**Unaudited Financial Statements** 

for the Year Ended 31st December 2022

for

**ProSport Physiotherapy Limited** 

Robin Oatridge & Co Limited Chartered Certified Accountants Black Bull House 353-355 Station Road Bamber Bridge Preston Lancashire PR5 6EE

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## **ProSport Physiotherapy Limited**

## **Company Information** for the year ended 31st December 2022

**DIRECTORS:** Mr D O'Sullivan

Mrs G M O'Sullivan

**REGISTERED OFFICE:** Black Bull House

353-355 Station Road

Bamber Bridge Preston

Lancashire PR5 6EE

**REGISTERED NUMBER:** 07885920 (England and Wales)

**ACCOUNTANTS:** Robin Oatridge & Co Limited Chartered Certified Accountants

Black Bull House

353-355 Station Road Bamber Bridge Preston

Lancashire PR5 6EE

## ProSport Physiotherapy Limited (Registered number: 07885920)

## Balance Sheet 31st December 2022

		2022		2021	
	Notes	£	£	£	£
FIXED ASSETS					
Tangible assets	4		1,439		533
CURRENT ASSETS					
Stocks		850		900	
Debtors	5	22,128		24,860	
Cash at bank and in hand		20,067_		78,950	
		43,045		104,710	
CREDITORS					
Amounts falling due within one year	6	5,397_		48,538	
NET CURRENT ASSETS			37,648_		56,172
TOTAL ASSETS LESS CURRENT					
LIABILITIES			<u>39,087</u>		56,705
CAPITAL AND RESERVES					
Called up share capital			100		100
Retained earnings			38,987_		56,605
SHAREHOLDERS' FUNDS			<u>39,087</u>		<u>56,705</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st December 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st December 2022 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the Board of Directors and authorised for issue on 21st September 2023 and were signed on its behalf by:

Mr D O'Sullivan - Director

## ProSport Physiotherapy Limited (Registered number: 07885920)

## Notes to the Financial Statements for the year ended 31st December 2022

## 1. STATUTORY INFORMATION

ProSport Physiotherapy Limited is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

## 2. ACCOUNTING POLICIES

### Basis of preparing the financial statements

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

#### Turnover

Turnover represents net services invoiced, excluding value added tax.

## Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery

- 15% on reducing balance

#### Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items

#### Taxation

Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

### Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

## Hire purchase and leasing commitments

Rentals paid under operating leases are charged to profit or loss on a straight line basis over the period of the lease.

#### Pension costs and other post-retirement benefits

The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to profit or loss in the period to which they relate.

## 3. EMPLOYEES AND DIRECTORS

The average number of employees during the year was 9 (2021 - 10).

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## ProSport Physiotherapy Limited (Registered number: 07885920)

# Notes to the Financial Statements - continued for the year ended 31st December 2022

## 4. TANGIBLE FIXED ASSETS

			Plant and machinery
	COST		£
	At 1st January 2022		2,398
	Additions		1,160
	At 31st December 2022		3,558
	DEPRECIATION .		
	At 1st January 2022		1,865
	Charge for year		254
	At 31st December 2022		2,119
	NET BOOK VALUE		
	At 31st December 2022		1,439
	At 31st December 2021		533
5.	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
		2022	2021
		£	£
	Trade debtors	4,600	385
	Other debtors	<u>17,528</u>	24,475
		22,128	24,860
6.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
		2022	2021
		£	£
	Taxation and social security	-	24,052
	Other creditors	5,397	24,486
		5,397	48,538

## 7. LEASING AGREEMENTS

The company has an annual lease commitment of £15,000 per year that expires in October 2023.

## 8. **RELATED PARTY DISCLOSURES**

ProSport Academy Limited and West Yorkshire Wellness Limited are part of the same group as the company.

As at 31 December 2022, the company owed ProSport Academy Limited £2,450 in the form of a loan, no interest was charged (2021 - £12,400 was owed to the company and nil).

As at 31 December 2022, ProSport Wellness Limited owed the company £15,373 in the form of a loan, no interest was charged (2021 - £8,473 and nil).

## 9. ULTIMATE CONTROLLING PARTY

The company is a 100% owned subsidiary of ProSport Holdings Limited, a company which is controlled by the directors.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.