

Registered number  
07679955

24/7 Fitness Ltd

Unaudited Filleted Accounts

30 June 2017

**24/7 Fitness Ltd****Registered number:** 07679955**Balance Sheet****as at 30 June 2017**

	Notes	2017 £	2016 £
<b>Fixed assets</b>			
Tangible assets	3	243,354	316,875
<b>Current assets</b>			
Stocks		1,503	1,503
Debtors	4	760,020	546,840
Cash at bank and in hand		3,945	14,311
		<u>765,468</u>	<u>562,654</u>
<b>Creditors: amounts falling due within one year</b>	5	(547,276)	(433,669)
<b>Net current assets</b>		<u>218,192</u>	<u>128,985</u>
<b>Total assets less current liabilities</b>		<u>461,546</u>	<u>445,860</u>
<b>Creditors: amounts falling due after more than one year</b>	6	(111,764)	(119,063)
<b>Net assets</b>		<u>349,782</u>	<u>326,797</u>
<b>Capital and reserves</b>			
Called up share capital		100	100
Revaluation reserve	7	150,000	150,000
Profit and loss account		199,682	176,697
<b>Shareholders' funds</b>		<u>349,782</u>	<u>326,797</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Ms S J Chivers

Director

Approved by the board on 28 March 2018

**24/7 Fitness Ltd**  
**Notes to the Accounts**  
**for the year ended 30 June 2017**

**1 Accounting policies**

***Basis of preparation***

The accounts have been prepared under the historical cost convention and in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland (as applied to small entities by section 1A of the standard).

***Turnover***

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services.

***Tangible fixed assets***

Tangible fixed assets are measured at cost less accumulative depreciation and any accumulative impairment losses. Depreciation is provided on all tangible fixed assets, other than freehold land, at rates calculated to write off the cost, less estimated residual value, of each asset evenly over its expected useful life, as follows:

Leasehold land and buildings	over 10 years
Plant and machinery	over 5 years
Fixtures, fittings, tools and equipment	over 5 years

***Investments***

Investments in subsidiaries, associates and joint ventures are measured at cost less any accumulated impairment losses. Listed investments are measured at fair value. Unlisted investments are measured at fair value unless the value cannot be measured reliably, in which case they are measured at cost less any accumulated impairment losses. Changes in fair value are included in the profit and loss account.

***Stocks***

Stocks are measured at the lower of cost and estimated selling price less costs to complete and sell. Cost is determined using the first in first out method. The carrying amount of stock sold is recognised as an expense in the period in which the related revenue is recognised.

***Debtors***

Short term debtors are measured at transaction price (which is usually the invoice price), less any impairment losses for bad and doubtful debts.

***Creditors***

Short term creditors are measured at transaction price (which is usually the invoice price). Loans and other financial liabilities are initially recognised at transaction price net of any transaction costs and subsequently measured at amortised cost determined using the effective interest method.

***Taxation***

A current tax liability is recognised for the tax payable on the taxable profit of the current and

past periods. A current tax asset is recognised in respect of a tax loss that can be carried back to recover tax paid in a previous period.

### **Leased assets**

A lease is classified as a finance lease if it transfers substantially all the risks and rewards incidental to ownership. All other leases are classified as operating leases. The rights of use and obligations under finance leases are initially recognised as assets and liabilities at amounts equal to the fair value of the leased assets or, if lower, the present value of the minimum lease payments. Minimum lease payments are apportioned between the finance charge and the reduction in the outstanding liability using the effective interest rate method. The finance charge is allocated to each period during the lease so as to produce a constant periodic rate of interest on the remaining balance of the liability. Leased assets are depreciated in accordance with the company's policy for tangible fixed assets. If there is no reasonable certainty that ownership will be obtained at the end of the lease term, the asset is depreciated over the lower of the lease term and its useful life. Operating lease payments are recognised as an expense on a straight line basis over the lease term.

