

Registered Number 07663464

BODY PLUS NUTRITION LTD

Abbreviated Accounts

30 June 2016

Abbreviated Balance Sheet as at 30 June 2016

	<i>Notes</i>	<i>2016</i>	<i>2015</i>
		£	£
Called up share capital not paid		-	-
Fixed assets			
Intangible assets		-	-
Tangible assets	2	277,985	147,660
Investments		-	-
		<u>277,985</u>	<u>147,660</u>
Current assets			
Stocks		-	-
Debtors		-	48,267
Investments		-	-
Cash at bank and in hand		-	672
		<u>-</u>	<u>48,939</u>
Prepayments and accrued income		-	-
Creditors: amounts falling due within one year		(10,798)	0
Net current assets (liabilities)		<u>(10,798)</u>	<u>48,939</u>
Total assets less current liabilities		<u>267,187</u>	<u>196,599</u>
Creditors: amounts falling due after more than one year		(54,680)	0
Provisions for liabilities		0	0
Accruals and deferred income		0	0
Total net assets (liabilities)		<u>212,507</u>	<u>196,599</u>
Capital and reserves			
Called up share capital		455,058	400,378
Share premium account		0	0
Revaluation reserve		0	0
Other reserves		0	0
Profit and loss account		(242,551)	(203,779)
Shareholders' funds		<u>212,507</u>	<u>196,599</u>

- For the year ending 30 June 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 30 March 2017

And signed on their behalf by:

Amar Patel, Director

Notes to the Abbreviated Accounts for the period ended 30 June 2016

1 Accounting Policies

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

2 Tangible fixed assets

	£
Cost	
At 1 July 2015	147,660
Additions	161,212
Disposals	0
Revaluations	0
Transfers	0
At 30 June 2016	<u>308,872</u>
Depreciation	
At 1 July 2015	0
Charge for the year	30,887
On disposals	0
At 30 June 2016	<u>30,887</u>
Net book values	
At 30 June 2016	<u>277,985</u>
At 30 June 2015	<u>147,660</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.