



*Companies House*  
— for the record —

**AR01** (ef)

**Annual Return**



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*Company Name:* **FOREST FOODS VEGETARIAN CUISINE LIMITED**

*Company Number:* **07484890**

*Date of this return:* **06/01/2012**

*SIC codes:* **46180**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **7 ST PETERSGATE  
STOCKPORT  
CHESHIRE  
UNITED KINGDOM  
SK1 1EB**

**Officers of the company**

*Company Director*    ***I***

*Type:*                                **Person**

*Full forename(s):*                **SARAH**

*Surname:*                                **BIRD**

*Former names:*

*Service Address:*                        **29 ELEANOR ROAD  
MANCHESTER  
UNITED KINGDOM  
M21 9FZ**

*Country/State Usually Resident:*    **UNITED KINGDOM**

*Date of Birth:*    **11/04/1970**

*Nationality:*    **BRITISH**

*Occupation:*    **NONE**

*Company Director* 2

*Type:* **Person**

*Full forename(s):* **SEAN**

*Surname:* **COPE**

*Former names:*

*Service Address:* **7 WRIGLY STREET  
ASHTON-UNDER-LYNE  
UNITED KINGDOM  
OL6 8NY**

*Country/State Usually Resident:* **UNITED KINGDOM**

*Date of Birth:* **18/03/1982**

*Nationality:* **BRITISH**

*Occupation:* **NONE**

*Company Director*    **3**

*Type:*                            **Person**

*Full forename(s):*            **JUSTIN**

*Surname:*                      **PARKINS**

*Former names:*

*Service Address:*            **29 ELEANOR ROAD  
MANCHESTER  
UNITED KINGDOM  
M21 9FZ**

*Country/State Usually Resident:*    **UNITED KINGDOM**

*Date of Birth:*    **16/01/1975**

*Nationality:*    **BRITISH**

*Occupation:*    **NONE**

## Statement of Capital (Share Capital)

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<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>100</b>
		<i>Aggregate nominal value</i>	<b>100</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>1</b>
		<i>Amount unpaid per share</i>	<b>0</b>

### *Prescribed particulars*

THE SHARES HAVE ATTACHED TO THEM FULL VOTING, DIVIDEND AND CAPITAL DISTRIBUTION (INCLUDING ON WINDING UP) RIGHTS; THEY DO NOT CONFER ANY RIGHTS OF REDEMPTION.

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## Statement of Capital (Totals)

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<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>100</b>
		<i>Total aggregate nominal value</i>	<b>100</b>

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## *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 06/01/2012 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : **100 ORDINARY shares held as at the date of this return**  
*Name:* **SARAH BIRD**

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## *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.