<b>2 Employees</b>	<b>2017</b>	<b>2016</b>
	<b>Number</b>	<b>Number</b>
Average number of persons employed by the company	<u>5</u>	<u>6</u>

### **3 Tangible fixed assets**

	<b>Short Leasehold £</b>	<b>Plant Machinery and Equipment £</b>	<b>Plant and Equipment HP £</b>	<b>Total £</b>
<b>Cost</b>				
At 1 July 2016	40,787	272,352	176,466	489,605
Additions	<u>18,872</u>	<u>3,442</u>	<u>-</u>	<u>22,314</u>
At 30 June 2017	<u>59,659</u>	<u>275,794</u>	<u>176,466</u>	<u>511,919</u>
<b>Depreciation</b>				
At 1 July 2016	1,331	160,841	10,558	172,730
Charge for the year	<u>5,144</u>	<u>55,404</u>	<u>35,287</u>	<u>95,835</u>
At 30 June 2017	<u>6,475</u>	<u>216,245</u>	<u>45,845</u>	<u>268,565</u>
<b>Net book value</b>				
At 30 June 2017	<u>53,184</u>	<u>59,549</u>	<u>130,621</u>	<u>243,354</u>
At 30 June 2016	<u>39,456</u>	<u>111,511</u>	<u>165,908</u>	<u>316,875</u>

<b>4 Debtors</b>	<b>2017</b>	<b>2016</b>
	<b>£</b>	<b>£</b>
Trade debtors	475	-
Amounts owed by group undertakings and undertakings in which the company has a participating interest	733,339	524,603

Other debtors	26,206	22,237
	<u>760,020</u>	<u>546,840</u>

<b>5 Creditors: amounts falling due within one year</b>	<b>2017</b>	<b>2016</b>
	<b>£</b>	<b>£</b>

Obligations under finance lease and hire purchase contracts	36,061	59,606
Trade creditors	1	-
Amounts owed to group undertakings and undertakings in which the company has a participating interest	497,437	342,983
Taxation and social security costs	8,845	19,374
Other creditors	4,932	11,706
	<u>547,276</u>	<u>433,669</u>

<b>6 Creditors: amounts falling due after one year</b>	<b>2017</b>	<b>2016</b>
	<b>£</b>	<b>£</b>

Obligations under finance lease and hire purchase contracts	<u>111,764</u>	<u>119,063</u>
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<b>7 Revaluation reserve</b>	<b>2017</b>	<b>2016</b>
	<b>£</b>	<b>£</b>

At 1 July 2016	150,000	150,000
At 30 June 2017	<u>150,000</u>	<u>150,000</u>

## 8 Related party transactions

The company has loans to and (from) group undertakings in which Ms Chivers & Mr Lockwood are common directors. The amounts due to /(from) the group undertakings as at the balance sheet date are shown below

	<b>2017</b>	<b>2016</b>
	<b>due (to)/from</b>	<b>due (to)/from</b>
24/7 Fitness (UK) Limited	(131,208)	(109,847)
24/7 Fitness(GB) Ltd	(143,734)	(109,819)
TP Partners Limited	(26,639)	1,000
Twenty Four Seven Fitness Limited	725,591	511,197
24/7 Fitness Kidderminster Limited	(41,412)	(20,202)
24/7 Fitness Birmingham Limited	7,748	12,406
24/7 Fitness Norwich Limited	(84,572)	(65,321)
Halifax Fitness Ltd	(21,180)	(18,199)
24/7 Fitness Group Ltd	(12,585)	(18,929)
24/7 Fitness Group Gb Ltd	(12,895)	(667)

24/7 Fitness York Ltd	(23,023)
24/7 Fitness Bromborough Ltd	(190)

## **9 Controlling party**

The ultimate controlling party is TP Partners Limited. The share capital of 24/7 Fitness Ltd is wholly owned by TP Partners Limited.

## **10 Other information**

24/7 Fitness Ltd is a private company limited by shares and incorporated in England. Its registered office is:

Foley Grove  
Foley Business Park  
Kidderminster  
West Midlands  
DY11 7PT

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