

**Return of Allotment of Shares**Company Name: **Rapid Nutrition plc**Company Number: **07905640**Received for filing in Electronic Format on the: **21/03/2024**

XCZCU2RL

Shares Allotted (including bonus shares)Date or period during which
shares are allottedFrom
13/03/2024To
13/03/2024**Class of Shares: ORDINARY**Currency: **GBP**Number allotted **861401**Nominal value of each share **0.0001**Amount paid: **0.04967**Amount unpaid: **0.0**

No shares allotted other than for cash

Class of Shares: ORDINARYCurrency: **GBP**Number allotted **1693063**Nominal value of each share **0.0001**Amount paid: **0.06702**Amount unpaid: **0.0**

No shares allotted other than for cash

Statement of Capital (Share Capital)

Class of Shares:	DEFERRED	Number allotted	23265104
Currency:	GBP	Aggregate nominal value:	23032452.96

Prescribed particulars

THE SHARES CARRY NO RIGHTS TO RECEIVE NOTICE OF, OR TO ATTEND, SPEAK OR VOTE AT ANY GENERAL MEETING; THEY CONFER NO RIGHT TO PARTICIPATE IN DIVIDENDS OR OTHER DISTRIBUTIONS; HOLDERS SHALL PARTICIPATE IN A WINDING-UP OR A RETURN OF CAPITAL TO THE EXTENT OF THE NOMINAL VALUE OF SUCH SHARES ONLY AFTER THE HOLDERS OF ORDINARY SHARES HAVE BEEN PAID THE AMOUNT OF £1,000,000 ON EACH SUCH SHARE HELD AND SHALL NOT BE ENTITLED TO ANY FURTHER PARTICIPATION IN ASSETS. NO SHARE CERTIFICATES SHALL BE ISSUED IN RESPECT OF THE SHARES AND THEY SHALL NOT BE TRANSFERABLE EXCEPT UPON PURCHASE BY THE COMPANY OR WITH THE UNANIMOUS WRITTEN CONSENT OF THE DIRECTORS. THE COMPANY MAY CREATE, ALLOT AND ISSUE FURTHER SHARES, WHETHER RANKING PARI PASSU WITH OR IN PRIORITY TO THE DEFERRED SHARES, WHICH SHALL NOT INVOLVE A VARIATION OF RIGHTS OR REQUIRE THE CONSENT OF THE HOLDERS OF DEFERRED SHARES. THE COMPANY HAS THE IRREVOCABLE AUTHORITY AT ANY TIME TO PURCHASE ALL OR ANY OF THE DEFERRED SHARES IN ACCORDANCE WITH THE ACT WITHOUT OBTAINING THE CONSENT OF THE HOLDERS THEREOF AND IN CONSIDERATION OF THE PAYMENT TO EACH OF THE HOLDERS WHOSE SHARES ARE PURCHASED OF AN AMOUNT EQUAL TO ONE PENNY AND TO CANCEL ALL OR ANY OF THE SHARES SO PURCHASED IN ACCORDANCE WITH THE ACT.

Class of Shares:	DEFERRED	Number allotted	435935792
Currency:	GBP	Aggregate nominal value:	4315764.34

