



Companies House

**AR01** (ef)

**Annual Return**



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**X5305242**

*Company Name:* **HEARTS AND MINDS COACHING LTD**

*Company Number:* **07564821**

*Date of this return:* **15/03/2016**

*SIC codes:* **96090**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **BAY TREE COTTAGE THE LANE  
LANGFORD  
OXFORDSHIRE  
GL7 3LF**

**Officers of the company**

*Company Director*    **1**

*Type:*                      **Person**

*Full forename(s):*        **MR RICHARD JAMES**

*Surname:*                **PARSONS**

*Former names:*

*Service Address:*        **BAY TREE COTTAGE THE LANE  
LANGFORD  
OXFORDSHIRE  
ENGLAND  
GL7 3LF**

*Country/State Usually Resident:*    **UNITED KINGDOM**

*Date of Birth:*    **\*\*/12/1964**                      *Nationality:*    **ENGLISH**

*Occupation:*    **PROFESSIONAL COACH**

## Statement of Capital (Share Capital)

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|                        |            |                                |          |
|------------------------|------------|--------------------------------|----------|
| <b>Class of shares</b> | <b>ORD</b> | <i>Number allotted</i>         | <b>1</b> |
|                        |            | <i>Aggregate nominal value</i> | <b>1</b> |
| <i>Currency</i>        | <b>GBP</b> | <i>Amount paid per share</i>   | <b>1</b> |
|                        |            | <i>Amount unpaid per share</i> | <b>0</b> |

### *Prescribed particulars*

ONE SHARE EQUALS ONE VOTE, EACH HAVING RIGHTS TO DIVIDENDS. SO LONG AS THERE ARE NO RIGHTS ATTACHED TO SHARES ON WINDING-UP ETC OR REDEMPTION RIGHTS.

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## Statement of Capital (Totals)

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|                 |            |                                      |          |
|-----------------|------------|--------------------------------------|----------|
| <i>Currency</i> | <b>GBP</b> | <i>Total number of shares</i>        | <b>1</b> |
|                 |            | <i>Total aggregate nominal value</i> | <b>1</b> |

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## *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 15/03/2016 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : 1 ORD shares held as at the date of this return  
*Name:* RICHARD JAMES PARSONS

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## *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.