

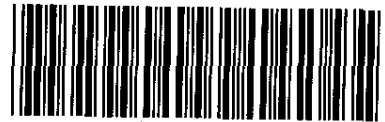
LIQ13

Notice of final account prior to dissolution in MVL



Companies House

WEDNESDAY



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A04

30/10/2019

#312

COMPANIES HOUSE

1 Company details

Company number 0 7 8 7 9 1 6 4

Company name in full Adhere Training Limited

→ Filling in this form

Please complete in typescript or in
bold black capitals.

2 Liquidator's name

Full forename(s) Peter John

Surname Godfrey-Evans

3 Liquidator's address

Building name/number 21 Lombard Street

Street

Post town London

County/Region

Postcode E C 3 V 9 A H

Country

4 Liquidator's name ①

Full forename(s) Christopher

Surname Laughton

① Other liquidator

Use this section to tell us about
another liquidator.

5 Liquidator's address ②

Building name/number 21 Lombard Street

Street London

Post town EC3V 9AH

County/Region

Postcode

Country

② Other liquidator

Use this section to tell us about
another liquidator.

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6

Final account

☒ I have delivered the final account of the winding up to the members in accordance with Section 94(2) and attach a copy.

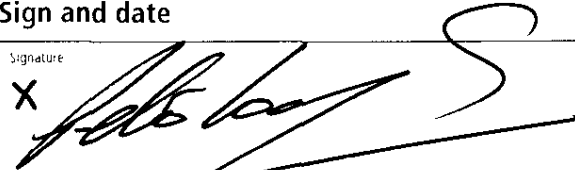
7

Sign and date

Liquidator's signature

Signature

X



X

Signature date

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2

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8

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y

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y

1

y

9

LIQ13

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Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name **James Bryan**

Company name **Mercer & Hole**

Address
21 Lombard Street
London

Post town **EC3V 9AH**

County/Region

Postcode

Country

DX

Telephone **Tel: (020) 7236 2601**



Checklist

We may return forms completed incorrectly or with information missing.

Please make sure you have remembered the following:

- ☐ The company name and number match the information held on the public Register.
- ☐ You have attached the required documents.
- ☐ You have signed the form.



Important information

All information on this form will appear on the public record.



Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the address below:

The Registrar of Companies, Companies House,
Crown Way, Cardiff, Wales, CF14 3UZ.
DX 33050 Cardiff.



Further information

For further information please see the guidance notes on the website at www.gov.uk/companieshouse or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.gov.uk/companieshouse

**IN THE MATTER OF
ADHERE TRAINING LIMITED – IN MEMBERS' VOLUNTARY LIQUIDATION
JOINT LIQUIDATORS' FINAL ACCOUNT
19 DECEMBER 2018 TO 28 OCTOBER 2019**

**PETER JOHN GODFREY-EVANS AND CHRISTOPHER LAUGHTON
JOINT LIQUIDATORS**

APPOINTED 19 DECEMBER 2018

**MERCER & HOLE
7TH FLOOR
21 LOMBARD STREET
LONDON
EC3V 9AH**

**Mercer
&Hole**

CONTENTS

- 1 Statutory Information**
- 2 Final Account**
- 3 Joint Liquidators' Remuneration and Expenses**
- 4 Distribution to Sole Shareholder**

APPENDICES

- A Joint Liquidators' Receipts and Payment Account**
- B Statement of Policy on Fees and Disbursements**

1 Statutory Information

Name	Adhere Training Limited ("the company")
Registered Number	07879164
Registered office	7 th Floor 21 Lombard Street London EC3V 9AH
Trading Address	25 Farringdon Street London EC4A 4AB
Date of appointment	19 December 2018
Joint Liquidators	Peter Godfrey-Evans and Christopher Laughton
Joint Liquidators' Address	7 th Floor 21 Lombard Street London EC3V 9AH
Appointed by	Members

2 Final Account

- 2.1 A notice accompanying the proposed final account delivered to the sole shareholder on 30 September 2019 stated the Joint Liquidators intended to deliver a final account in accordance with Section 94(2) of the Insolvency Act 1986 to the members on 2 December 2019, once the company's affairs were fully wound up. On 10 October 2019, the sole shareholder confirmed that they do not intend to make a written request for further information about remuneration or expenses or make an application to court on the grounds that the remuneration charged or expenses incurred are excessive. This is the Joint Liquidators' final account.
- 2.2 Attached to this report is a notice stating that the joint liquidators will vacate office and be released under section 171 of the Insolvency Act 1986 on delivering the final account to the registrar of companies.
- 2.3 The following report provides the members with a summary of the administration of the liquidation of the company for the period 19 December 2018 to 28 October 2019. This report should be read in conjunction with the attached receipts and payments account at Appendix A. This report has been prepared in accordance with the Insolvency (England and Wales) Rules 2016 ("the Rules").
- 2.4 The only asset included in the Declaration of Solvency ("DoS") was an intercompany receivable totalling £1 due from RSM HR Limited, the company's sole shareholder.
- 2.5 The DoS showed that the company had no liabilities. We have received no creditor claims during the liquidation.

- 2.6 We obtained final clearance from HM Revenue & Customs to close the liquidation.

3 Joint Liquidators' Remuneration and Expenses

- 3.1 At the meeting of members held on 19 December 2018, a resolution was passed that the costs and expenses of the liquidation be fixed at £2,950 plus disbursements and VAT. The disbursements included statutory advertising, specific bond and land registry searches. These costs will be met by RSM UK Holdings Limited.
- 3.2 Mercer & Hole's Statement of Policy of Fees and Disbursements is attached at Appendix B.

