

Registered number 07450843

**A GOOD LIFE FOR ALL CIC
ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 30 NOVEMBER 2013**



Nimbus Accounting Limited

Chartered Accountants

32 Church Road
Hove
East Sussex
BN3 2FN

**A Good Life For All CIC
Accountant's Report
For The Year Ended 30 November 2013**

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of the company for the year which comprise the Profit and Loss Account, the Balance Sheet and the related notes from the company's accounting records and from information and explanations you have given us

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed at icaew.com/membershandbook

This report is made solely to the director of the company in accordance with our terms of engagement. Our work has been undertaken solely to prepare for your approval the financial statements of the company Limited and state those matters that we have agreed to state to the director of the company in this report in accordance with AAF 2/10 as detailed at icaew.com/compilation. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and its director for our work or for this report.

It is your duty to ensure that the company has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and profit of the company. You consider that the company is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the financial statements of the company. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.



Nimbus Accounting Limited

28/07/2014

Nimbus Accounting Limited
Chartered Accountants

32 Church Road
Hove
East Sussex
BN3 2FN

A Good Life For All CIC
Company No. 07450843
Abbreviated Balance Sheet 30 November 2013


	2013	2012
Notes	£	£
CURRENT ASSETS		
Debtors	-	406
Cash at bank and in hand	112	2
	112	408
Creditors' Amounts Falling Due Within One Year	(15,021)	(16,247)
NET CURRENT ASSETS (LIABILITIES)	(14,909)	(15,839)
TOTAL ASSETS LESS CURRENT LIABILITIES	(14,909)	(15,839)
NET ASSETS	(14,909)	(15,839)
Profit and Loss account	(14,909)	(15,839)
SHAREHOLDERS' FUNDS	(14,909)	(15,839)

For the year ending 30 November 2013 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies

Directors' responsibilities:

- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts
- These abbreviated accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2008)

On behalf of the board



Mr James Togut
Director
28/07/2014

A Good Life For All CIC
Notes to the Abbreviated Accounts
For The Year Ended 30 November 2013

1 Accounting Policies

1.1 Basis of Preparation of Financial Statements

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

1.2 Turnover

Turnover comprises the invoiced value of goods and services supplied by the company, net of Value Added Tax and trade discounts

10008/15

CIC 34

Community Interest Company Report

For official use
(Please leave blank)

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Please
complete in
typescript, or
in bold black
capitals

Company Name in
full

A Good Life For All CIC

Company Number

07450843

Year Ending

30 November 2013

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a fair and accurate description of how they have benefited the community, or section of the community, which the company is intended to serve.

The period between 1st December 2012 and 30th November 2013 saw The Good Life For All CIC's third year of trading.

Following the pilot of a local reward scheme in Brighton that engaged local community groups and charities, the local council and local businesses, we published and promoted an evaluation of this project in February, highlighting how it had helped to engage and value volunteers, see <http://goodlife.uk.com/2013/02/18/engaging-and-valuing-volunteers/>

We partnered with Freegle in Brighton to develop solutions for two cities as part of an international competition. Our solution, called CityMakers, won in the city of Terrassa, outside Barcelona in Spain in June. See here for more details
<http://goodlife.uk.com/2013/06/06/citymakers-wins-global-innovation-award/>

(If applicable, please just state "A social audit report covering these points is attached")

(Please continue on separate continuation sheet if necessary)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are, how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear

We involved the following local chairites, public sector organisations and businesses in the pilot of the Sunshine Bank Freegle, Lunch Positive, Brighton Women's Centre, Albion in the Community, Youth Employability Service, Museum Collective, The Green Centre, Stone Hair Hove, Breeze Brasserie, Brighton Wheel, Mr Wolfe's, Essential Heating, Brighton & Hove Libraries, Prince Regent swimming pool, Volks Railway, the Royal Pavilion See here for more details of their involvement http://goodlife.uk.com/wp-content/uploads/2013/01/Sunshine_Bank_Evaluation_Jan_2013.pdf

(If applicable, please just state "A social audit report covering these points is attached")

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes) If no remuneration was received you must state that "no remuneration was received" below

During the year no remuneration was received by the directors

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below

No transfer of assets other than for full consideration has been made

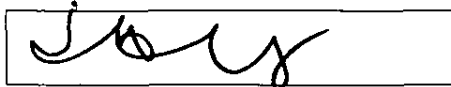
(Please continue on separate continuation sheet if necessary)

(N.B. Please enclose a cheque for £15 payable to Companies House)

PART 5 – SIGNATORY

The original report must be signed by a director or secretary of the company

Signed



Date

13/08/14

Office held (tick as appropriate) ☒ Director ☐ Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Telephone	
DX Number	DX Exchange

When you have completed and signed the form, please send it to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG