

Charity number 1148795

Company Number 07710097



Kissing it Better

Trustees' Report and Financial Statements for the year ended July 31, 2017



***'Thank you for making me so very happy,'
Ellen Camilla Williams, 93***



Contents

Contents	Page
Legal & Administrative Information	3
Trustees' Report	4
Objectives & Activities for the Public Benefit	5
Activities, Achievements & Performance	7
Chief Executive's Report	14
Financial Review	16
Statement of Trustees' Responsibilities	17
Independent Examiner's Report	18
Statement of Financial Activities	19
Balance Sheet	20
Notes to the financial statements	21

Legal and administrative information

Trustees: Prof Angela Eleaine Thomas OBE
Richard Markham Samuda FCA
Timothy John Newman LLB
Philippa Elizabeth Davies MBE
Monica Fletcher OBE [appointed: 6.11.17]

Patrons: Dr Phil Hammond
Sir Andrew Motion
Nadhim Zahawi MP

Charity Number: 1148795

Company Number: 07710097

Registered Office: The Old Vicarage
Church Lane
Aston Cantlow
Henley in Arden
B95 6JB

Independent Examiners: H. L. Barnes and Sons
Chartered Accountants
Barclays Bank Chambers
Stratford upon Avon
CV37 6AH

Bankers: Barclays Bank PLC
Leicester
LE87 2BB

Trustees' report for the year ended 31 July 2017

The trustees, who are also the directors of the company, present their report and financial statements of the charity for the year ended 31 July 2017. The financial statements have been prepared in accordance with the accounting policies set out in note 2 to the accounts and comply with the charity's Memorandum and Articles, The Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Structure, governance and management

Kissing it Better is a Registered Charity in England & Wales (registered 3 September 2012) and a Company Limited by Guarantee. The charity is governed by its Memorandum and Articles incorporated on 19 July 2011.

The Trustees are responsible for governance and appoint staff as required for the day to day running of the charity.

Trustees are appointed by the approval of the Board of Trustees. Some of the Trustees have been involved with the charity since its inception. The Trustees all give their time voluntarily and receive no remuneration. An AGM will be called following the approval of the annual accounts.

Staff who are responsible for the charity's activities in hospitals and care homes are required to meet their training requirements in child and adult protection and health and safety as appropriate for their roles. This is arranged by agreement with each partner organisation.

Risks have been assessed for each project. Policies and procedures are constantly reviewed.

Objectives and activities for the public benefit

Overall Objectives

The objects of the charity, as defined by the Memorandum of Association:

TO PROMOTE AND PRESERVE THE GOOD HEALTH OF PATIENTS RECEIVING HEALTHCARE TREATMENT FROM HEALTHCARE AND OTHER CARE PROVIDERS (WITH PARTICULAR REGARD TO ENHANCING THE PATIENT EXPERIENCE) THROUGH THE PROVISION OF EDUCATION AND PRACTICAL ADVICE TO HEALTHCARE PROFESSIONALS IN SUCH WAYS AS THE CHARITY TRUSTEES SEE FIT, INCLUDING WITHOUT LIMITATION THE PROVISION OF ONLINE AND PHYSICAL FORUMS TO SHARE, DISSEMINATE, DISCUSS AND PROMOTE BEST PRACTICE.

To achieve this, we:

- work in partnership with hospitals and residential homes to introduce sustained and co-ordinated education and related activities which offer stimulation, conversation and companionship to patients and residents. This involves creating dynamic partnerships with colleges, universities, schools and community groups which directly benefit the existing provision of healthcare and enhance patient experience
- provide education and training to healthcare staff and management
- have developed an interactive website for sharing practical ideas and best practice to improve patient experience available to patients, carers and professionals free of charge
- develop learning material and delivered training to enable us to spread our approach and innovation to healthcare providers, including primary care.
- promote nationally the practical benefits of these ideas to the wellbeing and dignity of patients and residents in support of their clinical and nursing care
- energise communities and develop their capacity to interact with and support their local hospitals and care home

