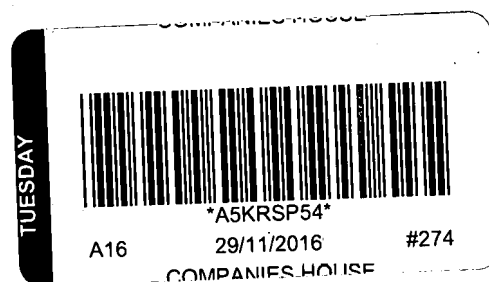


Registered number
07830581

Amended

Hench Nutrition Ltd
Abbreviated Accounts
30 November 2015



Hench Nutrition Ltd
Registered number:
Abbreviated Balance Sheet
as at 30 November 2015

07830581

	Notes	2015 £	2014 £
Fixed assets			
Intangible assets	2	252	294
Tangible assets	3	<u>62,801</u>	<u>57,870</u>
		63,053	58,164
Current assets			
Stocks		92,449	100,075
Debtors	4	57,198	8,584
Cash at bank and in hand		<u>62,338</u>	<u>107,019</u>
		211,985	215,678
Creditors: amounts falling due within one year		<u>(142,845)</u>	<u>(112,424)</u>
Net current assets		69,140	103,254
Total assets less current liabilities		<u>132,193</u>	<u>161,418</u>
Creditors: amounts falling due after more than one year		-	(15,000)
Net assets		<u>132,193</u>	<u>146,418</u>
Capital and reserves			
Called up share capital	5	1	1
Profit and loss account		<u>132,192</u>	<u>146,417</u>
Shareholders' funds		<u>132,193</u>	<u>146,418</u>

The director is satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The director acknowledges his responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

These abbreviated accounts replace the original accounts, are now the statutory accounts, and are prepared as they were at the date of the original accounts.

J. Horwell

J P Horwell
Director

Approved by the board on 28 September 2016

Hench Nutrition Ltd
Notes to the Abbreviated Accounts
for the year ended 30 November 2015

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and machinery	20% straight line
---------------------	-------------------

Stocks

Stock is valued at the lower of cost and net realisable value.

Deferred taxation

Full provision is made for deferred taxation resulting from timing differences between the recognition of gains and losses in the accounts and their recognition for tax purposes. Deferred taxation is calculated on an un-discounted basis at the tax rates which are expected to apply in the periods when the timing differences will reverse.

Foreign currencies

Transactions in foreign currencies are recorded at the rate ruling at the date of the transaction. Monetary assets and liabilities denominated in foreign currencies are translated at the rate of exchange ruling at the balance sheet date. All differences are taken to the profit and loss account.

Leasing and hire purchase commitments

Assets held under finance leases and hire purchase contracts, which are those where substantially all the risks and rewards of ownership of the asset have passed to the company, are capitalised in the balance sheet and depreciated over their useful lives. The corresponding lease or hire purchase obligation is treated in the balance sheet as a liability.

The interest element of the rental obligations is charged to the profit and loss account over the period of the lease and represents a constant proportion of the balance of capital repayments outstanding.

Rentals paid under operating leases are charged to income on a straight line basis over the lease term.

Hench Nutrition Ltd
Notes to the Abbreviated Accounts
for the year ended 30 November 2015

2 Intangible fixed assets	£
Cost	
At 1 December 2014	420
At 30 November 2015	<u>420</u>
Amortisation	
At 1 December 2014	126
Provided during the year	<u>42</u>
At 30 November 2015	<u>168</u>
Net book value	
At 30 November 2015	<u>252</u>
At 30 November 2014	<u>294</u>

3 Tangible fixed assets	£
Cost	
At 1 December 2014	66,208
Additions	<u>8,495</u>
At 30 November 2015	<u>74,703</u>
Depreciation	
At 1 December 2014	8,338
Charge for the year	<u>3,564</u>
At 30 November 2015	<u>11,902</u>
Net book value	
At 30 November 2015	<u>62,801</u>
At 30 November 2014	<u>57,870</u>

4 Debtors	2015	2014
	£	£
Debtors include:		
Amounts due after more than one year	<u>3,422</u>	<u>-</u>

5 Share capital	Nominal value	2015 Number	2015 £	2014 £
Allotted, called up and fully paid:				
Ordinary shares	£1 each	1	<u>1</u>	<u>1</u>

Registered number
07830581

original filing

Hench Nutrition Ltd

Abbreviated Accounts

30 November 2015

Hench Nutrition Ltd
Registered number:
Abbreviated Balance Sheet
as at 30 November 2015

07830581

	Notes	2015 £	2014 £
Fixed assets			
Intangible assets	2	252	294
Tangible assets	3	62,801	57,870
		<u>63,053</u>	<u>58,164</u>
Current assets			
Stocks		92,449	100,075
Debtors	4	57,198	8,584
Cash at bank and in hand		62,338	107,019
		<u>211,985</u>	<u>215,678</u>
Creditors: amounts falling due within one year		<u>(153,081)</u>	<u>(112,424)</u>
Net current assets		58,904	103,254
Total assets less current liabilities		<u>121,957</u>	<u>161,418</u>
Creditors: amounts falling due after more than one year		-	(15,000)
Net assets		<u>121,957</u>	<u>146,418</u>
Capital and reserves			
Called up share capital	5	1	1
Profit and loss account		121,956	146,417
Shareholders' funds		<u>121,957</u>	<u>146,418</u>

The director is satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

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J P Horwell
Director

Approved by the board on 28 September 2016

Hench Nutrition Ltd
Notes to the Abbreviated Accounts
for the year ended 30 November 2015

1 Accounting policies

Basis of preparation

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Rentals paid under operating leases are charged to income on a straight line basis over the lease term.

2 Intangible fixed assets

Cost,

At 1 December 2014

At 30 November 2015

£

420

420

Hench Nutrition Ltd
Notes to the Abbreviated Accounts
for the year ended 30 November 2015

Amortisation

At 1 December 2014	126
Provided during the year	42
At 30 November 2015	<u>168</u>

Net book value

At 30 November 2015	<u>252</u>
At 30 November 2014	<u>294</u>

3 Tangible fixed assets

£

Cost

At 1 December 2014	66,208
Additions	8,495
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Depreciation

At 1 December 2014	8,338
Charge for the year	3,564
At 30 November 2015	<u>11,902</u>

Net book value

At 30 November 2015	<u>62,801</u>
At 30 November 2014	<u>57,870</u>

4 Debtors

2015

2014

£

£

Debtors include:

Amounts due after more than one year

3,422

-

5 Share capital

Nominal
value

2015
Number

2015
£

2014
£

Allotted, called up and fully paid:

Ordinary shares	£1 each	1	<u>1</u>	<u>1</u>
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