



Companies House

**AR01** (ef)

**Annual Return**



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**X50VZ178**

*Company Name:* **MOVE FOR YOU LIMITED**

*Company Number:* **08065967**

*Date of this return:* **11/05/2015**

*SIC codes:* **49420**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **13 BOSWELL ROAD  
THORNTON HEATH  
SURREY  
ENGLAND  
CR7 7RZ**

**Officers of the company**

*Company Director*    **1**

*Type:*                                **Person**  
*Full forename(s):*                **MR FARRUKH**

*Surname:*                            **SUFYAN**

*Former names:*

*Service Address:*                **15 COLLIERS WATER LANE COLLIERS WATER LANE**  
                                              **THORNTON HEATH**  
                                              **SURREY**  
                                              **ENGLAND**  
                                              **CR7 7LE**

*Country/State Usually Resident:*    **UNITED KINGDOM**

*Date of Birth:*    **\*\*/09/1983**                                *Nationality:*    **PAKISTANI**

*Occupation:*    **COMPANY DIRECTOR**

## Statement of Capital (Share Capital)

<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>100</b>
		<i>Aggregate nominal value</i>	<b>100</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>1</b>
		<i>Amount unpaid per share</i>	<b>0</b>

### *Prescribed particulars*

**FULL RIGHTS TO RECEIVE NOTICE OF, ATTEND AND VOTE AT GENERAL MEETINGS. ONE SHARE CARRIES ONE VOTE, AND FULL RIGHTS TO DIVIDENDS AND CAPITAL DISTRIBUTIONS (INCLUDING UPON WINDING UP).**

## Statement of Capital (Totals)

<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>100</b>
		<i>Total aggregate nominal value</i>	<b>100</b>

## *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 11/05/2015 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : **100 ORDINARY shares held as at the date of this return**  
*Name:* **FARRUKH SUFYAN**

## *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.