- provide opportunities for work experience and skill development to students and volunteers and raise awareness of the sensitive care of the Elderly
- provide a strong 'voice' on healthcare issues, as members of national health organisations, including the National Dignity Council, and two advisory groups to the Care Quality Commission

Questions we address:

- How can we constantly exceed a patient's expectations of their care environment?
- How can we spread swiftly transforming and innovative ideas across the whole healthcare system?
- How can we harness in this task the contributions of volunteers and the local community?
- How can we do all this in a way that uses health resources better without extensive extra funding?
- How to give testing work experience and public service experience to students to enhance their self confidence and employability

Public Benefit

The Trustees confirm that they have complied with their duty under the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission.

Activities, achievements and performance

Kissing it Better: the story so far:

In the seven years since we registered as a charity, KiB has made a profound difference to the lives of thousands of people across the country through brilliant but simple ideas. The biggest of these ideas is to create a formal framework so students can use their talents to light up the day for older people in hospitals, care homes and in the community. KiB intergenerational projects create delight through carefully planned student activities: massage and manicure, art projects, music sessions and animal visits, as well as dance and poetry. The structure of these sessions gives young people a chance to listen to older people's stories: instantly, the old feel valued and the young feel valuable. And that's the real beauty of KiB - our work helps our student volunteers just as much as the older people they visit, and the staff who care for them. We have evidence that working with *Kissing it Better* inspires and empowers young people, helping them gain a broader, more rounded understanding of life.

***'Thank you for letting me be part of Kissing it Better this year. The experience has brought me great happiness every week and allowed me to grow in many more ways than I ever thought it would. I've loved spending time with the older patients, and hearing the amazing stories of their lives.'* Daphne Papaioannou, psychology student**

The need for our service grows every year: pressure on the NHS and social care creates increasingly complex challenges for older people. Modern life is tricky to negotiate for young people too, with the pressures of academic targets and social media creating ever higher stress levels for teens.

So later this year, we will launch a new teaching programme that aims to formalise the KiB experience for students, and help bring communities together by expanding our intergenerational projects. At its heart, the programme examines how improving emotional wellbeing has a profound effect on everyone's physical health. We hope it will spread our message through schools and colleges across the country – challenging young people to think about what can be done to help older, vulnerable people feel more valued and less isolated.

"We hope that our teaching programme will also help students learn a fundamental life lesson - that when you help others, you help yourself,"

Jill Fraser, CEO, Kissing it Better

Our big story this year:

In spring 2017, we opened the country's first student-led hair and beauty salon in a hospital. We hope it will be the first of many. Warwick Hospital's Kissing it Better Hair and Beauty Salon consolidates what we've been doing in hospitals and care homes across the country for years – offering treatments to improve patient wellbeing and lift spirits. The salon acts as a hub; somewhere patients and their families can enjoy relaxing time away from the clinical atmosphere of the ward. Visitors are very welcome as we understand the stress they feel when their loved ones are ill.

The ethos of our salon is reflected in a study led by the University of Stirling which found that hair and beauty treatments are incredibly important to older people in hospital – not only do the treatments boost confidence and protect dignity, they connect the patients with a time before ill health, when their lives were 'normal'. The Stirling study found that a salon atmosphere is particularly important for people living with dementia, providing 'a familiar space' and giving them the 'opportunity for positive interaction'. A visit to a salon feels like a 'treat', and produces feelings of relaxation and comfort.

Our bright young students from Warwickshire College add an extra dimension into this mix. Their lively conversation, compassion and sense of fun create delight wherever they go. At Warwick Hospital, our hair and beauty students still work on the wards, offering bedside treatments for those who are unable to get to the salon. Their presence enlivens the atmosphere of a ward – even patients who don't want a treatment tell us that they love to watch it all happen. The Matron often drops in for a quick hand massage too, her presence indicating to the staff that's it not only fine to join in, it's important too. Our students are there for everyone.

