



Companies House

AR01 (ef)

Annual Return



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Received for filing in Electronic Format on the: **17/10/2014**

Company Name: **PROGRESS GYM LIMITED**

Company Number: **07400645**

Date of this return: **08/10/2014**

SIC codes: **93130**

Company Type: **Private company limited by shares**

Situation of Registered Office: **14 BEWICK COURT THE HOLLOWAY
COMPTON
WOLVERHAMPTON
WEST MIDS
WV6 8NT**

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **MR ROBERT**

Surname: **HARRIS**

Former names:

Service Address: **14 BEWICK COURT THE HOLLOWAY
COMPTON
WOLVERHAMPTON
WEST MIDS
UNITED KINGDOM
WV6 8NT**

Company Director **1**

Type: **Person**
Full forename(s): **MR ROBERT**

Surname: **HARRIS**

Former names:

Service Address: **14 BEWICK COURT THE HOLLOWAY
COMPTON
WOLVERHAMPTON
WEST MIDS
UNITED KINGDOM
WV6 8NT**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **29/04/1979** *Nationality:* **BRITISH**
Occupation: **DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	141
		<i>Aggregate nominal value</i>	141
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

VOTING RIGHTS - SHARES RANK EQUALLY FOR VOTING PURPOSES. ON A SHOW OF HANDS EACH MEMBER SHALL HAVE ONE VOTE AND ON A POLL EACH MEMBER SHALL HAVE ONE VOTE PER SHARE HELD. DIVIDEND RIGHTS - EACH SHARE RANKS EQUALLY FOR ANY DIVIDEND DECLARED. DISTRIBUTION RIGHTS ON A WINDING UP - EACH SHARE RANKS EQUALLY FOR ANY DISTRIBUTION MADE ON A WINDING UP. REDEEMABLE SHARES - THE SHARES ARE NOT REDEEMABLE.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	141
		<i>Total aggregate nominal value</i>	141

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 08/10/2014 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **141 ORDINARY shares held as at the date of this return**
Name: **ROBERT HARRIS**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.