <i>Currency</i> | GBP | <i>Total number of shares</i> | 900 |
| | | <i>Total aggregate nominal value</i> | 900 |

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 07/08/2015 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **300 ORDINARY shares held as at the date of this return**
Name: **LESLEY THOMPSON**

Shareholding 2 : **300 ORDINARY shares held as at the date of this return**
Name: **CATHERINE COOK**

Shareholding 3 : **300 ORDINARY shares held as at the date of this return**
Name: **STEVEN HALSALL**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.