Director of nursing Helen Lancaster strongly believes in the power of pampering: "Spending time in hospital can be distressing, so it is important we do everything we can to make the experience as comfortable as possible for our patients. Feeling like yourself is really essential for any recovery and something as simple as having your hair or nails done can help this."

The story of the new salon was covered in great detail by the local papers, and BBC Midlands Today sent a crew to cover it:

<https://www.facebook.com/MidlandsBBC/videos/10155073510134761/>

It was also featured on 'You and Yours' on BBC Radio 4; and it was the cover story in The Nursing Standard, the UK's best selling Nursing Journal. We are excited to report that our second salon is due to be opened at Watford Hospital next spring.

Other KiB good news stories:

In February 2017, ITV News made a film about our work at Ipswich Hospital, which neatly sums up how we work across the country.

We'd like to take this opportunity to thank the Ipswich Hospital Patient Experience team for their tireless support.

<https://www.youtube.com/watch?v=oVLuIUpdlws>

In June, the BBC came to Ipswich Hospital again, this time to record a feature about Ted, one of our youngest volunteers, who has been singing on the wards for KiB since he was 6 years old, supported by Nicola, our South of England music coordinator (who also happens to be his mum!).

In 2015, he was given a standing ovation when he sang solo and unaccompanied at the International School Nurses Conference in London.

<http://www.bbc.co.uk/news/av/uk-england-suffolk-40200198/the-eight-year-old-boy-who-sings-for-hospital-patients?SThisFB>

Our health and social care partners:

This year, we've worked with more than 40 hospitals and care homes across the country, from the North East, down to South Devon.

Our partner healthcare providers are:

South Warwickshire 
NHS Foundation Trust

Sandwell and West Birmingham Hospitals  
NHS Trust


West Hertfordshire
Hospitals
NHS Trust


Whittington Health
NHS Trust

Leeds Community 
Healthcare
NHS Trust

The Ipswich
Hospital 
NHS Trust

 Walsall Healthcare
For One & All

Walsall Healthcare 
NHS Trust

 **Guinness**
Care and Support

Within these trusts, we work across a range of settings, from traditional hospital wards, to community rehabilitation units. We also work with several independent care homes in the West Midlands.

More about our work in rehabilitation centres

All *Kissing it Better* projects are carefully designed to meet the particular needs of our partner healthcare providers. Often, we work with Hospital Trusts or care home groups, but in 2015, we were invited to work with Leeds Community Healthcare NHS Trust at two live-in units providing rehabilitation for older patients – people who've been in hospital for several weeks and need extra physiotherapy and care before being ready for home. Many of these people are in their 80s and 90s; it's our job to provide added emotional and social support to help them regain their independence and feel part of the world again.

Because the emphasis in these units is on rehabilitation, we design a project for every weekday morning, to give patients a reason to get out of bed, get dressed, and come through to the day rooms. Every day, carefully selected students from the local area arrive at the centre to offer art, music, poetry, hand massages and manicures, animal visits, gardening and reminiscence sessions – all timetabled and advertised, so patients have something to look forward to, something to enjoy on the day, and something to talk about after the students have gone back to their school, college or university.

We work closely with physiotherapists, occupational therapists and doctors to ensure that each project offers the best physical and emotional therapy possible: for instance, our arts and crafts projects boost motor and communication skills, as well as creating a feeling of joy. One group of college students on placement with us produced a Bangarra Dance Chair Exercise Class that stretched all the important muscle groups while at the same time delighting every patient who took part.



Rehabilitation projects like this are incredibly important for older patients who have had a fall. There's little point fixing someone's femur if their spirit is broken by chronic illness and pain, social isolation, or simply weeks of lying in a hospital bed. All long-term hospital patients become institutionalised to some degree; older people more than most, so they need extra help to rebuild their confidence and find their place in the world again. Sending in vibrant young people to visit them sends an instant message: 'The world wants you back'. It's incredibly powerful to witness.

