

**PULSE FIT PT LIMITED**  
**ABBREVIATED UNAUDITED ACCOUNTS**  
**FOR THE YEAR ENDED 30 NOVEMBER 2015**

**PULSE FIT PT LIMITED**  
**ABBREVIATED BALANCE SHEET**  
**AS AT 30 NOVEMBER 2015**

	Notes	2015 £	2014 £
<b>Fixed assets</b>			
Tangible assets	<u>2</u>	5,779	837
<b>Current assets</b>			
Debtors		2,326	-
Cash at bank and in hand		97	134
		<u>2,423</u>	<u>134</u>
<b>Creditors: amounts falling due within one year</b>		(8,351)	(7,916)
<b>Net current liabilities</b>		<u>(5,928)</u>	<u>(7,782)</u>
<b>Net liabilities</b>		(149)	(6,945)
<b>Capital and reserves</b>			
Called up share capital	<u>3</u>	1	1
Profit and loss account		(150)	(6,946)
<b>Total shareholders' funds</b>		<u>(149)</u>	<u>(6,945)</u>

For the year ending 30 November 2015 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2008).

Approved by the board on 31 August 2016

Iain Morrison  
Director

Company Registration No. 7864759

**PULSE FIT PT LIMITED**  
**NOTES TO THE ABBREVIATED ACCOUNTS**  
**FOR THE YEAR ENDED 30 NOVEMBER 2015**

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**1 Accounting policies**

***Basis of preparation***

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

***Turnover***

Turnover represents the value, net of VAT and discounts, in respect of services provided to customers.

***Tangible fixed assets policy***

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives:

Plant & machinery	33% Straight Line
Motor vehicles	20% Straight Line
Computer equipment	33% Straight Line

***Going Concern***

The directors have not identified any material uncertainties related to events or conditions that may cause significant doubt about the companies ability to continue as a going concern. The director is willing to support the company.

**2 Tangible fixed assets**

	<b>Plant &amp; machinery</b>	<b>Motor vehicles</b>	<b>Computer equipment</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Cost</b>				
At 1 December 2014	2,513	-	259	2,772
Additions	-	6,000	-	6,000
At 30 November 2015	2,513	6,000	259	8,772
<b>Depreciation</b>				
At 1 December 2014	1,784	-	151	1,935
Charge for the year	472	500	86	1,058
At 30 November 2015	2,256	500	237	2,993
<b>Net book value</b>				
At 30 November 2015	257	5,500	22	5,779
At 30 November 2014	729	-	108	837

**3 Share capital**

	<b>2015</b>	<b>2014</b>
	<b>£</b>	<b>£</b>
Allotted, called up and fully paid:		
1 Ordinary shares of £1 each	1	1

