

REGISTERED NUMBER: 07331822 (England and Wales)

24/7 Gym Limited

Abbreviated Unaudited Accounts for the Year Ended 31 July 2014

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for the Year Ended 31 July 2014**

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24/7 Gym Limited
Company Information
for the Year Ended 31 July 2014

DIRECTOR: P S Rakar

REGISTERED OFFICE: 20 Emily Road
Chatham
Kent
ME5 7LF

REGISTERED NUMBER: 07331822 (England and Wales)

ACCOUNTANTS: Aggarwal & Co Limited
Chartered Accountants
5 London Road
Rainham
Gillingham
Kent
ME8 7RG

Abbreviated Balance Sheet
31 July 2014

	Notes	2014 £	2013 £
CURRENT ASSETS			
Cash in hand		100	100
CREDITORS			
Amounts falling due within one year		<u>187</u>	<u>187</u>
NET CURRENT LIABILITIES		<u>(87)</u>	<u>(87)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>(87)</u>	<u>(87)</u>
CAPITAL AND RESERVES			
Called up share capital	2	100	100
Profit and loss account		<u>(187)</u>	<u>(187)</u>
SHAREHOLDERS' FUNDS		<u>(87)</u>	<u>(87)</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 July 2014.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 July 2014 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 16 April 2015 and were signed by:

P S Rakar - Director

**Notes to the Abbreviated Accounts
for the Year Ended 31 July 2014**

1. **ACCOUNTING POLICIES**

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The company was dormant throughout the year ended 31 July 2014. However, reference to information relating to the year ended 31 July 2013 has been made where appropriate.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

2. **CALLED UP SHARE CAPITAL**

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	2014 £	2013 £
100	Ordinary	£1	<u>100</u>	<u>100</u>

100 Ordinary shares of £1 each were allotted and fully paid for cash at par during the year.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.