When undertaking any rehabilitation project, we believe it's important to involve the physical therapy team. They are always overstretched, and warmly welcome our support to engage and exercise patients – even if the exercise is simply a gentle walk down to the day room to listen to student singers, or take part in an art session. *Kissing it Better* projects are a natural fit with the work done by occupational therapists, whose job is to help and support people to achieve a meaningful life after illness or disability.



The beauty of the KiB model means that we're not asking older patients to do something undignified or outside their natural comfort zone. Our young people bring joy and laughter into the lives of patients, who respond by joining in – the way they would with their own grandchildren, in a joyful and truly meaningful way.

For example, physical therapists often use 'balloon tennis' as a way to introduce gentle exercise into a patient's daily routine. Many older patients find this demeaning and refuse to take part.

But when you bring in young children from the local nursery school, suddenly this activity takes on a wonderful life of its own. The most dignified of patients are keen to play. The laughter is real and the joy spontaneous.



'Happy patients get better more quickly - every day you can be relied upon to cheer the patients and the staff!'

Sarah Crabtree, Clinical Unit Manager, South Leeds Independence Centre

Report from CEO Jill Fraser

Every year, KiB grows and develops, and this year has been our busiest yet.

The past 12 months have seen the official opening of the country's first student-led hair and beauty salon, the promise of a second meeting with a Secretary of State, and features on ITV and BBC TV News. We have also been working hard on our brand new teaching programme, which is close to completion.

With the NHS staff under ever-increasing pressure, it is not always been easy to drive our ideas into new areas. A growing list of rules imposed on hospitals can make some staff feel it is easier to say 'no' to any new initiative than run the risk of a good idea not fitting within a fixed list of criteria. But with two national awards under our belt, and a short-listing for a Queen's Award (result due June'18), we continue to feel extremely positive.

I'd like to thank everyone who has worked with and supported us over the past year – from NHS trusts and care homes, to community choirs, and, of course, our brilliant students and volunteers who work so hard every day to make a difference to the lives of older and vulnerable people across the country.

We couldn't do what we do without you all.

Best wishes

Jill x



Next Steps

Within the next 12 months we plan to:

- Launch our new teaching programme, in partnership with SFJ Awards. Our new suite of courses will provide students with the knowledge, understanding and skills required to support individuals in healthcare environments, and also challenge them to think about how to make a significant difference to the lives of older, vulnerable people in their community
- Develop our current projects in hospital trusts and care homes, and introduce new projects that strengthen community cohesion and highlight the importance of community involvement in non-clinical care
- Develop our relationships with colleges, schools and community partners, and grow our reputation as important educational resource, offering the young people who work with us unrivalled opportunities to enrich their learning and life experience.
- Broaden our influence so we are recognised as a key contributor to national policy and practice, in all matters relating to patient experience
- Develop our website so it is easier to navigate and can better communicate our ideas
- Further widen our fundraising base - particularly concentrating on corporate funding streams to complement community and events fundraising efforts



Financial review of the year

The finances for the charity for the year to 31 July 2017 are set out on pages 19 to 25.

Total income was £141,102 and generated a deficit of £35,878. Closing reserves stood at £9,045. The deficit for the year reflected a significant investment in Kissing it Better's new teaching programme [which has now been successfully accredited] together with financial pressures on NHS organisations. Since the year end, the charity's reserves have been replenished as a result of successful funding bids from leading charitable trusts such as the Rank Foundation and Esmée Fairbairn. This support will enable Kissing it Better to launch its teaching programme as a new source of revenue generating activity as well as developing its management and infrastructure.

