

A FITTER LIFE LIMITED

**Company Registration Number:
07492890 (England and Wales)**

Unaudited micro entity accounts for the year ended 31 January 2018

Period of accounts

Start date: 01 February 2017

End date: 31 January 2018

A FITTER LIFE LIMITED

Contents of the Financial Statements

for the Period Ended 31 January 2018

Company Information - 3

Report of the Directors - 4

Balance sheet - 5

A FITTER LIFE LIMITED

Company Information

for the Period Ended 31 January 2018

Director:

L McBrearty

Registered office:

48
Wolverton Road
Newport Pagnell
Milton Keynes
Buckinghamshire
MK17 8JG

Company Registration Number:

07492890 (England and Wales)

A FITTER LIFE LIMITED

Directors' Report Period Ended 31 January 2018

The directors present their report with the financial statements of the company for the period ended 31 January 2018

Principal Activities

Provision of fitness facilities.

Directors

The directors shown below have held office during the whole of the period from 01 February 2017 to 31 January 2018
L McBrearty

This report was approved by the board of directors on 28 October 2018

And Signed On Behalf Of The Board By:

Name: L McBrearty

Status: Director

A FITTER LIFE LIMITED

Balance sheet

As at 31 January 2018

	<i>2018</i> £	<i>2017</i> £
FixedAssets:	583	429
Current assets:	9,296	8,100
Creditors: amounts falling due within one year:	(7,029)	(7,361)
Net current assets (liabilities):	2,267	739
Total assets less current liabilities:	2,850	1,168
Total net assets (liabilities):	2,850	1,168
Capital and reserves:	2,850	1,168

A FITTER LIFE LIMITED

Balance sheet continued

For the year ending 31 January 2018 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions of the small companies regime applicable to micro-entities.

This report was approved by the board of directors on 28 October 2018

And Signed On Behalf Of The Board By:

Name: L McBrearty

Status: Director

The notes form part of these financial statements

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.