#### **COMPANY REGISTRATION NUMBER 08102721**

# 5 STAR GROUP (UK) LIMITED UNAUDITED ABBREVIATED ACCOUNTS 31 MARCH 2016

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# ABBREVIATED ACCOUNTS

# YEAR ENDED 31 MARCH 2016

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# **ABBREVIATED BALANCE SHEET**

### 31 MARCH 2016

2016			2015
Note	£	£	£
2		205	200
			_
	62,739		67,696
ar	20,250		35,633
		42,489	32,063
S		42,694	32,263
<b>3</b> .		202	202
,		42,492	32,061
		42,694	32,263
	2 ar	Note £  2  62,739  ar 20,250	Note £ £  2 205  62,739  ar 20,250

The Balance sheet continues on the following page.
The notes on pages 3 to 4 form part of these abbreviated accounts.

#### ABBREVIATED BALANCE SHEET (continued)

#### 31 MARCH 2016

For the year ended 31 March 2016 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

#### Director's responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These abbreviated accounts have been prepared in accordance with the special provisions applicable to companies subject to the small companies regime.

These abbreviated accounts were approved and signed by the director and authorised for issue on 8 December 2016.

Mr J Field

Company Registration Number: 08102721

#### NOTES TO THE ABBREVIATED ACCOUNTS

#### YEAR ENDED 31 MARCH 2016

#### 1. ACCOUNTING POLICIES

#### Basis of accounting

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

#### Consolidation

In the opinion of the director, the company and its subsidiary undertakings comprise a small group. The company has therefore taken advantage of the exemption provided by Section 398 of the Companies Act 2006 not to prepare group accounts.

#### Financial instruments

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the entity after deducting all of its financial liabilities.

Where the contractual obligations of financial instruments (including share capital) are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the balance sheet. Finance costs and gains or losses relating to financial liabilities are included in the profit and loss account. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability.

Where the contractual terms of share capital do not have any terms meeting the definition of a financial liability then this is classed as an equity instrument. Dividends and distributions relating to equity instruments are debited direct to equity.

#### 2. FIXED ASSETS

	Investments £
COST At 1 April 2015 Additions	200 
At 31 March 2016	205
NET BOOK VALUE At 31 March 2016	205
At 31 March 2015	200

#### NOTES TO THE ABBREVIATED ACCOUNTS

#### YEAR ENDED 31 MARCH 2016

#### 2. FIXED ASSETS (continued)

The company owns 100% of the issued share capital 5 Star Fitness (Harrogate) Limited and also 100% of 5 Star Fitness (Acanthus) Limited until 26 May 2015 since when the company has owned 75% of the issued share capital.

It is also a member of 5 Star Fitness LLP.

	2016	2015
	£	£
Aggregate capital and reserves		
5 Star Fitness (Acanthus) Limited	8,700	2,029
5 Star Fitness (Harrogate) Limited	(6,303)	(4,468)
5 Star Fitness LLP	(29,040)	2,896
Profit and (loss) for the year		
5 Star Fitness (Acanthus) Limited	35,631	8,966
5 Star Fitness (Harrogate) Limited	(1,835)	(5,260)
5 Star Fitness LLP	3,885	(6,208)

Under the provision of section 398 of the Companies Act 2006 the company is exempt from preparing consolidated accounts and has not done so, therefore the accounts show information about the company as an individual entity.

#### 3. SHARE CAPITAL

Allotted, called up and fully paid:

	2016		2015	
	No.	£	No.	£
Ordinary shares of £1 each	202	202	202	202