Funding streams:

In addition to income raised from hospitals, care homes, fundraising events and individual donations from the public, the charity has obtained financial support from:

- Pargiter Trust
- The Wilmcote Charitrust
- Dumbreck Charity

Reserves policy

The Trustees regularly review the charity's financial position with a view to retaining sufficient reserves to support approximately six months of financial obligations in the absence of any further income generation.



Kissing it Better

Trustees' responsibilities in relation to the financial statements

The charity trustees (who are also the directors of Kissing It Better for the purposes of company law) are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources. In preparing the financial statements, the trustees are required to:


- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

By order of the board of trustees


.....

R M Samuda FCA


.....

T J Newman

12 April 2018

INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF KISSING IT BETTER

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 July 2017 which are set out on pages 19 to 25.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

R W P Bowen FCA
Chartered Accountant
H. L. Barnes and Sons
Barclays Bank Chambers
Stratford upon Avon

12 April 2018

KISSING IT BETTER

STATEMENT OF FINANCIAL ACTIVITIES

(INCLUDING INCOME AND EXPENDITURE ACCOUNT)

FOR THE YEAR ENDED 31 JULY 2017

		2017			2016
	Notes	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
		£	£	£	£
Income					
Donations	2	138,891	-	138,891	165,892
Income from charitable activities	3	2,211	-	2,211	5,874
Total income		<u>141,102</u>	<u>-</u>	<u>141,102</u>	<u>171,766</u>
Expenditure					
Expenditure on raising funds	4	6,647	-	6,647	10,125
Expenditure on charitable activities	5	163,310	7,023	170,333	163,081
Total expenditure		<u>169,957</u>	<u>7,023</u>	<u>176,980</u>	<u>173,206</u>
Net income and net movement in funds for the year		(28,855)	(7,023)	(35,878)	(1,440)
Reconciliation of Funds					
Total funds brought forward		37,285	7,638	44,923	46,363
Total funds carried forward		<u>£ 8,430</u>	<u>£ 615</u>	<u>£ 9,045</u>	<u>£ 44,923</u>

The company has no recognised gains or losses other than those stated in the Statement of Financial Activities for the above year.

The notes on pages 21 to 25 form part of these accounts.

KISSING IT BETTER
Company No. 07710097

BALANCE SHEET

31 JULY 2017

	Notes	2017 £	2016 £
Current Assets			
Debtors and prepayments	8	19,627	47,849
Cash at bank and on deposit	9	19,491	36,173
		<u>39,118</u>	<u>84,022</u>
Liabilities			
Creditors	10	30,073	39,099
		<u>£ 9,045</u>	<u>£ 44,923</u>
Net Assets			
The funds of the charity			
Unrestricted Funds	11	8,430	37,285
Restricted Funds	11	615	7,638
		<u>£ 9,045</u>	<u>£ 44,923</u>
Total charity funds		<u>£ 9,045</u>	<u>£ 44,923</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 July 2017.

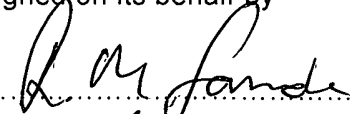
The members have not required the company to obtain an audit of its financial statements for the year ended 31 July 2017 in accordance with Section 476 of the Companies Act 2006.


The trustees acknowledge their responsibilities for:

- ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006; and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and constitute the annual accounts required by the Companies Act 2006 and are for circulation to the members of the company.

The financial statements were approved by the Board of Trustees on 12 April 2018 and were signed on its behalf by

 R M Samuda FCA

 T J Newman

The notes on pages 21 to 25 form part of these accounts.

KISSING IT BETTER
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JULY 2017

1. STATUTORY INFORMATION

Kissing it Better is a private company limited by guarantee. The company is registered in England under number 07710097 and the address of the registered office is The Old Vicarage, Church Lane, Aston Cantlow, Henley in Arden, West Midlands B95 6JB.

2. ACCOUNTING POLICIES

a) Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Kissing it Better meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

b) Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the company.

