



Companies House

AR01 (ef)

Annual Return



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Company Name: **CALMNESS LTD.**

Company Number: **07778042**

Date of this return: **19/09/2015**

SIC codes: **86210**

Company Type: **Private company limited by shares**

Situation of Registered Office: **THE WHITE & COMPANY GROUP 6TH FLOOR BLACKFRIARS
HOUSE
PARSONAGE
MANCHESTER
UNITED KINGDOM
M3 2JA**

Officers of the company

Company Director **1**

Type: **Person**
Full forename(s): **DOCTOR STEPHEN**

Surname: **CHAN**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **14/01/1973** *Nationality:* **BRITISH**
Occupation: **MANAGING DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	100
		<i>Aggregate nominal value</i>	100
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

ALL SHARES ISSUED ARE NON-REDEEMABLE AND RANK EQUALLY IN TERMS OF (A) VOTING RIGHTS I.E. ONE VOTE FOR EACH SHARE; (B) RIGHTS TO PARTICIPATE IN ALL APPROVED DIVIDEND DISTRIBUTIONS FOR THAT CLASS OF SHARE; AND (C) RIGHTS TO PARTICIPATE IN ANY CAPITAL DISTRIBUTION ON WINDING UP.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	100
		<i>Total aggregate nominal value</i>	100

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 19/09/2015 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : 100 ORDINARY shares held as at the date of this return
Name: STEPHEN CHAN

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.