Registered number: 7820456

TALK-IN-HERTS COUNSELLING SERVICES C I C DIRECTORS' REPORT AND UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2016

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A19 01/08/2017 COMPANIES HOUSE

Carman & Co

AFA

Middle Cottage 36 Mill Lane Welwyn Herts AL6 9ET

Talk-In-Herts Counselling Services C I C Directors' Report and Financial Statements For The Year Ended 31 October 2016

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Talk-In-Herts Counselling Services C I C Company Information For The Year Ended 31 October 2016

Directors Mrs Anita Taylor

Mrs Barbara McDonald

Company Number 7820456

Registered Office Ludwick Family Club

Hall Grove

Welwyn Garden City

Herts AL7 4PH

Accountants Carman & Co

AFA

Middle Cottage 36 Mill Lane Welwyn Herts AL6 9ET

Talk-In-Herts Counselling Services C I C Company No. 7820456 Directors' Report For The Year Ended 31 October 2016

The directors present their report and the financial statements for the year ended 31 October 2016.

Statement of Directors' Responsibilities

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing the financial statements the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Principal Activity

The company's principal activity continues to be that of counselling.

Directors

The directors who held office during the year were as follows: Mrs Anita Taylor Mrs Barbara McDonald

Small Company Rules

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

On behalf of the board

Mrs Barbara McDonald

24/07/2017

Talk-In-Herts Counselling Services C I C Accountant's Report For The Year Ended 31 October 2016

In accordance with the engagement letter dated , and in order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the financial statements of the company from the accounting records and information and explanations you have given to us.

This report is made to the directors in accordance with the terms of our engagement. Our work has been undertaken to prepare for approval by the directors the financial statements that we have been engaged to compile, to report to the directors that we have done so, and to state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's directors for our work or for this report.

You have acknowledged on the balance sheet as at year ended 31 October 2016 your duty to ensure that the company has kept proper accounting records and to prepare financial statements that give a true and fair view under the Companies Act 2006. You consider that the company is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.

24/07/2017

Carman & Co AFA

Middle Cottage 36 Mill Lane Welwyn Herts AL6 9ET

Talk-In-Herts Counselling Services C I C Profit and Loss Account For The Year Ended 31 October 2016

		2016	2015
	Notes	£	£
TURNOVER		7,777	6,341
Administrative expenses		(11,507)	(10,114)
LOSS FOR THE FINANCIAL YEAR	6	(3,730)	(3,773)

Talk-In-Herts Counselling Services C I C Balance Sheet As at 31 October 2016

		2016		20:	2015	
	Notes	£	£	£	£	
FIXED ASSETS						
Intangible Assets	3	-	<u> </u>		1,000	
					1,000	
CURRENT ASSETS					1,000	
Cash at bank and in hand		192	<u>-</u>	1,143		
		192		1 142		
		192		1,143		
Creditors: Amounts Falling Due Within One Year	4	(11,282)	-	(9,503)		
NET CURRENT ASSETS (LIABILITIES)		_	(11,090)		(8,360)	
TOTAL ASSETS LESS CURRENT LIABILITIES			(11,090)		(7,360)	
NET ASSETS		<u></u>	(11,090)		(7,360)	
CAPITAL AND RESERVES						
Called up share capital	5		3		3	
Profit and Loss Account			(11,093)		(7,363)	
SHAREHOLDERS' FUNDS	6	_	(11,090)		(7,360)	

For the year ending 31 October 2016 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2015).

On behalf of the board

Mrs Barbara McDonald

24/07/2017

000007/15

CIC 34

Community Interest Company Report

	For official use (Please leave blank)	
Please complete in typescript, or	Company Name in full	Talk-in-Herts Counselling Services CIC
in bold black capitals.	Company Number	07820456
	Year Ending	2015-2016

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

Our Company became a Community Interest Company with the aim of providing free or low-cost counselling and other therapies wherever possible to the local community. During the financial year 2015-2016, our company has benefitted the local community in the following ways:-

- We have been able to provide free or low-cost counselling to a number of individuals in the past year.
- We identified a need within the local deaf community and by forming a short-term partnership
 with another organisation, we were able to access funding which enabled us to offer free
 group therapy and workshops to the local deaf community for approximately 9 months. This
 has led on to another project, the forming of a Deaf Club, from which we aim to provide
 further group support and one-to-one counselling.
- We continue to work with other local charities and community interest companies, providing counselling and mentoring in schools and a homeless charity.

(If applicable, please just state "A social audit report covering these points is attached").

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

The Companies Stakeholders are the individuals who access our counselling services, members of the local deaf community, the partnerships we have formed with various Charities and Community Interest Companies and the two directors and counsellors who we contract out to.

We have regular meetings with members of the deaf community on how to develop our service to them. We also have periodical meetings with the other organisations and counsellors that we work with to monitor the services that we jointly provide. In addition, when running our various activities, we provide feedback forms which are collated and assessed.

As a result of our consultations with members of the deaf community, we are now involved in the setting up of a deaf club. We hope this will form the core of a wider service, including group therapy and workshops, as well as some one-to-one counselling. We are currently looking at ways of raising funding for this.

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

The aggregate amount of remuneration paid to or receivable by directors in respect of qualifying services was £6062.

There were no other transactions or arrangements in connection with the remuneration of directors or compensation for director's loss of office which require to be disclosed.

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

No transfer of assets other than for full consideration has been made.

PART 5 - SIGNATORY

The original report
must be signed by a
director or secretary
of the company

Signed & M Donld

Date

28/07/2017

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Barbara McDon	ald	
Ludwick Family	Club, Hall Grove	
Welwyn Garden	City, Herts. AL7 4PH	
	Tel	
DX Number	DX Exchange	

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38 Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 cannot be filed online

(N.B. Please enclose a cheque for £15 payable to Companies House)