

Registered number
07985758

360 Health Club Limited

Abbreviated Accounts

31 March 2015

360 Health Club Limited**Registered number:** 07985758**Abbreviated Balance Sheet****as at 31 March 2015**

	Notes	2015 £	2014 £
Fixed assets			
Tangible assets	2	5,376	6,720
		<u>5,376</u>	<u>6,720</u>
Current assets			
Cash at bank and in hand		3,498	6,149
		<u>3,498</u>	<u>6,149</u>
Creditors: amounts falling due within one year		(23,800)	(27,669)
Net current liabilities		<u>(20,302)</u>	<u>(21,520)</u>
Total assets less current liabilities		<u>(14,926)</u>	<u>(14,800)</u>
Net liabilities		<u>(14,926)</u>	<u>(14,800)</u>
Capital and reserves			
Called up share capital	3	1,000	1,000
Profit and loss account		(15,926)	(15,800)
Shareholders' funds		<u>(14,926)</u>	<u>(14,800)</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

Ifraan Nadeem

Director

Approved by the board on 10 December 2015

360 Health Club Limited

Notes to the Abbreviated Accounts for the year ended 31 March 2015

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and machinery	20% straight line
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2 Tangible fixed assets

£

Cost

At 1 April 2014	10,500
Additions	-
Surplus on revaluation	-
Disposals	-
At 31 March 2015	<u>10,500</u>

Depreciation

At 1 April 2014	3,780
Charge for the year	1,344
Surplus on revaluation	-
On disposals	-
At 31 March 2015	5,124

Net book value

At 31 March 2015	5,376
At 31 March 2014	6,720

3 Share capital

Share capital	Nominal value	2015 Number	2015 £	2014 £
Allotted, called up and fully paid:				
Ordinary shares	£1 each	-	1,000	1,000
B Ordinary shares	£1 each	-	-	-
			<u>1,000</u>	<u>1,000</u>
Preference shares	£1 each	-	-	-
			<u>1,000</u>	<u>1,000</u>

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