Restricted funds are subject to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

c) Income

All incoming resources are included in the Statement of Financial Activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy.

d) Expenditure

Expenditure is recognised on an accruals basis as a liability is incurred.

All costs are allocated between expenditure categories on the Statement of financial activities on a basis to reflect the use of the resource. Costs relating to a particular activity are allocated directly.

e) First year adoption

On first-time adoption of FRS 102 and the Charities SORP FRS 102, there were no adjustments arising from the transition from the previous UK GAAP financial reporting framework. As a consequence, there is no necessity to produce notes itemising reconciliations of equity at the date of transition and date of previous year end, or a reconciliation of profit at the previous year end, or any explanatory notes.

KISSING IT BETTER
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 JULY 2017

2. INCOME FROM DONATIONS

	Unrestricted funds £	2017 Restricted funds £	Total £	2016 Total £
Donations and collections	136,891	-	136,891	150,389
Grants from Trusts	2,000	-	2,000	15,503
	<u>£ 138,891</u>	<u>£ -</u>	<u>£ 138,891</u>	<u>£ 165,892</u>

In 2016, income from donations and collections was attributable to unrestricted funds and £4,060 of income from Grants & Trusts, the balance of Grants and Trusts income of £11,443 was attributable to restricted funds.

3. INCOME FROM CHARITABLE ACTIVITIES

	£	£	£	£
Hairdressing salon	2,011	-	2,011	-
Fundraising events	200	-	200	5,874
	<u>£ 2,211</u>	<u>£ -</u>	<u>£ 2,211</u>	<u>£ 5,874</u>

In 2016, all income from charitable activities was attributable to unrestricted funds.

4. EXPENDITURE ON RAISING FUNDS

	£	£	£	£
Fundraising expenses	236	-	236	2,424
Website	735	-	735	370
Travel and subsistence	1,101	-	1,101	1,081
Media and production	-	-	-	1,500
Staff costs	4,575	-	4,575	4,750
	<u>£ 6,647</u>	<u>£ -</u>	<u>£ 6,647</u>	<u>£ 10,125</u>

In 2016, all expenditure on raising funds was charged to unrestricted funds.

5. EXPENDITURE ON CHARITABLE ACTIVITIES

	£	£	£	£
Hospital/care home projects :				
Contractors' costs	117,225	6,120	123,345	113,255
Travel and subsistence	9,911	-	9,911	9,729
Administration	7,079	-	7,079	7,131
Staff costs	18,299	-	18,299	20,896
Tablets	-	903	903	-
Governance costs (see note 6)	10,796	-	10,796	12,070
	<u>£ 163,310</u>	<u>£ 7,023</u>	<u>£ 170,333</u>	<u>£ 163,081</u>

In 2016, £159,276 of the expenditure was charged to unrestricted funds and £3,805 to restricted funds.

KISSING IT BETTER
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 JULY 2017

6. GOVERNANCE COSTS

	Unrestricted funds £	2017 Restricted funds £	Total £	2016 Total £
Administration expenses	4,677	-	4,677	4,841
Insurance	719	-	719	629
Accountancy fees	5,400	-	5,400	6,600
	<u>£ 10,796</u>	<u>£ -</u>	<u>£ 10,796</u>	<u>£ 12,070</u>

In 2016, all governance costs were charged to unrestricted funds.

7. EMPLOYEES

The average number of employees during year was 2 (2016 2).

No employees had employee benefits in excess of £60,000 (2016 nil).