Prescribed particulars

THE SHARES CARRY NO RIGHTS TO RECEIVE NOTICE OF, OR TO ATTEND, SPEAK OR VOTE AT ANY GENERAL MEETING; THEY CONFER NO RIGHT TO PARTICIPATE IN DIVIDENDS OR OTHER DISTRIBUTIONS; HOLDERS SHALL PARTICIPATE IN A WINDING-UP OR A RETURN OF CAPITAL TO THE EXTENT OF THE NOMINAL VALUE OF SUCH SHARES ONLY AFTER THE HOLDERS OF ORDINARY SHARES HAVE BEEN PAID THE AMOUNT OF £1,000,000 ON EACH SUCH SHARE HELD AND SHALL NOT BE ENTITLED TO ANY FURTHER PARTICIPATION IN ASSETS. NO SHARE CERTIFICATES SHALL BE ISSUED IN RESPECT OF THE SHARES AND THEY SHALL NOT BE TRANSFERABLE EXCEPT UPON PURCHASE BY THE COMPANY OR WITH THE UNANIMOUS WRITTEN CONSENT OF THE DIRECTORS. THE COMPANY MAY CREATE, ALLOT AND ISSUE FURTHER SHARES, WHETHER RANKING PARI PASSU WITH OR IN PRIORITY TO THE DEFERRED SHARES, WHICH SHALL NOT INVOLVE A VARIATION OF RIGHTS OR REQUIRE THE CONSENT OF THE HOLDERS OF DEFERRED SHARES. THE COMPANY HAS THE IRREVOCABLE AUTHORITY AT ANY TIME TO PURCHASE ALL OR ANY OF THE DEFERRED SHARES IN ACCORDANCE WITH THE ACT WITHOUT OBTAINING THE CONSENT OF THE HOLDERS THEREOF AND IN CONSIDERATION OF THE PAYMENT TO EACH OF THE HOLDERS WHOSE SHARES ARE PURCHASED OF AN AMOUNT EQUAL TO ONE PENNY AND TO CANCEL ALL OR ANY OF THE SHARES SO PURCHASED IN ACCORDANCE WITH THE ACT.

Class of Shares:	DEFERRED	Number allotted	4785474
Currency:	GBP	Aggregate nominal value:	478068.85
Prescribed particulars			

THE SHARES CARRY NO RIGHTS TO RECEIVE NOTICE OF, OR TO ATTEND SPEAK OR VOTE AT ANY GENERAL MEETING; THEY CONFER NO RIGHT TO PARTICIPATE IN DIVIDENDS OR OTHER DISTRIBUTIONS; HOLDERS SHALL PARTICIPATE IN A WINDING-UP OR A RETURN OF CAPITAL TO THE EXTENT OF THE NOMINAL VALUE OF SUCH SHARES ONLY AFTER THE HOLDERS OF ORDINARY SHARES HAVE BEEN PAID THE AMOUNT OF £1,000,000 ON EACH SUCH SHARE HELD AND SHALL NOT BE ENTITLED TO ANY FURTHER PARTICIPATION IN ASSETS. NO SHARE CERTIFICATES SHALL BE ISSUED IN RESPECT OF THE SHARES AND THEY SHALL NOT BE TRANSFERABLE EXCEPT UPON PURCHASE BY THE COMPANY OR WITH THE UNANIMOUS WRITTEN CONSENT OF THE DIRECTORS. THE COMPANY MAY CREATE, ALLOT AND ISSUE FURTHER SHARES, WHETHER RANKING PARI PASSU WITH OR IN PRIORITY TO THE DEFERRED SHARES, WHICH SHALL NOT INVOLVE A VARIATION OF RIGHTS OR REQUIRE THE CONSENT OF THE HOLDERS OF DEFERRED SHARES. THE COMPANY HAS THE IRREVOCABLE AUTHORITY AT ANY TIME TO PURCHASE ALL OR ANY OF THE DEFERRED SHARES IN ACCORDANCE WITH THE ACT WITHOUT OBTAINING THE CONSENT OF THE HOLDERS THEREOF AND IN CONSIDERATION OF THE PAYMENT TO EACH OF THE HOLDERS WHOSE SHARES ARE PURCHASED OF AN AMOUNT EQUAL TO ONE PENNY AND TO CANCEL ALL OR ANY OF THE SHARES SO PURCHASED IN ACCORDANCE WITH THE ACT.

Class of Shares:	ORDINARY	Number allotted	13639005
Currency:	GBP	Aggregate nominal value:	1363.9

Prescribed particulars

THE SHARES HAVE ATTACHED TO THEM FULL VOTING, DIVIDEND AND CAPITAL DISTRIBUTION (INCLUDING ON WINDING UP) RIGHTS; THEY DO NOT CONFER ANY RIGHTS OF REDEMPTION.

Statement of Capital (Totals)

Currency:	GBP	Total number of shares:	477625375
		Total aggregate nominal value:	27827650.05
		Total aggregate amount unpaid:	0

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Administrator, Administrative Receiver, Receiver, Receiver Manager, CIC Manager.