

Bliss Yoga & Relaxation Ltd

Annual Report and Unaudited Financial Statements
for the Year Ended 28 February 2017

Allen Rose
Chartered Certified Accountants
PA068 Technology Centre
Wolverhampton Science Park
Glaisher Drive
Wolverhampton
West Midlands
WV10 9RU

Bliss Yoga & Relaxation Ltd

Contents

Company Information	<u>1</u>
Accountants' Report	<u>2</u>
Balance Sheet	<u>3 to 4</u>
Notes to the Financial Statements	<u>3</u>

Bliss Yoga & Relaxation Ltd

Company Information

Directors M Nicklin
B Worrall

Company secretary B Worrall

Registered office 26-27 Anchor Parade
Aldridge
Walsall
West Midlands
WS9 8QP

Accountants Allen Rose
Chartered Certified Accountants
PA068 Technology Centre
Wolverhampton Science Park
Glaisher Drive
Wolverhampton
West Midlands
WV10 9RU

**Chartered Certified Accountants' Report to the Board of Directors on the Preparation of the
Unaudited Statutory Accounts of
Bliss Yoga & Relaxation Ltd
for the Year Ended 28 February 2017**

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the accounts of Bliss Yoga & Relaxation Ltd for the year ended 28 February 2017 as set out on pages 3 to 4 from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed at <http://www.accaglobal.com/gb/en/discover/public-value/rulebook.html>.

This report is made solely to the Board of Directors of Bliss Yoga & Relaxation Ltd, as a body, in accordance with the terms of our engagement letter. Our work has been undertaken solely to prepare for your approval the accounts of Bliss Yoga & Relaxation Ltd and state those matters that we have agreed to state to the Board of Directors of Bliss Yoga & Relaxation Ltd, as a body, in this report in accordance with the requirements of the Association of Chartered Certified Accountants as detailed at <http://www.accaglobal.com/gb/en/technical-activities/technical-resources-search/2009/october/factsheet-163-audit-exempt-companies.html>. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Bliss Yoga & Relaxation Ltd and its Board of Directors as a body for our work or for this report.

It is your duty to ensure that Bliss Yoga & Relaxation Ltd has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and profit of Bliss Yoga & Relaxation Ltd. You consider that Bliss Yoga & Relaxation Ltd is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the accounts of Bliss Yoga & Relaxation Ltd. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory accounts.

.....
Allen Rose
Chartered Certified Accountants
PA068 Technology Centre
Wolverhampton Science Park
Glaisher Drive
Wolverhampton
West Midlands
WV10 9RU

24 November 2017

Bliss Yoga & Relaxation Ltd
(Registration number: 07965086)
Balance Sheet as at 28 February 2017

	Note	2017 £	2016 £
Fixed assets		3,400	-
Current assets		23,777	32,196
Creditors: Amounts falling due within one year		(5,679)	(7,548)
Net current assets		18,098	24,648
Total assets less current liabilities		21,498	24,648
Accruals and deferred income		(1,033)	(1,693)
		20,465	22,955
Capital and reserves		20,465	22,955

Notes to the Financial Statements

1 General information

The company is a private company limited by share capital incorporated in England and Wales.

The address of its registered office is:

26-27 Anchor Parade
Aldridge
Walsall
West Midlands
WS9 8QP

These financial statements were authorised for issue by the Board on 24 November 2017.

Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with FRS 105 'The Financial Reporting Standard applicable to the Micro-entities Regime'.

2 Related party transactions

Transactions with directors

	At 1 March 2016 £	Advances to directors £	Repayments by director £	At 28 February 2017 £
2017				
M Nicklin	1,647	25,203	(23,627)	3,223

The notes on pages 3 to 4 form an integral part of these financial statements.

Page 3

Bliss Yoga & Relaxation Ltd

(Registration number: 07965086)

Balance Sheet as at 28 February 2017 (continued)

Notes to the Financial Statements (continued)

	At 1 March 2015 £	Advances to directors £	Repayments by director £	At 29 February 2016 £
2016				
M Nicklin	(14,188)	20,116	(4,281)	1,647

For the financial year ending 28 February 2017 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

Approved and authorised by the Board on 24 November 2017 and signed on its behalf by:

.....

M Nicklin

Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.