Registered number 07830581

Hench Nutrition Limited
Abbreviated Accounts
30 November 2012

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Hench Nutrition Limited

Registered number:

07830581

Abbreviated Balance Sheet as at 30 November 2012

	Notes		2012
Fixed assets			£
Intangible assets	2 3		378
Tangible assets	3		4,842
			5,220
Current assets			
Stocks		10,500	
Cash at bank and in hand		33,791	
		44,291	
Creditors amounts falling due			
within one year		(48,167)	
Net current liabilities			(3,876)
Total assets less current liabilities			1,344
Creditors amounts falling due after more than one year			(4 116)
Net liabilities			(2.772)
isor nadinues			(2,772)
Capital and reserves			4
Called up share capital	4		1
Profit and loss account			(2,773)
Shareholder's funds		•	(2,772)
			(2,114)

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006

The member has not required the company to obtain an audit in accordance with section 476 of the

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime

John Harry

J P Horwell Director

Approved by the board on 29 July 2013

Hench Nutrition Limited Notes to the Abbreviated Accounts for the period ended 30 November 2012

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives

Plant and machinery

20% straight line

Stocks

Stock is valued at the lower of cost and net realisable value

Deferred taxation

Full provision is made for deferred taxation resulting from timing differences between the recognition of gains and losses in the accounts and their recognition for tax purposes. Deferred taxation is calculated on an un-discounted basis at the tax rates which are expected to apply in the periods when the timing differences will reverse.

Foreign currencies

Transactions in foreign currencies are recorded at the rate ruling at the date of the transaction Monetary assets and liabilities denominated in foreign currencies are translated at the rate of exchange ruling at the balance sheet date. All differences are taken to the profit and loss account

Going Concern

The financial statements have been prepared on the going concern basis even though the company has recorded a loss for its first year and has net current liabilities. The company has been supported by the director, who has confirmed continuing financial support for the forseeable future.

!	Intangible fixed assets	£
	Cost Additions	420
	At 30 November 2012	420
	Amortisation Provided during the period	42
	At 30 November 2012	42
	Net book value At 30 November 2012	378

Hench Nutrition Limited Notes to the Abbreviated Accounts for the period ended 30 November 2012

3	Tangible fixed assets			£
	Cost			
	Additions		_	6,052
	At 30 November 2012		-	6,052
	Depreciation			
	Charge for the period		_	1,210
	At 30 November 2012			1,210
	Net book value			
	At 30 November 2012		•	4,842
4	Share capital	Nominal	2012	2012
•	Onaie Capital	value	Number	£
	Allotted, called up and fully paid	74.44	110111001	_
	Ordinary shares	£1 each	1 .	1
		Nominal	Number	Amount
		value		£
	Shares issued during the period			
	Ordinary shares	£1 each	1 .	1_