



Companies House

**AR01** (ef)

**Annual Return**



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*Company Name:* **HEARTS AND MINDS COACHING LTD**

*Company Number:* **07564821**

*Date of this return:* **15/03/2015**

*SIC codes:* **96090**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **BAY TREE COTTAGE THE LANE  
LANGFORD  
OXFORDSHIRE  
GL7 3LF**

**Officers of the company**

*Company Director*    **1**

*Type:*                      **Person**

*Full forename(s):*        **MR RICHARD JAMES**

*Surname:*                **PARSONS**

*Former names:*

*Service Address:*        **BAY TREE COTTAGE THE LANE  
LANGFORD  
OXFORDSHIRE  
ENGLAND  
GL7 3LF**

*Country/State Usually Resident:*    **UNITED KINGDOM**

*Date of Birth:*    **04/12/1964**                      *Nationality:*    **ENGLISH**

*Occupation:*    **PROFESSIONAL COACH**

## Statement of Capital (Share Capital)

<b>Class of shares</b>	<b>ORD</b>	<i>Number allotted</i>	<b>1</b>
		<i>Aggregate nominal value</i>	<b>1</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>1</b>
		<i>Amount unpaid per share</i>	<b>0</b>

### *Prescribed particulars*

ONE SHARE EQUALS ONE VOTE, EACH HAVING RIGHTS TO DIVIDENDS. SO LONG AS THERE ARE NO RIGHTS ATTACHED TO SHARES ON WINDING-UP ETC OR REDEMPTION RIGHTS.

## Statement of Capital (Totals)

<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>1</b>
		<i>Total aggregate nominal value</i>	<b>1</b>

## *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 15/03/2015 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : 1 ORD shares held as at the date of this return  
*Name:* RICHARD JAMES PARSONS

## *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.