

**HELP TO HEALTH CHIROPRACTIC LTD**  
**UNAUDITED ACCOUNTS**  
**FOR THE YEAR ENDED 31 MARCH 2018**

**HELP TO HEALTH CHIROPRACTIC LTD**  
**UNAUDITED ACCOUNTS**  
**CONTENTS**

---

	<b>Page</b>
<u>Company information</u>	<u>3</u>
<u>Statement of financial position</u>	<u>4</u>
<u>Notes to the accounts</u>	<u>5</u>

**HELP TO HEALTH CHIROPRACTIC LTD**  
**COMPANY INFORMATION**  
**FOR THE YEAR ENDED 31 MARCH 2018**

---

<b>Director</b>	Mark Davies
<b>Company Number</b>	07898917 (England and Wales)
<b>Registered Office</b>	2 The Moorings Conyer Sittingbourne Kent ME9 9HQ UK
<b>Accountants</b>	Capsa Accounting Ltd 2 The Moorings Conyer Sittingbourne Kent ME9 9HQ

**HELP TO HEALTH CHIROPRACTIC LTD**  
**STATEMENT OF FINANCIAL POSITION**  
**AS AT 31 MARCH 2018**

	Notes	2018 £	2017 £
<b>Fixed assets</b>			
Tangible assets	<u>4</u>	898	96
<b>Current assets</b>			
Debtors	5	1,759	2,768
Cash at bank and in hand		104,153	89,258
		<u>105,912</u>	<u>92,026</u>
<b>Creditors: amounts falling due within one year</b>	<u>6</u>	(13,562)	(32,250)
<b>Net current assets</b>		<u>92,350</u>	<u>59,776</u>
<b>Net assets</b>		<u>93,248</u>	<u>59,872</u>
<b>Capital and reserves</b>			
Called up share capital	<u>7</u>	1	1
Profit and loss account		93,247	59,871
<b>Shareholders' funds</b>		<u>93,248</u>	<u>59,872</u>

For the year ending 31 March 2018 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - Small Entities. The profit and loss account has not been delivered to the Registrar of Companies.

Approved by the Board on 23 May 2018.

Mark Davies  
Director

Company Registration No. 07898917

# HELP TO HEALTH CHIROPRACTIC LTD

## NOTES TO THE ACCOUNTS

### FOR THE YEAR ENDED 31 MARCH 2018

---

#### 1 Statutory information

Help to Health Chiropractic Ltd is a private company, limited by shares, registered in England and Wales, registration number 07898917. The registered office is 2 The Moorings, Conyer, Sittingbourne, Kent, ME9 9HQ, UK.

#### 2 Compliance with accounting standards

The accounts have been prepared in accordance with the provisions of FRS 102 Section 1A Small Entities. There were no material departures from that standard.

#### 3 Accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year, and also have been consistently applied within the same accounts.

##### *Basis of preparation*

The accounts have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets.

##### *Presentation currency*

The accounts are presented in £ sterling.

##### *Turnover*

Turnover represents the value, net of VAT and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

##### *Tangible fixed assets policy*

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives:

Plant & machinery	33% Straight Line
Fixtures & fittings	33% Straight Line
Computer equipment	33% Straight Line

#### 4 Tangible fixed assets

	Plant & machinery £	Fixtures & fittings £	Computer equipment £	Total £
<b>Cost or valuation</b>	At cost	At cost	At cost	
At 1 April 2017	1,888	875	1,198	3,961
Additions	1,347	-	-	1,347
At 31 March 2018	3,235	875	1,198	5,308
<b>Depreciation</b>				
At 1 April 2017	1,792	875	1,198	3,865
Charge for the year	96	-	449	545
At 31 March 2018	1,888	875	1,647	4,410
<b>Net book value</b>				
At 31 March 2018	1,347	-	(449)	898
At 31 March 2017	96	-	-	96

**HELP TO HEALTH CHIROPRACTIC LTD**  
**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED 31 MARCH 2018**

---

<b>5 Debtors</b>	<b>2018</b>	<b>2017</b>
	<b>£</b>	<b>£</b>
Accrued income and prepayments	1,219	2,228
Other debtors	540	540
	<hr/>	<hr/>
	1,759	2,768
	<hr/>	<hr/>
<b>6 Creditors: amounts falling due within one year</b>	<b>2018</b>	<b>2017</b>
	<b>£</b>	<b>£</b>
Taxes and social security	13,270	15,258
Loans from directors	292	16,742
Accruals	-	250
	<hr/>	<hr/>
	13,562	32,250
	<hr/>	<hr/>
<b>7 Share capital</b>	<b>2018</b>	<b>2017</b>
	<b>£</b>	<b>£</b>
Allotted, called up and fully paid:		
1 Ordinary shares of £1 each	1	1
	<hr/>	<hr/>
<b>8 Controlling party</b>		
Mark Davies owns 100% of the share capital and is the sole director		
<b>9 Average number of employees</b>		
During the year the average number of employees was 1 (2017: 1).		

