

VITALITY360 LTD

Abridged Accounts

Period of accounts

Start date: 01 December 2017

End date: 30 November 2018

VITALITY360 LTD

Contents Page

For the year ended 30 November 2018

Statement of Financial Position

VITALITY360 LTD
Statement of Financial Position
As at 30 November 2018

		2018	2017
	£	£	£
Fixed assets		1,420	1,709
Current assets	23,981		48,975
Prepayments and accrued income	551		584
Creditors: amount falling due within one year	(2,490)		(17,393)
Net current assets		22,042	32,166
Total assets less current liabilities		23,462	33,875
Accruals and deferred income		(241)	(241)
Net assets		23,221	33,634
 Capital and reserves		 23,221	 33,634

NOTES TO THE ACCOUNTS

General Information

Vitality360 Ltd is a private company, limited by shares, domiciled in England and Wales, registration number 07840165, registration address Unit 36, 88-90 Hatton Garden, London, EC1N 8PN.

1. Accounting Policies

Significant accounting policies

Statement of compliance

These financial statements have been prepared in compliance with FRS 105 – The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006.

Basis of preparation

The financial statements have been prepared on the going concern basis and under the historical cost convention as modified by the revaluation of land and buildings and certain financial instruments measured at fair value in accordance with the accounting policies. The financial statements are prepared in sterling which is the functional currency of the company.

2. Average No.of Employees

The average number of persons (including directors) employed by the company during the year were-
7 (2017 - 7)

For the year ended 30 November 2018 the company was entitled to exemption from audit under section 477 of the companies act 2006 relating to small companies.

Director's Responsibilities:

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476

The directors acknowledge their responsibilities for complying with the requirements of the companies act 2006 with respect to accounting records and the preparation of accounts

These accounts have been prepared in accordance with the micro-entity provisions of the companies act 2006 and FRS 105, The financial reporting standard applicable to the micro-entities regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

The members have agreed to the preparation of abridged accounts.

Signed on behalf of the board of director

Jessica Bavinton
Director

Date approved by the board: 18 February 2019

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.