

Amending
PULSE FIT PT LIMITED
ANNUAL REPORT AND UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 30 NOVEMBER 2016

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PULSE FIT PT LIMITED
ANNUAL REPORT AND UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 30 NOVEMBER 2016

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**PULSE FIT PT LIMITED
COMPANY INFORMATION
FOR THE YEAR ENDED 30 NOVEMBER 2016**

Director	Iain Morrison
Company Number	7864759 (England and Wales)
Registered Office	33 Fairfield North Cave Brough East Yorkshire HU15 2LD
Accountants	Hemingway Bailey Ltd. Colonial House Swinemoor Lane Beverley East Riding-Yorkshire HU17 0LS

**PULSE FIT PT LIMITED
DIRECTOR'S REPORT
FOR THE YEAR ENDED 30 NOVEMBER 2016**

The director presents his report and accounts for the year ended 30 November 2016.

Principal activity

The company's principal activity continue to be that of fitness training

Directors

Iain Morrison held office during the whole of the period.

Statement of directors' responsibilities

The directors are responsible for preparing the report and accounts in accordance with applicable law and regulations.

Company law requires the directors to prepare accounts for each financial year. Under that law, the directors have elected to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing these accounts, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small company provisions

This report has been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

Signed on behalf of the board of directors

Iain Morrison

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Iain Morrison
Director

Approved by the board on: 30 April 2018

PULSE FIT PT LIMITED
STATEMENT OF FINANCIAL POSITION
AS AT 30 NOVEMBER 2016

	2016	2015
	£	£
Fixed assets	4,363	5,779
Current assets	852	2,423
Creditors: amounts falling due within one year	(6,651)	(8,351)
Net current liabilities	(5,799)	(5,928)
Total assets less current liabilities	(1,436)	(149)
Accruals and deferred income	(864)	-
Net liabilities	(2,300)	(149)
Capital and reserves	(2,300)	(149)

NOTES TO THE ACCOUNTS

1 Director's advances, credit and guarantees

Directors loan is interest free and repayable on demand

For the year ending 30 November 2016 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime.

Approved by the board on 30 April 2018

Iain Morrison

Iain Morrison
Director

Company Registration No. 7864759