

Sikh Social and Welfare Association and Day Care Centre CIC

Company Number 07832851

Balance Sheet as at 31/03/2017

	2016	2017
Fixed Assets		
Tangible Asset - Property	0	0
Current Assets		
Cash at Bank and in Hand	7726.12	5825.27
Total Current Assets	7726.12	5825.27
	0	
Creditors		
Creditors Amount falling due within 1 year	890.00	160.00
Total current assets minus liabilities	6836.12	5665.27
Total net assets (liabilities)	6836.12	5665.27
Company Reserves		
Other reserves	0	0
Surplus funds	6836.12	5665.27
Total Company Funds	6836.12	5665.27

"For the year ending 31/03/2017, the company was entitled to exemption under Section 477 of the Companies Act 2006 relating to small companies.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006. The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of the Accounts.

The Company has chosen not to include a profit and loss account.

These accounts have been prepared in accordance with the provision applicable to companies subject to the small companies regime."

Date of approval of accounts:

Director Signature:

Praful Solanki

31/03/2017

Director Name:

Praful Solanki



006101/15

~~000762/15~~

CIC 34

Community Interest Company Report

For official use (Please leave blank)	
Company Name in full	Sikh Social and Welfare Association and Day Care Centre CIC
Company Number	07832851
Year Ending	31 st March 2017

Please complete in typescript, or in bold black capitals.

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT
<p>In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a fair and accurate description of how they have benefited the community, or section of the community, which the company is intended to serve.</p> <p>During 2016-2017, the organisation serviced the Day Care Centre for 3 days a week. Participation in The Old But Young Club hosted by the Day Care Centre from 30 to 83 drop-in. Invited speakers addressed alzheimers, care for chronic illnesses and preparing a will. 28 people have sought help over pensions, 32 for funeral care options, 3 for help with installation of central heating, 44 with form filling, 18 people for housing benefit applications and 32 for challenges associated with day-to-day living. Outdoor trips were organised for those who were isolated and were unable to find the means of travel on their own. This year 10 people travelled to Amsterdam to see the Annual Flower Show. The organisation also hosts a free lunch every year for all the senior members of the community as well as hosts celebrations over many festivals such as ID, Diwali, Christmas etc., so as to integrate people from different faiths.</p> <p>The membership during this period was 80. Support was given to carers looking after parents and oher aging relatives. A survey revealed that both carers and the cared for suffer from depression because of challenges in their home and so day care visits were invaluable.</p> <p>(If applicable, please just state "A social audit report covering these points is attached").</p> <p>(Please continue on separate continuation sheet if necessary.)</p>

R. H. Gill
31/03/2017

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

The organisation continues to work in partnership with various stakeholder organisations including Social Services, Rugby Borough Council, Benn Partnership Centre, Indian Association, the temple yoga group, the Apna Ladies Group, WREP, WCAVA, Rugby Interfaith Forum, Sikh Temple, Mosque etc

An annual consultation exercise takes place every January 201. This year a focus group led consultation revealed the need to offer support which is sensitive to ethnicity and cultural needs. There was a consensus that depending on their children for support was becoming increasingly challenging. Many spoke about their need to rely financially on their children because of their inability to pay their bills. The organisation is planning a campaign in partnership with the Council to set up a benefit advisory support at the Day Care Centre.

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.


No remuneration was received

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

No transfer of assets other than for full consideration has been made

(Please continue on separate continuation sheet if necessary.)


(N.B. Please enclose a cheque for £15 payable to Companies House)


31/03/17

PART 5 – SIGNATORY

The original report must be signed by a director or secretary of the company

Signed



Date

31st March
2017

Office held (tick as appropriate) ☒ Director ☐ Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Telephone	
DX Number	DX Exchange

When you have completed and signed the form, please send it to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG



Sikh Social and Welfare Association and Day Care Centre CIC

c/o Benn Partnership Centre
Railway Terrace, Rugby – CV21 3HR
Company No: 7832851

Directors Report 31st March 2017

Activities in the past year

Structure:

The organisation has been delivering services as a social enterprise and has been submitting statutory reports and documentation as per Company Law procedures since 2011.

Staff and volunteers

The project continued to be supported by volunteers who helped with the preparation of meals, cleaning and washing up, coordinate activities for the day-care users, assist with travel arrangements for outdoor trips and help with administrative activities. The association formally thanks the following volunteers for giving their valuable time for this cause:

Balbir Kaur

Bhanubhen Patel

Maria Jose Almeida

Jaswinder Kaur Sanghera

Alvares Almeida

Summary of SSWA services

The Day Care Services continue to be delivered to the local communities 3 days a week, on Mondays, Tuesdays and Wednesdays. The average membership of the group remains 80. This year has again seen the passing away of many senior citizens and valuable members in the community. SSWA has supported the families, especially grieving partners to cope with the loss of their partners. The services have received the support of the potential beneficiaries and their families in the hope that it will be available for access on a needs basis.


Beneficiaries receive an initial assessment and therefore an annual assessment to identify their needs. This year for example, there was a consensus to provide a protein rich diet and so menus have been added to include dishes prepared with egg, soya and roasted chicken. Their preferences were also taken into account while arranging the day-trips to the seaside and the trips to the Amsterdam Flower Show.

Clients received a comprehensive assessment at the start of the year and their views have been taken into account regarding care, meals and activities. Clients benefit from tea and a healthy snack as they come in, followed by a healthy/freshly cooked meal which caters to specific diets. Information and guidance services are arranged from time to time. Clients receive 1:1 support with picking up medicines from the pharmacy, liaising with doctors, help with shopping (including online shopping) etc. Every client has an option to opt for 2 hours of cleaning a week. A DBS checked cleaner appointed by the organisation helps the client to clean their house in the allocated time.

A summary of initiatives that the association has supported is listed below:

- 'Old But Young Club' has been successful and people drop in, who do not want to access regular day-care over a cup of coffee/tea and snacks but who seek companionship once a week.
- The association organised a day-trip to the seaside, several city-trips and a trip to flower festival in Amsterdam.
- The association hosted ID, Diwali and Christmas celebrations as well as an indulgence day.
- Through the association's effort, volunteers of all ethnicities and backgrounds were supported and encouraged to work together for raising awareness of issues relating to senior citizens.

Last year, the Centre reported about the need for better reaction from the Social Services in relation to needs review of a client. In spite of formal letters written to Social Services, delays still exist in taking up cases and enquiries and in allocating a social worker to the client.


31/03/2017

Future prospects

Members have expressed the need to engage with issues relating to care and to become aware of options available to them in respect of will writing, setting up trusts and paying for care. The organisation is considering formats to deliver these requests.

Digital inclusion is a key item on the agenda, as more and more senior citizens have to access digital services for service delivery, shopping and seeking information. There has been an increase of cases where working age partners of senior citizens have been made redundant, have signed up for Universal Credit and are unable to cope with the digital demands made by Universal Credit.

We continue to work on building reserves to help the organisation become more sustainable. Despite many challenges due in the core team, we continue to foster our aim which is to host the organisation for the people and by the people.

Praful Solanki

Director's Signature

P. H. Gullu
31/03/2017

31st March 2017

Date