4 Distribution to Sole Shareholder

- 4.1 A first and final distribution *in specie* of the intercompany receivable to the sole shareholder was declared on 30 September 2019. The total amount distributed *in specie* was £1.

If you require any further information please do not hesitate to contact James Bryan at jamesbryan@mercerhole.co.uk.



Peter Godfrey-Evans
Joint Liquidator

28 October 2019

APPENDIX A
JOINT LIQUIDATORS' RECEIPTS AND PAYMENTS ACCOUNT
FOR THE PERIOD
19 DECEMBER 2018 TO 28 OCTOBER 2019

Adhere Training Limited
(In Liquidation)
Joint Liquidators' Summary of Receipts & Payments
To 28/10/2019

Dec of Sol £		£	£
ASSET REALISATIONS			
1.00	Book Debts	1.00	1.00
DISTRIBUTIONS			
	Ordinary Shareholders - in Specie	1.00	(1.00)
1.00			NIL
REPRESENTED BY			NIL

Note:

STATEMENT OF POLICY ON FEES AND DISBURSEMENTS IN INSOLVENCY PROCEEDINGS

1 Introduction

This statement has been prepared in accordance with the guidelines set out in Statement of Insolvency Practice 9 issued by the Association of Business Recovery Professionals (R3) as at 1 December 2015.

The following information applies to all appointments of partners or staff of Mercer & Hole, Chartered Accountants, to act as any of the following:-

Liquidator, Receiver, Administrator or Administrative Receiver of a Limited Company
Trustee in Bankruptcy
Supervisor of an Individual, Company or Partnership Voluntary Arrangement

When acting as a Nominee, the provisions of the Insolvency Act require that the amount of the fees payable to the office holder be specified within the Debtor's Proposal. Such fees will nevertheless be fixed to take account of the office holder's expected time costs arising as referred to below.

2 Policy on fees

The Insolvency (England and Wales) Rules 2016 set out the basis on which office holders' fees may be fixed. For detailed information on the basis on which fees can be charged and creditors rights to information please refer to the relevant creditors' guides to insolvency practitioners' fees on the Restructuring and Insolvency section of our website at www.mercerhole.co.uk/creditor-insolvency-guidance. Unless otherwise agreed we will charge our fees by reference to time costs, as incurred, and will be paid monthly. Where required our fees will be subject to estimates agreed appropriately with creditors before the fees are paid. Partners and staff book their time to each assignment using units of six minutes charged at the firm's usual rates applicable at the time the work is carried out. Rates are generally reviewed annually and may be varied from time to time. Any changes will be notified in the next report to members and creditors as appropriate.

From 1 October 2019 the maximum standard rates* applicable, are:-

Grade	£
Partner	445
Director	340
Manager	310
Other Senior Professional	182
Assistant and Support Staff	125

*Rates vary between individuals, reflecting experience and qualification. For certain more complex tasks, Mercer & Hole may seek to apply a higher rate in respect of work to be undertaken, but subject to prior authorisation in accordance with the Act. Charge out rates incorporate a charge for the firm's overheads but these do not incorporate the costs of secretarial, administrative and cashiering services which are charged separately. All rates are subject to the rate of VAT ruling at the date of invoicing.

3 Disbursements

Sundry disbursements are split into two categories, category 1 are charges directly attributable to this case and are in respect of payment to a third party. Category 2 disbursements although they are also directly attributable to this case will not be directly payable to a third party since they represent shared or allocated costs. Disbursements will be charged in the accordance with the following standard provisions which maybe revised with changes notified to creditors on the same basis as set out above for fees. All disbursements are subject to the rate of VAT ruling at the date of invoicing.

Category 1 Disbursements

Ordinary Correspondence	No charge is levied for stationery or postage.
Circulars and Reports	A charge for UK postage of each copy as follows based upon estimated average costs: As Nominee in a Voluntary Arrangement £ 1.46 Administrators' Proposals £ 1.46 Progress and Final reports £ 1.12 Post Liquidation information pack £ 0.81 International postage is recharged at cost
Travel and Subsistence	Any properly reimbursed expenses are rechargeable.

Category 2 Disbursements

Ordinary Correspondence	No charge is levied for stationery or postage.
Circulars and Reports	A charge for production of each copy of a circular or report may be made as follows based on estimated average costs: As Nominee in a Voluntary Arrangement £ 6.40 Administrators' Proposals £ 6.40 Progress and Final reports £ 2.00 Post Liquidation information pack £ 1.10
For storage	£ 8.58 per box per annum, being calculated at an estimated average cost, including 15% for storage and handling cost.
For box destruction	£ 4.80 per box which includes contractors charges and an estimate in respect of the firm's handling costs.
Travel and Subsistence	The firm currently charges £0.45 per mile where staff use their own cars in connection with travel on an assignment. This rate changes from time to time but will not exceed the approved mileage rate set down by HM Revenue and Customs. Where staff are required to stay away from home overnight on an assignment they are paid a subsistence allowance to cover evening meals, currently £25 per night, which will be charged to the case.

4 Authorising Bodies

Peter Godfrey-Evans, Chris Laughton, Steve Smith and Henry Page are licensed to act as Insolvency Practitioners in the UK under the authority of the Institute of Chartered Accountants in England & Wales and each holds an enabling bond for the purpose of receiving appointments under their licences. They are also bound by the Insolvency Code of Ethics.