



Companies House
— for the record —

AR01 (ef)

Annual Return



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Company Name: **GET FOCUSED SOLUTIONS LIMITED**

Company Number: **07449233**

Date of this return: **24/11/2013**

SIC codes: **96090**

Company Type: **Private company limited by shares**

Situation of Registered Office: **THE WHITE HOUSE 164 BRIDGE ROAD
SOUTHAMPTON
HAMPSHIRE
UNITED KINGDOM
SO31 7EH**

Officers of the company

Company Director **1**

Type: **Person**
Full forename(s): **JAMES NICHOLAS**

Surname: **KENNEDY**

Former names:

Service Address: **70 FUNTLEY ROAD
FAREHAM
HAMPSHIRE
ENGLAND
PO17 5EA**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **15/03/1982** *Nationality:* **BRITISH**
Occupation: **FITNESS CONSULTANT**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	1
		<i>Aggregate nominal value</i>	1
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0
		<i>Amount unpaid per share</i>	1

Prescribed particulars

FULL RIGHTS WITH REGARDS TO VOTING, PARTICIPATION AND DIVIDENDS

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	1
		<i>Total aggregate nominal value</i>	1

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 24/11/2013 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **1 ORDINARY shares held as at the date of this return**
Name: **JAMES NICHOLAS KENNEDY**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.