8. DEBTORS AND PREPAYMENTS

	£	£	£	£
Donations	19,214	-	19,214	47,515
Prepayments	413	-	413	334
	<u>£ 19,627</u>	<u>£ -</u>	<u>£ 19,627</u>	<u>£ 47,849</u>

9. CASH AT BANK AND ON DEPOSIT

	£	£	£	£
Barclays Bank plc – current account	<u>£ 18,876</u>	<u>£ 615</u>	<u>£ 19,491</u>	<u>£ 36,173</u>

10. CREDITORS

	£	£	£	£
Trade creditors	6,292	-	6,292	7,709
Accruals and deferred income	23,113	-	23,113	25,259
Taxes and social security	89	-	89	3,935
Other creditors	579	-	579	2,196
	<u>£ 30,073</u>	<u>£ -</u>	<u>£ 30,073</u>	<u>£ 39,099</u>

KISSING IT BETTER
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 JULY 2017

11. ANALYSIS OF CHARITABLE FUNDS

	Balance at 1 August 2016 £	Income £	Expenditure £	Balance at 31 July 2017 £
Current Year				
Unrestricted funds	37,285	141,102	169,957	8,430
Restricted funds	7,638	-	7,023	615
	<u>£ 44,923</u>	<u>£ 141,102</u>	<u>£ 176,980</u>	<u>£ 9,045</u>

	Balance at 1 August 2015 £	Income £	Expenditure £	Balance at 31 July 2016 £
Previous Year				
Unrestricted funds	46,363	160,323	169,401	37,285
Restricted funds	-	11,443	3,805	7,638
	<u>£ 46,363</u>	<u>£ 171,766</u>	<u>£ 173,206</u>	<u>£ 44,923</u>

Analysis of movements in restricted funds – current year

	Balance at 1 August 2016 £	Income £	Expenditure £	Balance at 31 July 2017 £
Pargiter Trust Fund	7,638	-	7,023	615
	<u>£ 7,638</u>	<u>£ -</u>	<u>£ 7,023</u>	<u>£ 615</u>

Analysis of movements in restricted funds – previous year

	Balance at 1 August 2015 £	Income £	Expenditure £	Balance at 31 July 2016 £
Community Organisers Fund	-	1,500	1,500	-
Pargiter Trust Fund	-	9,943	2,305	7,638
	<u>£ -</u>	<u>£ 11,443</u>	<u>£ 3,805</u>	<u>£ 7,638</u>

The Community Organisers Fund was established in 2014 to fund the employment of a full time Community Organiser.

The Pargiter Trust Fund was established in 2016 to fund an intergenerational project using Art Therapy and Technology to decrease isolation for older people in care settings, primarily hospitals.

KISSING IT BETTER
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 JULY 2017

12. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	2017			2016		
	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	£	£	£	£	£	£
Debtors	19,627	-	19,627	47,849	-	47,849
Bank	18,876	615	19,491	27,897	8,276	36,173
Creditors	30,073	-	30,073	38,461	638	39,099
	<u>£ 8,430</u>	<u>£ 615</u>	<u>£ 9,045</u>	<u>£ 37,285</u>	<u>£ 7,638</u>	<u>£ 44,923</u>

13. INDEMNITY INSURANCE

Funds belonging to the Charity have been used in the purchase of insurance:

- a) to protect the Charity from loss arising from the neglect or defaults of its trustees; and
- b) to indemnify the trustees against the consequences of any neglect or default on their part.

The cover provided for this insurance during the year was £ 100,000 with the annual premium being £735.26 which also includes insurance cover for employer's liability, public and products liability and legal expenses.

14. TAXATION

The company is not liable to taxation upon its income by reason of the exemption under Section 505 of the Income and Corporation Taxes Act 1988.

15. RELATED PARTY TRANSACTIONS

During the year Jill Fraser, wife of R Samuda, a trustee, was paid a salary of Nil (2016 £4,167) reimbursed expenses and paid travel expenses of £6,621 (2016 £6,492). At the year end the amount owed by the company was £13,113 (2016 £6,492).

None of the trustees were paid any remuneration by the company during the year (2016 £Nil).

16. LIABILITY OF THE MEMBERS

The liability of the members on the dissolution or winding up of the company is limited to a sum not to exceed £10 each.