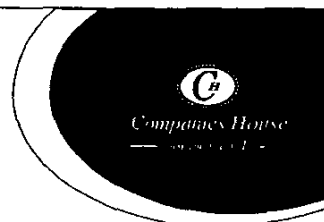


TM01

Termination of appointment of director



You can use the WebFiling service to file this form online.
Please go to www.companieshouse.gov.uk

☒ **What this form is for**
You may use this form
to terminate the appointment of a
director (individual or corporate)

☐ **What this form is for**
You cannot use this form to
terminate the appointment of a
secretary. To do this, use
TM02 'Termination of
appointment of secretary'

FRIDAY



A07 *A1DKSR5S* 20/07/2012 #369
COMPANIES HOUSE

ease
uk

1 Company details

Company number 08148878

Company name in full HEROS GYM LIMITED

→ Filing in this form

Please complete in typescript or in
bold black capitals

All fields are mandatory unless
specified or indicated by *

2 Director's current details on the Register

Please give us the current appointment details of this director held on the
public Register

Date of birth* 07/06/1991

Title* Mrs

Full forename(s) Barbara

Surname/Corporate
name Kahan

① Date of birth

Providing a date of birth will help
us identify the correct person on
the public record. This is voluntary
information and if completed it will
be placed on the public record

3 Termination date*

Date of termination of
appointment 19/07/2012

② Only one director appointment can
be terminated per form

4 Signature

I am signing this form on behalf of the company

Signature

Signature

X B Kahan X

③ Societas Europaea

If the form is being filed on behalf
of a Societas Europaea (SE) please
delete 'director' and insert details
of which organ of the SE the person
signing has membership

④ Person authorised

Under either section 270 or 274 of
the Companies Act 2006

This form may be signed by
Director*, Secretary, Person authorised*, Liquidator, Administrator,
Administrative receiver, Receiver, Receiver manager, Charity Commission receiver
and manager, CIC manager, Judicial factor

TM01

Termination of appointment of director



Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name

Company name

A1 Company Services Limited

Address

Winnington House

2 Woodberry Grove

Post town

North Finchley

County/Region

London

Postcode

N 1 2 0 D R

Country

UNITED KINGDOM

DX

Telephone

02084926363



Checklist

We may return forms completed incorrectly or with information missing.

Please make sure you have remembered the following:

- ☐ The company name and number match the information held on the public Register
- ☐ You have correctly entered the name of the director being terminated
- ☐ You have included the date of termination
- ☐ You have signed the form



Important information

Please note that all information on this form will appear on the public record.



Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below:

For companies registered in England and Wales:
The Registrar of Companies, Companies House,
Crown Way, Cardiff, Wales, CF14 3UZ.
DX 33050 Cardiff

For companies registered in Scotland
The Registrar of Companies, Companies House,
Fourth floor, Edinburgh Quay 2,
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF
DX ED235 Edinburgh 1
or LP - 4 Edinburgh 2 (Legal Post)

For companies registered in Northern Ireland:
The Registrar of Companies, Companies House,
Second Floor, The Linenhall, 32-38 Linenhall Street,
Belfast, Northern Ireland, BT2 8BG.
DX 481 N.R Belfast 1



Further information

For further information, please see the guidance notes on the website at www.companieshouse.gov.uk or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk