



Companies House

— for the record —

THE DIRECTORS
24 HOUR FITNESS LIMITED
AVALAND HOUSE
110 LONDON ROAD, APSLEY,
HERTS.
UNITED KINGDOM
HEMEL HEMPSTEAD,
HP3 9SD

If you need to contact us regarding this
notice, please quote reference

DEF6 / 08170232

Date 03/12/2013

COMPANIES ACT 2006
(Section 1000)

The REGISTRAR OF COMPANIES gives NOTICE that, unless cause
is shown to the contrary, at the expiration of 3 months from the above
date the name of

24 HOUR FITNESS LIMITED

will be struck off the register and the company will be dissolved

Companies House
Cardiff CF14 3UZ
Tel
Fax 029 20 380900
DX 33050 Cardiff

FILE COPY



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NB Upon dissolution all property and rights vested in, or held in trust for, the company are deemed
to be bona vacantia, and accordingly will belong to the crown



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