



Companies House

**AP01** (ef)

**Appointment of Director**



X3B68BXD

*Company Name:* **24 HOUR FITNESS LIMITED**

*Company Number:* **08170232**

*Received for filing in Electronic Format on the:* **01/07/2014**

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*New Appointment Details*

*Date of Appointment:* **01/07/2014**

*Name:* **CATHERINE RACHEL COOK**

*Consented to Act:* **YES**

*Service Address:* **ASHTON STUDRIDGE LANE  
SPEEN  
PRINCES RISBOROUGH  
BUCKINGHAMSHIRE  
ENGLAND  
HP27 0SF**

*Country/State Usually Resident:* **ENGLAND**

*Date of Birth:* **17/02/1972**

*Nationality:* **BRITISH**

*Occupation:* **EXECUTIVE COACH**

*Former Names:*

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## *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Administrator, Administrative Receiver, Receiver, Receiver Manager, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.